AFRH - W / MASTER MENU / L -1, 2020 CYCLE FIVE - REGULAR LINE

5->	BREAKFAST	LUNCH	DINNER
M O N	Donuts / Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled French Toast Pork Bacon Biscuits / Sausage Gravy	Vegetable Beef & Barley Soup Loaded Potato Soup Seafood Salad Grilled Liver and Onions Rice w/Gravy Okra & Tomatoes Blackeyed Peas Corn Muffins / Cornbread	Loaded Potato Soup Vegetable Beef & Barley Soup Deli Chicken Grill Chop Steaks/Onions Mashed Potatoes & Gravy Buttery Green Peas Greek Salad Dinner Rolls / White & Wheat Bread
19-Oct 2020			
T U E S	Donuts / Bran Muffins Oatmeal / Cream of Wheat Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Lyonnaise Potatoes Biscuits / Country Gravy	Pinto Bean Soup Turkey Noodle Soup Italian Sausage, Peppers, Onions Sheppards Pie Buttered Corn Normandy Blend Vegetables Garlic Bread	Birthday Meal
20-Oct 2020			
W E D	Donuts / Assorted Muffins Coffee Cake Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon Hash Browns Biscuits / Country Gravy	Tomato Soup Carribean Chicken Soup Turkey Salad Smothered Pork Chops Baked Sweet Potatoes Cauliflower Creamed Spinach Dinner Rolls / White & Wheat Bread	Carribean Chicken Soup Tomato Soup Assorted Sliced Deli Cold Cuts Jamaica Jerk Chicken Black Beans & Rice Steamed Cabbage Roasted Plantain Bread
21-Oct 2020			
T H U R S	Donuts / Bran Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Link / Scrapple Apple Pancakes Biscuits / Country Gravy	Italian Wedding Soup Split Pea Soup Sloppy Joes w/Buns Great Northern Beans / Smoked Sausage Rice California Blend Vegetables Sautéed Squash Assorted Rolls	Split Pea Soup Italian Wedding Soup Sliced Deli Roast Beef Roasted Turkey w/Gravy Cornbread Dressing / Cranberry Sauce Mashed Potatoes / Stewed Tomatoes Green Bean Casserole Dinner Rolls / White & Wheat Bread
22-Oct 2020			
F R I	Donuts / Assorted Muffins Assorted Danishes Oatmeal / Cream of Wheat Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes Biscuits / Country Gravy	Chicken & Rice Soup Chili Bean Soup Egg Plant Parmessan Salmon Patties Macaroni & Cheese Turnip Greens Southern Fried Succotash Corn Muffins / Cornbread	Chili Bean Soup Chicken & Rice Soup Sliced Deli Ham Open Faced Roast Beef w/Au Jus Steak Fries Creamy Mexican Country Corn Coleslaw Hoagie Roll / White & Wheat Bread
23-Oct 2020			
S A T	Donuts / Assorted Muffins Scones Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash O'Brian Potatoes Biscuits / Country Gravy	Knickerbockers Soup Lobster Bisque Egg Salad Barbeque Pulled Pork / Buns Potato Logs Asparagus Spears Fried Zucchini Bread Stick	Lobster Bisque Knickerbockers Soup Assorted Sliced Deli Cold Cuts Chicken Alfredo Fettuccini Broccoli Sautéed Carrots Garlic Bread / White & Wheat Bread
24-Oct 2020			
S U N	Donuts / Assorted Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks Peachy Belgian Waffles Biscuits / Country Gravy	Chicken Tortilla Soup Cream of Broccoli Soup Turkey & Cheese Croissant Yakisoba Beef Lima Beans Broccoli Tomato Salad Yeast Rolls	Cream of Broccoli Soup Chicken Tortilla Soup Sliced Deli Turkey Barbeque Ribs Potato Salad / Baked Beans Collard Greens Sauteed Corn Corn Muffins / Cornbread / White/Wheat
25-Oct 2020			

	DESSERTS - REGULAR LINE	DESSERTS - DIET LINE	DAILY SHORT ORDER LINE - LUNCH ONLY
Mon	Lemon Meringue	NSA Apple Pie	Grilled Hamburgers w/ Buns / Sliced Che
Tue	Peanut Butter Cookies ***	Assorted SF Cookies	Grilled Hot Dogs w/ Buns / Chili / Chees
Wed	Brownie ****	Vanilla Pudding, NSA	Grilled Chicken Breast w/ Corn Rolls
Thu	Rice Pudding	Sponge Cake w/Diced Pears	Grilled Cheese Sandwiches on White or
Fri	Pecan Pie	NSA Peach Pie	Condiments: Green Leaf Lettuce / Slicec
Sat	Chocolate Chip Cookies	Assorted SF Cookies	Sliced Red Onions / Dill Pickle Slices
Sun	Peach Cobbler	Fresh Fruit Cups	Horseradish / Bacon / Assorted Chips

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