

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N Oct 5th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Home-Style Chicken Noodle Soup Cream of Broccoli Soup Grilled Beef Liver / Onions / Gravy Parmesan Crusted Chicken Breast with Parmesan Cream Sauce Mashed Potatoes Green Peas / Sautéed Cabbage Yeast Roll / Cornbread / Corn Muffin	Home-Style Chicken Noodle Soup Cream of Broccoli Soup Assorted Deli Meats / Cheeses Open-Faced Sloppy Roast Beef Po-Boy with Gravy Steak Fries / Green Baby Limas Roasted Cauliflower Hoagie Roll / Corn Muffin
T U E S Oct 6th	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy	Navy Bean Soup Home-Style Vegetable Soup Seafood Casserole Home-Style Beef Stew Steamed Rice Normandy Vegetable Blend Sugar Snap Peas / Cornbread Brown & Serve Roll / Corn Muffin	Navy Bean Soup Home-Style Vegetable Soup Assorted Deli Meats / Cheeses Fried Pork Chop Baked Sweet Potato Sautéed Rutabagas Collard Greens Yeast Roll / Corn Muffin
W E D Oct 7th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Chili with Beans Lobster Bisque Ham Salad / Mini Croissant Home-Made Stuffed Peppers Scalloped Potatoes Orange Glazed Beets Whole Kernel Corn / Corn on the Cob Slider Roll / Cornbread / Corn Muffin	Chili with Beans Lobster Bisque Assorted Deli Meats / Cheeses Rotisserie Seasoned Chicken Macaroni & Cheese Sautéed Spinach Bermuda Vegetable Blend Parker House Roll / Corn Muffin
T H U R Oct 8th	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Strawberry Topping Pork Bacon / Biscuits / Country Gravy	Roast Beef Soup Egg Drop Soup Chicken Tenders / Assorted Dips Korean Beef Bulgogi Steamed Rice / Egg Rolls Stir-Fried Asian Vegetables Cut Green Beans / Corn Muffin Parker House Roll / Cornbread	Roast Beef Soup Cream of Tomato Soup Assorted Deli Meats / Cheeses Oven-Roasted Pork Loin / Gravy Garlic Smashed Red Potatoes Black-eyed Peas Sautéed Fresh Cut Squash Dinner Roll / Corn Muffin
F R I Oct 9th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy	Chicken & Wild Rice Soup Corn & Potato Chowder Chicken Enchilada Casserole Fried Shrimp / Cocktail / Tartar / Lemon Gouda Cheese Grits Stewed Tomatoes Roasted Fresh Asparagus Hushpuppies / Cornbread / Corn Muffin	Chicken & Wild Rice Soup Corn & Potato Chowder Assorted Deli Meats / Cheeses Chicken & Sausage Jambalaya Potato Salad Buttered Broccoli Florets Fried Okra Slider Roll / Corn Muffin
S A T Oct 10th	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy	Turkey Noodle Soup Cheesy Ham Chowder Breaded Chicken Sandwich on a Potato Bun BBQ Baby Back Ribs BBQ Baked Beans Mustard Greens / Coleslaw Yeast Roll / Cornbread / Corn Muffin	Turkey Noodle Soup Cheesy Ham Chowder Assorted Deli Meats / Cheeses Beef Strips 'n Mushroom Cream Sauce Mashed Potatoes / Brown Gravy Corn Casserole Roasted Brussel Sprouts w/ Parm. Brown & Serve Roll / Corn Muffin
S U N Oct 11th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits / Cheesy Diced Potatoes TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Banana Topping Biscuits / Country Gravy	Zesty Italian Soup Chicken & Sausage Gumbo / Rice Crispy Battered Pollock Filet with Lemon Wedges & Tartar Sauce Roasted Sliced Turkey Breast Cornbread Dressing / Gravy Purple Hull Peas / Roasted Baby Carrots Dinner Roll / Cornbread / Corn Muffin	Zesty Italian Soup Chicken & Sausage Gumbo / Rice Assorted Deli Meats / Cheeses Ground Beef & Tomato Lasagna Caesar Salad Sautéed Fresh Zucchini Garlic & Cheddar Muffin Garlic Bread / Corn Muffin

	DESSERTS - REGULAR LINE	DESSERTS - DIET LINE	GRILL OPTIONS (LUNCH ONLY)
Mon	Strawberry Shortcake	NSA Strawberry Shortcake	* Hamburger * Cheeseburger * Sliced Spam
Tue	M & M Cookies	Assorted NSA Cookies	* All Beef Hot Dog * Breaded Cod Filet
Wed	Chocolate Brownie	Fresh Fruit Cups	* Grilled Skinless, Boneless Chicken Breast
Thu	Coconut Cake	Angel Cake with Blueberries	* Grilled Cheese * Grilled Ham & Cheese
Fri	Key Lime Pie	NSA Peach Pie	* French Fries * Sweet Potato Fries * Chili
Sat	Chocolate Chip Cookies	Assorted NSA Cookies	* Onion Rings (Wed Only) * Bacon * Cheese
Sun	Blueb.Almond Bread Pudding / Assortment *Bananas Foster Bread Pudding Topping	Tropical Fruit Cups / NSA Assortment	* Buns * Flour Tortillas * White & Wheat Bread * Condiment Stations Available