

AFRH - G / Master Menus Week of 4 / 6 / 2026 / Cycle 2 - REGULAR LINE (Revision 2)

| | BREAKFAST - 0700 - 0830 | LUNCH - 1130 - 1300 | DINNER - 1630 - 1800 |
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| M O N Apr 6th | Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy | Tomato Cream Cheese Soup Corn & Potato Chowder Gourmet Turkey Salad / Mini Croissant Smoked Pork Butt Blackeyed Peas / Steamed Rice Stewed Cabbage Sugar Snap Peas Slider Roll / Cornbread / Corn Muffin | Tomato Cream Cheese Soup Corn & Potato Chowder Assorted Deli Meats / Cheeses American-Style Tomato & Beef Goulash w/ Macaroni Prince Edward Vegetable Blend Cauliflower / Cheese Sauce Garlic Bread / Corn Muffin |
| T U E S Apr 7th | Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy | Chili with Beans Vegetable Barley Soup Chicken, Broccoli & Rice Casserole Hot Rueben on Rye Crinkle Cut Fries Grape Salad Stewed Okra & Tomatoes Dinner Roll / Cornbread / Corn Muffin | Chili with Beans Vegetable Barley Soup Assorted Deli Meats / Cheeses Swedish Meatballs over Curly Egg Noodles Roasted Fresh Asparagus Spears Sautéed Spinach Parker House Roll / Corn Muffin |
| W E D Apr 8th | Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy | Loaded Potato Soup Chicken & Rice Soup Cajun Baked Red Fish Fried Pork Chop Baked Sweet Potato Squash Casserole Sautéed Brussel Sprouts Yeast Roll / Cornbread / Corn Muffin | ** BREAKFAST NIGHT ** ----- Loaded Potato & Chicken & Rice Soups Breakfast Breads, Pastries & Fruits Sausage / Bacon / Deli Meats / Cheeses Scrambled Eggs / Eggs to Order Scrambled Eggs with Cheese Waffles Cheesy Grits / Hash Brown Patty Oatmeal / Biscuits / Country Gravy |
| T H U R Apr 9th | Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Banana Topping Pork Bacon / Biscuits / Country Gravy | Turkey Noodle Soup Egg Drop Soup Beef Pot Pie with Golden Flakey Crust General Tso's Chicken Stir-Fried Rice / Egg Rolls Steamed Broccoli Florets Teriyaki Baby Carrots Slider Roll / Cornbread / Corn Muffin | Turkey Noodle Soup Lobster Bisque Assorted Deli Meats / Cheeses Salisbury Steak / Gravy Mashed Potatoes / Field Peas Stewed Tomatoes Brown & Serve Rolls / Corn Muffin |
| F R I Apr 10th | Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy | Zesty Italian Soup White Bean Chicken Chili Jumbo Cheese Ravioli w/ Red Sauce Fried Catfish / Cocktail / Tartar / Lemon Hashbrown Casserole Whole Kernel Corn / Corn on the Cob Mustard Greens / Cornbread Hushpuppies / Corn Muffin | White Bean Chicken Chili Zesty Italian Soup Assorted Deli Meats / Cheeses Italian Sausage w/ Peppers & Onions Roasted Red Potatoes Sautéed Cabbage Normandy Vegetable Blend Hoagie Roll / Corn Muffin |
| S A T Apr 11th | Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy | Navy Bean Soup Kielbasa Cabbage Soup Nachos with Ground Beef & Fixins Blackened Shrimp Baked Potato / Butter / Sour Cream Sautéed Mushrooms Bermuda Vegetable Blend Dinner Roll / Cornbread / Corn Muffin | Navy Bean Soup Kielbasa Cabbage Soup Assorted Deli Meats / Cheeses Roasted Chicken / with Stewed Potatoes, Carrots & Celery Steamed Rice Green Peas / Sautéed Rutabagas Parker House Roll / Corn Muffin |
| S U N Apr 12th | Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits / Cheesy Diced Potatoes TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Strawberry Topping Biscuits / Country Gravy | Cheeseburger Broccoli Chowder Knickerbocker Soup Fried Chicken Wings / Ranch BBQ Country-Style Pork Ribs Mac & Cheese / Potato Salad Carolina BBQ Baked Beans Seasoned Cut Green Beans Brown & Serve / Cornbread / Corn Muffin | Cheeseburger Broccoli Chowder Knickerbocker Soup Assorted Deli Meats / Cheeses Grilled Beef Tips w/ Onions & Peppers Mashed Potatoes Sautéed Fresh Cut Zucchini Sliced Harvard Beets Yeast Roll / Corn Muffin |

GRILL OPTIONS (LUNCH ONLY)

DESSERTS - REGULAR LINE

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| Mon | Peach Pie |
| Tue | Royale Cookies |
| Wed | Carrot Cake |
| Thu | Chocolate Cake |
| Fri | Butterscotch Parfait |
| Sat | Rocky Road Cookies |
| Sun | Pineapple Bread Pudding / Assortment |

DESSERTS - DIET LINE

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| NSA Apple Pie |
| Assorted NSA Cookies |
| Fresh Fruit Cups |
| NSA Chocolate Parfait |
| Angel Cake with Peaches |
| Assorted NSA Cookies |
| Tropical Fruit Cups / NSA Assortment |

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| * Hamburger | * Cheeseburger | * Sliced Spam |
| * All Beef Hot Dog | * Breaded Cod Filet | |
| * Grilled Skinless, Boneless Chicken Breast | | |
| * Grilled Cheese | * Grilled Ham & Cheese | |
| * French Fries | * Sweet Potato Fries | * Chili |
| * Onion Rings (Wed Only) | * Bacon | * Cheese |
| * Buns | * Flour Tortillas | * White & Wheat Bread |
| * Condiment Stations Available | | |