

AFRH - G / Master Menus Week of 6 / 1 / 2026 / Cycle 4 - REGULAR LINE (Revision 2)

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N Jun 1st	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Chicken Noodle Soup Cream of Broccoli Soup Grilled Beef Liver / Onions / Gravy Parmesan Crusted Chicken Breast with Alfredo Sauce Mashed Potatoes Green Peas / Sautéed Cabbage Yeast Roll / Cornbread / Corn Muffin	Chicken Noodle Soup Cream of Broccoli Soup Assorted Deli Meats / Cheeses Open-Faced Sloppy Roast Beef Po-Boy with Gravy Steak Fries / Green Baby Limas Roasted Cauliflower Hoagie Roll / Corn Muffin
T U E S Jun 2nd	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy	Navy Bean Soup Turkey, Spinach & Lentil Soup Seafood Casserole Home-Style Beef Stew Steamed Rice Normandy Vegetable Blend Sugar Snap Peas / Cornbread Brown & Serve Roll / Corn Muffin	Navy Bean Soup Turkey, Spinach & Lentil Soup Assorted Deli Meats / Cheeses Fried Pork Chop Baked Sweet Potato Sautéed Rutabagas Collard Greens Yeast Roll / Corn Muffin
W E D Jun 3rd	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Chili with Beans Clam Chowder Ham Salad / Mini Croissant Home-Made Stuffed Peppers Scalloped Potatoes Orange Glazed Beets Whole Kernel Corn / Corn on the Cob Slider Roll / Cornbread / Corn Muffin	Chili with Beans Clam Chowder Assorted Deli Meats / Cheeses Rotisserie Seasoned Chicken Garlic Smashed Red Potatoes Sautéed Spinach Bermuda Vegetable Blend Parker House Roll / Corn Muffin
T H U R Jun 4th	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Strawberry Topping Pork Bacon / Biscuits / Country Gravy	Kansas City Steak Soup Egg Drop Soup Chicken Tenders / Assorted Dips Beef Yakisoba / Egg with Yakisoba Noodles Rolls Stir-Fried Asian Vegetables Cut Green Beans / Corn Muffin Parker House Roll / Cornbread	Kansas City Steak Soup Tomato Florentine Soup Assorted Deli Meats / Cheeses Oven-Roasted Pork Loin / Gravy Rice Pilaf Black-eyed Peas Sautéed Fresh Cut Squash Dinner Roll / Corn Muffin
F R I Jun 5th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy	Chicken & Wild Rice Soup Corn & Potato Chowder Chicken Enchilada Casserole - New Fried Shrimp / Cocktail / Tartar / Lemon Gouda Cheese Grits Stewed Tomatoes Roasted Fresh Asparagus Hushpuppies / Cornbread / Corn Muffin	Chicken & Wild Rice Soup Corn & Potato Chowder Assorted Deli Meats / Cheeses Chicken & Sausage Jambalaya Potato Salad Buttered Broccoli Florets Fried Okra Slider Roll / Corn Muffin
S A T Jun 6th	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy	Roasted Poblano & Beef Soup Cheesy Ham Chowder Breaded Chicken Sandwich on a Potato Bun BBQ Baby Back Ribs BBQ Baked Beans Mustard Greens / Coleslaw Yeast Roll / Cornbread / Corn Muffin	Roasted Poblano & Beef Soup Cheesy Ham Chowder Assorted Deli Meats / Cheeses Beef Strips 'n Mushroom Cream Sauce Mashed Potatoes / Brown Gravy Corn Casserole Roasted Brussel Sprouts w/ Parm. Brown & Serve Roll / Corn Muffin
S U N Jun 7th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits / Cheesy Diced Potatoes TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Banana Topping Biscuits / Country Gravy	Home-Style Vegetable Soup Chicken & Sausage Gumbo / Rice Crispy Battered Pollock Filet with Lemon Wedges & Tartar Sauce Roasted Sliced Turkey Breast Cornbread Dressing / Gravy Purple Hull Peas / Roasted Baby Carrots Dinner Roll / Cornbread / Corn Muffin	Home-Style Vegetable Soup Chicken & Sausage Gumbo / Rice Assorted Deli Meats / Cheeses Ground Beef & Tomato Lasagna Caesar Salad Sautéed Fresh Zucchini Garlic & Cheddar Muffin Garlic Bread / Corn Muffin

GRILL OPTIONS (LUNCH ONLY)

DESSERTS - REGULAR LINE

Mon	Strawberry Shortcake
Tue	M & M Cookies
Wed	Chocolate Brownie
Thu	Coconut Cake
Fri	Key Lime Pie
Sat	Chocolate Cookies
Sun	Blueb.Almond Bread Pudding / Assortment

DESSERTS - DIET LINE

NSA Strawberry Shortcake
Assorted NSA Cookies
Fresh Fruit Cups
Angel Cake with Blueberries
NSA Peach Pie
Assorted NSA Cookies
Tropical Fruit Cups / NSA Assortment

* Hamburger	* Cheeseburger	* Sliced Spam
* All Beef Hot Dog	* Breaded Cod Filet	
* Grilled Skinless, Boneless Chicken Breast		
* Grilled Cheese	* Grilled Ham & Cheese	
* French Fries	* Sweet Potato Fries	* Chili
* Onion Rings (Wed Only)	* Bacon	* Cheese
* Buns	* Flour Tortillas	* White & Wheat Bread
* Condiment Stations Available		