

**AFRH - G / Master Menus Week of 2 / 16 / 2026 / Cycle 1 - REGULAR LINE (Revision 2)**

	<b>BREAKFAST - 0700 - 0830</b>	<b>LUNCH - 1130 - 1300</b>	<b>DINNER - 1630 - 1800</b>
<b>M O N  Feb 16th</b>	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Chili with Beans Minestrone Soup Club Sandwich Quarters / Chips Smoked Sausage Louisiana-Style Red Beans / Rice Fried Okra / Corn Casserole Brown & Serve / Cornbread / Corn Muffin	Chili with Beans Minestrone Soup Assorted Deli Meats / Cheeses Herb Roasted Chicken Gouda Cheese Grits Sugar Snap Peas Bermuda Vegetable Blend Assorted Rolls / Corn Muffin
<b>T U E S  Feb 17th</b>	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy	<b>** HAPPY BIRTHDAY **</b> Veg. Beef, Barley Soup / Clam Chowder Strawberry Spinach Salad with Pecans, Feta Cheese & Orange Dressing Baked Salmon / Lemon Dill Sauce Prime Rib / Bordelaise Sauce / Au Jus Baked Potato / Butter / Sour Cream Creamed Cauliflower Carrot Soufflé / Parker House Roll	Vegetable Beef & Barley Soup Clam Chowder Assorted Deli Meats / Cheeses Rosemary Garlic Pork Chop Baked Sweet Potato Green Peas & Carrots Sautéed Cabbage Yeast Roll / Corn Muffin
<b>W E D  Feb 18th</b>	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Chicken Tortilla Soup Egg Salad / Kansas City Steak Soup Assorted Pizza Slices Chicken Cordon Bleu Rice Pilaf / Béchamel Sauce Steamed Broccoli Florets Key Biscayne Vegetable Blend Dinner Roll / Cornbread / Corn Muffin	Chicken Tortilla Soup Tuna Salad / Kansas City Steak Soup Assorted Deli Meats / Cheeses Turkey Pot Pie w/ Golden Flakey Crust Roasted Red Potatoes Green Baby Lima Beans Normandy Vegetable Blend Brown & Serve Roll / Corn Muffin
<b>T H U R  Feb 19th</b>	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Apple Topping Pork Bacon / Biscuits / Country Gravy	Home-Style Chicken Noodle Soup Egg Drop Soup Seafood Salad / Mini Croissant Sweet & Sour Pork Chop Asian-Style Noodles / Egg Rolls Stir-Fried Asian Vegetable Blend Whole Green Beans / Cornbread Parker House Roll / Corn Muffin	Home-Style Chicken Noodle Soup Italian Wedding Soup Assorted Deli Meats / Cheeses Country Fried Steaks/ White Gravy Mashed Potatoes / Brown Gravy Navy Beans with Ham Roasted Brussel Sprouts Yeast Roll / Corn Muffin
<b>F R I  Feb 20th</b>	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy	Split Pea Soup Turkey, Spinach & Lentil Soup Hot Tamale Pie / Enchilada Sauce Fried Shrimp / Cocktail & Tartar Baked Potato / Butter / Sour Cream Sautéed Fresh Cut Squash Spinach Vrazel Hushpuppies / Cornbread / Corn Muffin	Turkey, Spinach & Lentil Soup Tuna Salad / Split Pea Soup Assorted Deli Meats / Cheeses Beef Stew with Potatoes & Carrots over Steamed Rice Stewed Tomatoes Orange Glazed Beets Slider Roll / Corn Muffin
<b>S A T  Feb 21st</b>	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy	Knickerbocker Soup Cream of Broccoli Soup Smoked Chicken Wings Ground Meat and Tomato Sauce Spaghetti / Garlic & Cheddar Muffin Buttered Whole Kernel Corn Sautéed Fresh Cut Zucchini Garlic Bread / Cornbread / Corn Muffin	Knickerbocker Soup Cream of Broccoli Soup Assorted Deli Meats / Cheeses BBQ Beef Short Ribs Potato Salad Boston Baked Beans Seasoned Cut Green Beans Dinner Roll / Corn Muffin
<b>S U N  Feb 22nd</b>	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits / Cheesy Diced Potatoes TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Pineapple Topping Biscuits / Country Gravy	Loaded Potato Soup Home-Style Vegetable Soup Corn Dogs with Mustard Fried Chicken Macaroni & Cheese Collard Greens Sautéed Rutabagas with Ham Parker House Roll / Cornbread / Corn Muffin	Loaded Potato Soup Home-Style Vegetable Soup Assorted Deli Meats / Cheeses Meatloaf with Gravy on the Side Mashed Potatoes w/Gravy Green Peas Buttered Sliced Carrots Brown & Serve Roll / Corn Muffin

**GRILL OPTIONS (LUNCH ONLY)**

	<u>DESSERTS - REGULAR LINE</u>	<u>DESSERTS - DIET LINE</u>	* Hamburger * Cheeseburger * Sliced Spam
Mon	Banana Pudding	NSA Banana Pudding	* All Beef Hot Dog * Breaded Cod Filet
Tue	<b>Birthday Desserts</b>	<b>NSA Birthday Desserts</b>	* Grilled Skinless, Boneless Chicken Breast
Wed	MS Mud Cake	Fresh Fruit Cups	* Grilled Cheese * Grilled Ham & Cheese
Thu	Cheesecake w/Drizzle	Sponge Cake with Blueberries	* French Fries * Sweet Potato Fries * Chili
Fri	Pecan Pie	NSA Coconut Cream Pie	* Onion Rings (Wed Only) * Bacon * Cheese
Sat	Sugar Cookies	Assorted NSA Cookies	* Buns * Flour Tortillas * White & Wheat Bread
Sun	Cherry Cobbler / Assortment	Tropical Fruit Cup / NSA Assortment	* Condiment Stations Available