

AFRH - W / MASTER MENU / L -1, 2020 CYCLE TWO - REGULAR LINE

2->	BREAKFAST	LUNCH	DINNER
M O N 15-Mar 2021	Donuts / Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled French Toast Pork Bacon Biscuits / Sausage Gravy	Egg Drop Soup Vegetable Soup Stuffed Peppers w Tomato Sauce Teriyaki Chicken Stir Fried Rice Stir Fried Asian Vegetables Broccoli Florets Assorted Rolls	Vegetable Soup Egg Drop Soup Assorted Sliced Deli Cold Cuts Country Fried Steaks/White Gravy Mashed Potatoes Broiled Tomatoes Brussels Sprouts Yeast Rolls / White & Wheat Bread
T U E S 16-Mar 2021	Donuts / Bran Muffins Oatmeal / Cream of Wheat Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Lyonnais Potatoes Biscuits / Country Gravy	Cream of Tomato Soup Navy Bean Soup Enchiladas Barbeque Beef Brisket Macaroni and Cheese Sautéed Carrots Fresh Spinach Salad Yeast Rolls	Birthday Meal
W E D 17-Mar 2021	Donuts / Assorted Muffins Coffee Cake Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon Hash Browns Biscuits / Country Gravy	Minestrone Soup Lobster Bisque Chicken Salad Corned Beef / Horseradish Sauce Buttery Parsley Potatoes Sautéed Cabbage Sautéed Carrots Corn Muffins / Cornbread	Lobster Bisque Minestrone Soup Philly Chicken & Cheese Sub Fish & Cheese Sub Krinkle Cut Fries Mushrooms & onions Coleslaw
T H U R S 18-Mar 2021	Donuts / Bran Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Pattie / Spam Apple Pancakes Biscuits / Country Gravy	Corn Chowder Chicken Noodle Chicken Tenders Smothered Pork Chops Blackeyed Peas w/Rice Collard Greens Harvard Beets Corn Muffins / Cornbread	Chicken Noodle Corn Chowder Assorted Sliced Deli Cold Cuts Roasted Turkey w/Gravy Cornbread Dressing / Cranberry Sauce Mashed Potatoes / Brown Gravy Green Peas / Creamed Cauliflower Brown&Serve Rolls / White&Wheat Bread
F R I 19-Mar 2021	Donuts / Assorted Muffins Assorted Danishes Oatmeal / Cream of Wheat Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes / Tater Tots Biscuits / Country Gravy	Cream of Broccoli Soup Manhattan Clam Chowder Hot Rueben Sandwiches Buffalo Shrimp Bake Potatoe w Sour Cream Fried Okra Coleslaw Hushpuppies	Manhattan Clam Chowder Cream of Broccoli Soup Sliced Deli Roast Beef Chicken Cordon Bleu Scalloped Potatoes Asparagus Spears Southern Fried Succotash Slider Rolls / White & Wheat Bread
S A T 20-Mar 2021	Donuts / Assorted Muffins Scones Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash O'Brian Potatoes Biscuits / Country Gravy	Split Pea Soup w/ Ham & Carrot Soup Kielbasa Cabbage Soup Egg Salad Grilled Liver and Onions Mashed Potatoes w/Gravy Roasted Mixed Vegetables Creamed Spinach Assorted Rolls	Kielbasa Cabbage Soup Split Pea Soup w/ Ham & Carrot Soup Sliced Deli Turkey Char Grilled Chopped Steak Baked Potato w/Sour Crm/Butter Whole Green Beans Glazed Baby Carrots Brown/Serve Rolls / White & Wheat Bread
S U N 21-Mar 2021	Donuts / Assorted Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks Strawberry Belgian Waffles Biscuits / Country Gravy	Red Bean Soup Beef Noodle Soup Seafood Salad Chicken w/ Dumplings Sautéed Squash German Blend Vegetables Croissants	Beef Vegetable Soup Red Bean Soup Sliced Deli Chicken Braised Beef Ribs n Onions Steamed White Rice Normandy Blend Veggies Fried Zucchini Dinner Rolls / White & Wheat Bread

CH ONL DESSERTS - REGULAR LINE

Mon	Peach Pie
Tue	Chocolate Cookies
Wed	Carrot Cake
Thu	Pecan Blondie ***
Fri	Coconut Cream Pie
Sat	Wh. Choc. Macadamia Nut Cookies **
Sun	Rice Pudding ***

DESSERTS - DIET LINE

NSA Apple Pie
Assorted SF Cookies
NSA Chocolate Pudding
Angel Cake w/Crushed Pineapples
Vanilla Pudding, NSA
Assorted SF Cookies
Fresh Fruit Cups

DAILY SHORT ORDER LINE - LUNCH ONLY

Grilled Hamburgers w/ Buns / Sliced Cheese
Grilled Hot Dogs w/ Buns / Chili / Cheese Sa
Grilled Chicken Breast w/ Corn Rolls
Grilled Cheese Sandwiches on White or Wh
Condiments: Green Leaf Lettuce / Sliced To
Sliced Red Onions / Dill Pickle Slices
Horseradish / Bacon / Assorted Chips