

AFRH - W / MASTER MENU / L -1, 2020 CYLCE ONE - REGULAR LINE

1->	BREAKFAST	LUNCH	DINNER
<div>M O N</div> <div>8-Mar 2021</div>	Danish /Donuts / Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled French Toast Pork Bacon Biscuits / Sausage Gravy	Onion Soup Pinto Bean Soup Chicken Salad Meatloaf w Gravy Mash Potatoes w Gravy German Blend Vegetables Black Eye Peas Dinner Rolls	Pinto Bean Soup Onion Soup Sliced Deli Turkey Yakasoba Beef w Noodles Marinated Grill Vegetables Fried Eggplant w Teriyaki Seasoning Roll
<div>T U E S</div> <div>9-Mar 2021</div>	Danish /Donuts / Assorted Muffins Oatmeal / Cream of Wheat Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Lyonnaise Potatoes Biscuits / Country Gravy	Cream of Broccoli Soup Chicken Noodle Soup Fried Chicken Liver Grilled Ham Lg White Lima Beans / White Rice Stewed Tomatoes Club Spinach Corn Muffins	Chicken Noodle Soup Cream of Broccoli Soup Sliced Deli Roast Beef Lemon Baked Fish Rissoto Pasta Brussels Sprouts Corn & Carrots Dinner Rolls / White & Wheat Bread
<div>W E D</div> <div>10-Mar 2021</div>	Danish /Donuts / Assorted Muffins Coffee Cake Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon Hash Browns Biscuits / Country Gravy	Vegetable Beef & Barley Soup Tomato Florentine Soup Bratwurst w/Sauerkraut Fried Chicken Macaroni & Cheese Harvard Beets Broccoli Florets Yeast Rolls	Tomato Florentine Soup Vegetable Beef & Barley Soup Sliced Deli Chicken Sweet & Sour Ribs w/Asian Style Noodles Stir Fried Vegetables Stewed Cabbage Dinner Rolls / White & Wheat Bread
<div>T H U R S</div> <div>11-Mar 2021</div>	Danish /Donuts / Assorted Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Links / Scrapple Apple Pancakes Biscuits / Country Gravy	Chicken Tortilla Soup Split Pea Soup w/ Ham & Carrot Soup Barbeque Pulled Pork / Buns Fish Taco with Toppings ReFried Beans / Spanish Rice Squash Casserole Seasoned Green Beans Brown and Serve Rolls	Chicken Tortilla Soup Split Pea Soup w/ Ham & Carrot Soup Sliced Deli Turkey Pepper Steak w/Gravy Lyonaise Rice Fried Zucchini Buttery Green Peas Dinner Rolls / White & Wheat Bread
<div>F R I</div> <div>12-Mar 2021</div>	Danish /Donuts / Assorted Muffins Assorted Danishes Oatmeal / Cream of Wheat Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes / Tater Tots Biscuits / Country Gravy	Chili Bean Soup Chicken & Rice Soup Mediterranean Pasta Fried Catfish w/Bienville Sauce Praline Sweet Potatoes Cauliflower Au Gratin Garden Spinach Salad Hushpuppies	Chicken & Rice Soup Chili Bean Soup Assorted Sliced Deli Cold Cuts Pot Roast with Mushroom Gravy Mashed Potato Southern Fried Succotash Roasted Mixed Vegetables Slider Rolls / White & Wheat Bread
<div>S A T</div> <div>13-Mar 2021</div>	Danish /Donuts / Assorted Muffins Scones Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash O'Brian Potatoes Biscuits / Country Gravy	Loaded Potato Soup Italian Wedding Soup Turkey Pot Pie Ground Meat and Tomato Sauce Spaghetti Italian Green Beans Normandy Blend Veggies Garlic Bread	Italian Wedding Soup Loaded Potato Soup Sliced Deli Roast Beef Orange Chicken Fried Rice Asparagus Mixed Vegetables Assort Rolls / White & Wheat Bread
<div>S U N</div> <div>14-Mar 2021</div>	Danish /Donuts / Assorted Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks Pineapple Waffles Biscuits / Country Gravy	New England Clam Chowder Knickerbockers Soup Egg Salad Barbeque Beef Brisket Parmesan Noodles Corn on the Cob Collard Greens Cornbread	Knickerbockers Soup New EnglandClam Chowder Sliced Deli Chicken Fried Shrimp w/Cocktail/Tartar Sauce Cheesy Grits Coleslaw Sautéed Okra Dinner Rolls / White & Wheat Bread

DESSERTS - REGULAR LINE

DESSERTS - DIET LINE

DAILY SHORT ORDER LINE - LUNCH

Mon	Coconut Custard Pie	NSA Lemon Parfait	Grilled Hamburgers w/ Buns / Sliced Cheese
Tue	Oatmeal & Raisin Cookies	Assorted SF Cookies	Grilled Hot Dogs w/ Buns / Chili / Cheese Sa
Wed	MS Mud Cake	Vanilla Pudding, NSA	Grilled Chicken Breast w/ Corn Rolls
Thu	Cheesecake w/Drizzle	Sponge Cake w/Mandarin Oranges	Grilled Cheese Sandwiches on White or Wh
Fri	Lemon Meringue Pie	NSA Peach Pie	Condiments: Green Leaf Lettuce / Sliced Toi
Sat	Sugar Cookies	Assorted SF Cookies	Sliced Red Onions / Dill Pickle Slices
Sun	Cherry Cobbler	Fresh Fruit Cups	Horseradish / Bacon / Assorted Chips