

|                                     | BREAKFAST - 0700 - 0830  | LUNCH - 1130 - 1300  | DINNER - 1630 - 1800  |
|-------------------------------------|--|--|---|
| M<br>O<br>N<br><br>Jan<br>19th      | Donuts / Bran Muffins / Apple Fritters<br>Assorted Danishes<br>Oatmeal / Grits<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Pork Bacon / Hash Browns<br>French Toast Made to Order on the Grill<br>Biscuits / Sausage Gravy                  | Vegetable, Beef & Barley Soup<br>Cream of Tomato Soup<br>Grilled Cheese w/ Cheddar & Jack<br>Smoked Sausage<br>Louisiana-Style Red Beans / Rice<br>Italian Green Beans<br>Sautéed Fresh Cut Squash<br>Yeast Roll / Cornbread / Corn Muffin   | Vegetable, Beef & Barley Soup<br>Cream of Tomato Soup<br>Assorted Deli Meats / Cheeses<br>Chicken & Dumplings<br>Baked Sweet Potato<br>Baked Okra<br>Normandy Vegetable Blend<br>Dinner Roll / Corn Muffin  |
| T<br>U<br>E<br>S<br><br>Jan<br>20th | Donuts / Bran Muffins / Apple Fritters<br>Assorted Coffee Cakes<br>Oatmeal / Grits<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Creamed Chipped Beef<br>Pork Bacon / Lyonnaise Potatoes<br>Biscuits / Country Gravy                          | ** HAPPY BIRTHDAY **<br>Minestrone / Cream of Asparagus Soup<br>Strawberry Spinach Salad with Pecans,<br>Feta Cheese & Orange Dressing<br>Baked Salmon / Lemon Dill Sauce<br>Prime Rib / Bordelaise Sauce / Au Jus<br>Baked Potato / Butter / Sour Cream<br>Baked Parmesan Tomato<br>Creamed Spinach / Parker House Roll | Minestrone Soup<br>Cream of Asparagus Soup<br>Assorted Deli Meats / Cheeses<br>Corned Beef<br>Irish Potatoes<br>Stewed Cabbage<br>Sliced Carrots<br>Yeast Roll / Corn Muffin  |
| W<br>E<br>D<br><br>Jan<br>21st      | Donuts / Bran Muffins / Apple Fritters<br>Cinnamon Rolls<br>Oatmeal / Grits<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Pork Bacon / Grilled Ham Steaks<br>Baked Beans / Buttery Diced Potatoes<br>Corn Muffins / Biscuits / Country Gravy  | Italian Wedding Soup<br>Chili with Beans<br>Assorted Pizza Slices<br>Smoked Chicken Wings<br>Mediterranean Penne Pasta<br>Caesar Salad / Broccoli Florets<br>Slider Roll / Cornbread / Corn Muffin   | Italian Wedding Soup<br>Chili with Beans<br>Assorted Deli Meats / Cheeses<br>Shake & Bake Pork Chop<br>Cranberry Wild Rice<br>Creamed Cauliflower<br>Sautéed Brussel Sprouts<br>Brown & Serve Roll / Corn Muffin                                  |
| T<br>H<br>U<br>R<br><br>Jan<br>22nd | Donuts / Bran Muffins / Apple Fritters<br>Assorted Muffins<br>Oatmeal / Grits<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Sausage Patties / Hash Browns<br>Pancakes / Peach Topping<br>Pork Bacon / Biscuits / Country Gravy                | White Bean & Wheat Berry Soup<br>Shrimp & Artichoke Soup<br>Turkey & Bacon Wrap with Ranch<br>Pot Roast in Gravy<br>Bada-Bing Bada-Bang Potatoes<br>Carrot Soufflé<br>Sautéed Fresh Cut Zucchini<br>Yeast Roll / Cornbread / Corn Muffin   | White Bean & Wheat Berry Soup<br>Shrimp & Artichoke Soup<br>Assorted Deli Meats / Cheeses<br>BBQ Chicken<br>Potato Salad<br>Baked Beans / Coleslaw<br>Sugar Snap Peas<br>Dinner Roll / Corn Muffin  |
| F<br>R<br>I<br><br>Jan<br>23rd      | Donuts / Bran Muffins / Apple Fritters<br>Assorted Danishes<br>Oatmeal / Grits<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Creamed Ground Beef<br>Pork Bacon / Home Fried Potatoes<br>Biscuits / Country Gravy                              | Pasta Fagioli Soup / Chicken Tortilla Soup<br>Crunchy & Soft Beef Tacos<br>with all the toppings<br>Fried Catfish / Lemon / Tartar / Cocktail<br>Au Gratin Potatoes<br>Pinto Beans<br>Turnip Greens / Cornbread<br>Hushpuppies / Corn Muffin   | Pasta Fagioli Soup / Chicken Tortilla Soup<br>Assorted Deli Meats / Cheeses<br>Meat Balls in Tomato Meat Sauce<br>over Spaghetti Pasta<br>Bermuda Vegetable Blend<br>Creamy Country Corn<br>Garlic & Cheddar Muffin<br>Garlic Bread / Corn Muffin |
| S<br>A<br>T<br><br>Jan<br>24th      | Donuts / Bran Muffins / Apple Fritters<br>Honey Bun<br>Oatmeal / Grits<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Corned Beef Hash<br>Pork Bacon / Hash Browns<br>Biscuits / Sausage Gravy   | Chicken and Rice Soup<br>Split Pea Soup<br>Chicken Salad / Mini Croissant<br>Sliced Roast Beef with Gravy<br>Mashed Potatoes / Beef Gravy<br>Sautéed Garlic Butter Mushrooms<br>Sautéed Rutabagas<br>Slider Roll / Cornbread / Corn Muffin   | Chicken and Rice Soup<br>Split Pea Soup<br>Assorted Deli Meats / Cheeses<br>Grilled Ham Steak w/ Grilled Pineapple<br>Scalloped Potatoes<br>Green Peas<br>Seasoned Cut Green Beans<br>Dinner Roll / Corn Muffin                                   |
| S<br>U<br>N<br><br>Jan<br>25th      | Donuts / Bran Muffins / Apple Fritters<br>Cinnamon Rolls<br>Oatmeal / Grits / Cheesy Diced Potatoes<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Pork Bacon / Smoked Rope Sausage<br>Waffles / Blueberry Topping<br>Biscuits / Country Gravy | Roast Beef Soup<br>Loaded Potato Soup<br>Fried Shrimp Po-Boy Tartar / Cocktail<br>Garlic-Stuffed Fresh Pork Roast<br>Dirty Rice / Pork Gravy<br>Roasted Fresh Asparagus<br>Baked Beets with Shallots<br>Yeast Roll / Cornbread / Corn Muffin   | Roast Beef Soup<br>Loaded Potato Soup<br>Assorted Deli Meats / Cheeses<br>Beef Stroganoff<br>Curly Egg Noodles<br>Steamed Broccoli Florets<br>Stewed Tomatoes<br>Slider Roll / Corn Muffin  |

| GRILL OPTIONS (LUNCH ONLY) |                                     |  |
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|                            | <u>DESSERTS - REGULAR LINE</u>      | <u>DESSERTS - DIET LINE</u>  |
| Mon                        | Apple Pie                           | NSA Vanilla Parfait  |
| Tue                        | Birthday Desserts                   | NSA Birthday Desserts  |
| Wed                        | Assorted Desserts                   | NSA Assorted Desserts  |
| Thu                        | Caramel Apple Crumb Cake            | Sponge Cake with Strawberries  |
| Fri                        | French Silk Pie                     | NSA Apple Pie  |
| Sat                        | Wh. Chocolate Macadamia Nut Cookies | Assorted NSA Cookies   |
| Sun                        | Peach Cobbler                       | Tropical Fruit Cups  |
|                            |                                     | * Hamburger * Cheeseburger * Sliced Spam<br>* All Beef Hot Dog * Breaded Cod Filet<br>* Grilled Skinless, Boneless Chicken Breast<br>* Grilled Cheese * Grilled Ham & Cheese<br>* French Fries * Sweet Potato Fries * Chili<br>* Onion Rings (Wed Only) * Bacon * Cheese<br>* Buns * Flour Tortillas * White & Wheat Bread<br>* Condiment Stations Available |