

|                                    | BREAKFAST - 0700 - 0830                                                                                                                                                                                                                                              | LUNCH - 1130 - 1300                                                                                                                                                                                                                                           | DINNER - 1630 - 1800                                                                                                                                                                                                                       |
|------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| M<br>O<br>N<br><br>Aug<br>3rd      | Donuts / Bran Muffins / Apple Fritters<br>Assorted Danishes<br>Oatmeal / Grits<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Pork Bacon / Hash Browns<br>French Toast Made to Order on the Grill<br>Biscuits / Sausage Gravy                  | Chili with Beans<br>Vegetable Beef Soup<br>Club Sandwich Quarters / Chips<br>Smoked Sausage<br>Louisiana-Style Red Beans / Rice<br>Fried Okra<br>Corn Casserole<br>Brown & Serve / Cornbread / Corn Muffin                                                    | Chili with Beans<br>Vegetable Beef Soup<br>Assorted Deli Meats / Cheeses<br>Herb Roasted Chicken<br>Gouda Cheese Grits<br>Sugar Snap Peas<br>Bermuda Vegetable Blend<br>Assorted Rolls / Corn Muffin                                       |
| T<br>U<br>E<br>S<br><br>Aug<br>4th | Donuts / Bran Muffins / Apple Fritters<br>Assorted Coffee Cakes<br>Oatmeal / Grits<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Creamed Chipped Beef<br>Pork Bacon / Lyonnaise Potatoes<br>Biscuits / Country Gravy                          | Minestrone Soup<br>Clam Chowder<br>Chicken Caesar Wrap<br>Philly Cheesesteak Casserole<br>with Penne Pasta<br>Roasted Fresh Asparagus Spears<br>Creamed Cauliflower<br>Slider Roll / Cornbread / Corn Muffin                                                  | Minestrone Soup<br>Clam Chowder<br>Assorted Deli Meats / Cheeses<br>Rosemary Garlic Pork Chop<br>Baked Sweet Potato<br>Green Peas & Carrots<br>Sautéed Cabbage<br>Yeast Roll / Corn Muffin                                                 |
| W<br>E<br>D<br><br>Aug<br>5th      | Donuts / Bran Muffins / Apple Fritters<br>Cinnamon Rolls<br>Oatmeal / Grits<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Pork Bacon / Grilled Ham Steaks<br>Baked Beans / Buttery Diced Potatoes<br>Corn Muffins / Biscuits / Country Gravy  | Chicken Tortilla Soup<br>Kansas City Steak Soup<br>Assorted Pizza Slices<br>Chicken Cordon Bleu Casserole<br>with Rotini Pasta<br>Steamed Broccoli Florets<br>Key Biscayne Vegetable Blend<br>Dinner Roll / Cornbread / Corn Muffin                           | Chicken Tortilla Soup<br>Kansas City Steak Soup<br>Assorted Deli Meats / Cheeses<br>Turkey Pot Pie w/ Golden Flakey Crust<br>Roasted Red Potatoes<br>Green Baby Lima Beans<br>Normandy Vegetable Blend<br>Brown & Serve Roll / Corn Muffin |
| T<br>H<br>U<br>R<br><br>Aug<br>6th | Donuts / Bran Muffins / Apple Fritters<br>Assorted Muffins<br>Oatmeal / Grits<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Sausage Patties / Hash Browns<br>Pancakes / Apple Topping<br>Pork Bacon / Biscuits / Country Gravy                | Chicken & Wild Rice Soup<br>Egg Drop Soup<br>Seafood Salad / Mini Croissant<br>Sweet & Sour Pork Chop<br>Asian-Style Noodles / Egg Rolls<br>Stir-Fried Asian Vegetable Blend<br>Whole Green Beans / Cornbread<br>Parker House Roll / Corn Muffin              | Chicken & Wild Rice Soup<br>Italian Wedding Soup<br>Assorted Deli Meats / Cheeses<br>Country Fried Steaks/ White Gravy<br>Mashed Potatoes / Brown Gravy<br>Navy Beans with Ham<br>Roasted Brussel Sprouts<br>Yeast Roll / Corn Muffin      |
| F<br>R<br>I<br><br>Aug<br>7th      | Donuts / Bran Muffins / Apple Fritters<br>Assorted Danishes<br>Oatmeal / Grits<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Creamed Ground Beef<br>Pork Bacon / Home Fried Potatoes<br>Biscuits / Country Gravy                              | Split Pea Soup<br>Turkey Noodle Soup<br>Hot Tamale Pie / Enchilada Sauce<br>Fried Shrimp / Cocktail / Tartar / Lemon<br>Baked Potato / Butter / Sour Cream<br>Sautéed Fresh Cut Squash<br>Spinach Vrazel<br>Hushpuppies / Cornbread / Corn Muffin             | Split Pea Soup<br>Turkey Noodle Soup<br>Assorted Deli Meats / Cheeses<br>Home-Style Beef Stew<br>over Steamed Rice<br>Stewed Tomatoes<br>Orange Glazed Beets<br>Slider Roll / Corn Muffin                                                  |
| S<br>A<br>T<br><br>Aug<br>8th      | Donuts / Bran Muffins / Apple Fritters<br>Honey Bun<br>Oatmeal / Grits<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Corned Beef Hash<br>Pork Bacon / Hash Browns<br>Biscuits / Sausage Gravy                                                 | Chicken & Sausage Gumbo / Rice<br>Cream of Broccoli Soup<br>Smoked Chicken Wings<br>Ground Meat and Tomato Sauce<br>Spaghetti / Garlic & Cheddar Muffin<br>Buttered Whole Kernel Corn<br>Sautéed Fresh Cut Zucchini<br>Garlic Bread / Cornbread / Corn Muffin | Chicken & Sausage Gumbo / Rice<br>Cream of Broccoli Soup<br>Assorted Deli Meats / Cheeses<br>BBQ Beef Short Ribs<br>Potato Salad<br>Boston Baked Beans<br>Seasoned Cut Green Beans<br>Dinner Roll / Corn Muffin                            |
| S<br>U<br>N<br><br>Aug<br>9th      | Donuts / Bran Muffins / Apple Fritters<br>Cinnamon Rolls<br>Oatmeal / Grits / Cheesy Diced Potatoes<br>TO ORDER: Eggs / Sliced Spam<br>Eggs - Scrambled / Hard Boiled<br>Pork Bacon / Smoked Rope Sausage<br>Waffles / Pineapple Topping<br>Biscuits / Country Gravy | Loaded Potato Soup<br>Home-Style Vegetable Soup<br>Corn Dogs with Mustard<br>Fried Chicken<br>Macaroni & Cheese<br>Collard Greens<br>Sautéed Rutabagas with Ham<br>Parker House Roll / Cornbread / Corn Muffin                                                | Loaded Potato Soup<br>Home-Style Vegetable Soup<br>Assorted Deli Meats / Cheeses<br>Meatloaf with Gravy on the Side<br>Mashed Potatoes w/Gravy<br>Green Peas<br>Buttered Sliced Carrots<br>Brown & Serve Roll / Corn Muffin                |

GRILL OPTIONS (LUNCH ONLY)

DESSERTS - REGULAR LINE

|     |                             |
|-----|-----------------------------|
| Mon | Banana Pudding              |
| Tue | Oatmeal & Raisin Cookies    |
| Wed | MS Mud Cake                 |
| Thu | Cheesecake w/Drizzle        |
| Fri | Pecan Pie                   |
| Sat | Sugar Cookies               |
| Sun | Cherry Cobbler / Assortment |

DESSERTS - DIET LINE

|                                      |
|--------------------------------------|
| NSA Banana Pudding                   |
| Assorted NSA Cookies                 |
| Fresh Fruit Cups                     |
| Sponge Cake with Blueberries         |
| NSA Peach Pie                        |
| Assorted NSA Cookies                 |
| Tropical Fruit Cups / NSA Assortment |

|                                             |                        |                       |
|---------------------------------------------|------------------------|-----------------------|
| * Hamburger                                 | * Cheeseburger         | * Sliced Spam         |
| * All Beef Hot Dog                          | * Breaded Cod Filet    |                       |
| * Grilled Skinless, Boneless Chicken Breast |                        |                       |
| * Grilled Cheese                            | * Grilled Ham & Cheese |                       |
| * French Fries                              | * Sweet Potato Fries   | * Chili               |
| * Onion Rings (Wed Only)                    | * Bacon                | * Cheese              |
| * Buns                                      | * Flour Tortillas      | * White & Wheat Bread |
| * Condiment Stations Available              |                        |                       |