AFRH - W / MASTER MENU / M -2, 2020 CYCLE FOUR - REGULAR LINE

4->	BREAKFAST	LUNCH	DINNER
M O N	Donuts / Assorted Muffins Oatmeal / Grits Eggs to Order	Split Pea Soup Chicken Noodle Soup Enchiladas	Chicken Noodle Soup Split Pea Soup Sliced Deli Roast Beef
19-Dec 2022	Eggs - Scrambled / Hard Boiled French Toast Pork Bacon Biscuits / Sausage Gravy	Roasted Pork Loin w/Apples Mash Potatoes w/ Pork Gravy German Blend Vegetables Refried Beans Dinner Rolls	Curry Chicken w Rice Roasted Plantain Brocolli Florets Cauliflower Florets Yeast Rolls / White & Wheat Bread
T U E S	Donuts / Bran Muffins Oatmeal / Cream of Wheat Eggs to Order	Cream of Broccoli Soup Navy Bean Soup Chicken Salad Corned Beef / Horseradish Sauce	Navy Bean Soup Cream of Broccoli Soup Sliced Deli Turkey Lemon Baked Fish
20-Dec 2022	Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Lyonnaise Potatoes Biscuits / Country Gravy	Buttery Parsley Potatoes Sautéed Cabbage Sautéed Carrots Corn Muffins / Cornbread	Buttered Parmesan Egg Noodles Club Spinach California Blend Dinner Rolls / White & Wheat Bread
W E D	Donuts / Assorted Muffins Coffee Cake Oatmeal / Grits Eggs to Order	Corn Chowder Kielbasa Cabbage Soup Assorted Crust Pizza Slices Corn Dogs	Kielbasa Cabbage Soup Corn Chowder Philly Steak & Cheese Sub Fish & Cheese Sub
21-Dec 2022	Eggs - Scrambled / Hard Boiled Pork Bacon Hash Browns Biscuits / Country Gravy	Sautéed Squash Sugar Snap Peas Yeast Rolls	**Steak Fries** Mushrooms & Onions Coleslaw
T H U	Donuts / Bran Muffins Cinnamon Rolls Oatmeal / Grits	New England Clam Chowder Minestrone Soup Tuna Salad	Minestrone Soup Clam Chowder Sliced Deli Chicken
R S	Eggs to Order Eggs - Scrambled / Hard Boiled	Fried Chicken AuGratin Potatoes	Marinated Grilled Rib Bites Lyonnaise Rice
22-Dec 2022	Sausage Pattie / Spam Apple Pancakes Biscuits / Country Gravy	Coleslaw Turnip Greens Corn Muffins	Cashew Pea Salad Spinach Dinner Rolls / White & Wheat Bread
F R I	Donuts / Assorted Muffins Assorted Danishes Oatmeal / Cream of Wheat Eggs to Order	Tomato Florentine Soup Cream of Mushroom Soup Hot Rueben Sandwich Fried Fish w/Cocktail/Tartar Sauce	Tomato Florentine Soup Cream of Mushroom Soup Sliced Deli Roast Beef Shrimp Salad w/Croissants
23-Dec 2022	Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes /Tater Tots Biscuits / Country Gravy	Macaroni & Cheese Broccoli Florets Normandy Blend Veggies Hushpuppies	Potato Logs Asparagus Casserole Taco Salad Croissant / White & Wheat Bread
S A T	Donuts / Assorted Muffins Scones Oatmeal / Grits Eggs to Order	Won Ton Soup Vegetable Soup American Style Tomato & Beef Goulash with Macaroni	Won Ton Soup Vegetable Soup Assorted Sliced Deli Cold Cuts Char Grilled Teriyaki ChickenSticks
24-Dec 2022	Eggs - Scrambled / Hard Boiled Corned Beef Hash O'Brian Potatoes Biscuits / Country Gravy	Grilled Ham & Cheese Sandwich Collard Greens Corn and Carrots Cornbread	Asian Stir Fried Noodles Stir Fried Asian Vegetables Sautéed Asian Cabbage Assort Rolls / White & Wheat Bread
S U N	Donuts / Assorted Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order		Manhatten Clam Chowder Chicken and Rice Soup Sliced Deli Turkey Barbeque Beef Brisket
25-Dec 2022	Eggs - Scrambled / Hard Boiled Grilled Ham Steaks Belgian Waffles w Strawberry Banana Topping Biscuits / Country Gravy	Christmas Meal	Hashbrown Casserole Creamy Country Corn Cauliflower Dinner Rolls / White & Wheat Bread

	DESSERTS - REGULAR LINE	DESSERTS - DIET LINE	DAILY SHORT ORDER LINE - LUNCH ONLY
Mon	Strawberry Cream Pie	NSA Chocolate Pudding	Grilled Hamburgers w/ Buns / Sliced Che
Tue	Oatmeal Cookies	Assorted SF Cookies	Grilled Hot Dogs w/ Buns / Chili / Cheese
Wed	Orange Cake	Fresh Fruit Cups	Grilled Chicken Breast w/ Corn Rolls
Thu	Sweet Potato Pie	Angel Cake w/Fruit Cocktail	Grilled Cheese Sandwiches on White or
Fri	Banana Cake	NSA Peach Pie	Condiments: Green Leaf Lettuce / Sliced
Sat	Chocolate Cookies	Assorted SF Cookies	Sliced Red Onions / Dill Pickle Slices
Sun	Tapioca Pudding	Tropical Fruit Cups	Horseradish / Bacon / Assorted Chips

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