

AFRH - G / Master Menus Week of 8 / 4 / 2025 / Cycle 3 - REGULAR LINE (Revision 2)

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N Aug 4th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Vegetable Beef & Barley Soup Tomato Cream Cheese Soup Turkey & Bacon Wrap with Ranch Shrimp & Grits Roasted Fresh Asparagus Spears Grape Salad Yeast Roll Cornbread / Corn Muffin	Vegetable Beef & Barley Soup Tomato Cream Cheese Soup Assorted Deli Meats / Cheeses Chicken & Dumplings Baked Sweet Potato Baked Okra Normandy Vegetable Blend Dinner Roll / Corn Muffin
T U E S Aug 5th	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy	Potato Sausage & Kale Soup Cream of Asparagus Soup Cabbage Rolls Fried Chicken Mashed Potatoes / Chicken Gravy Pinto Beans Creamed Spinach Slider Roll / Cornbread / Corn Muffin	Potato Sausage & Kale Soup Cream of Asparagus Soup Assorted Deli Meats / Cheeses Corned Beef Irish Potatoes Stewed Cabbage Sliced Carrots Yeast Roll / Corn Muffin
W E D Aug 6th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Italian Wedding Soup Chili with Beans Assorted Pizza Slices Smoked Chicken Wings Mediterranean Penne Pasta Broccoli Florets Sautéed Fresh Thick Cut Squash Slider Roll / Cornbread / Corn Muffin	Italian Wedding Soup Chili with Beans Assorted Deli Meats / Cheeses Shake & Bake Pork Chop Cranberry Wild Rice Green Peas California Vegetable Blend Brown & Serve Roll / Corn Muffin
T H U R Aug 7th	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Peach Topping Pork Bacon / Biscuits / Country Gravy	White Bean & Wheat Berry Soup Cream of Broccoli Soup Tuna Salad / Mini Croissant Pot Roast in Gravy Bada-Bing Bada-Bang Potatoes Carrot Soufflé Sautéed Rutabagas Yeast Roll / Cornbread / Corn Muffin	White Bean & Wheat Berry Soup Cream of Broccoli Soup Assorted Deli Meats / Cheeses BBQ Pulled Pork / Cornbread Bun Baked Beans Coleslaw Sugar Snap Peas Dinner Roll / Corn Muffin
F R I Aug 8th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy	Pasta Fagioli Soup / Chicken Tortilla Soup Crunchy & Soft Beef Tacos with all the toppings Fried Catfish / Lemon / Tartar / Cocktail Au Gratin Potatoes Bermuda Vegetable Blend Mustard Greens / Cornbread Hushpuppies / Corn Muffin	Pasta Fagioli Soup / Chicken Tortilla Soup Assorted Deli Meats / Cheeses Meat Balls 'n Tomato Meat Sauce over Spaghatt Pasta Whole Green Bean Almandine Creamy Country Corn Cheesy Rosemary Bread Garlic Bread / Corn Muffin
S A T Aug 9th	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy	Split Pea Soup / Chicken & Rice Soup Breaded Chicken Sandwich on a Potato Bun Sliced Roast Beef with Gravy Mashed Potatoes / Beef Gravy Sautéed Garlic Butter Mushrooms Speckled Butter Beans / Cornbread Parker House Roll / Corn Muffin	Split Pea Soup Chicken and Rice Soup Assorted Deli Meats / Cheeses Skillet Smoked Sausage and Skillet Red Potatoes Creamed Cauliflower Sautéed Brussel Sprouts Dinner Roll / Corn Muffin
S U N Aug 10th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order / Cheesy Diced Potatoes Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Blueberry Topping Biscuits / Country Gravy	Roast Beef Soup / Loaded Potato Soup Fried Shrimp Po-Boy Lemon / Tartar / Cocktail Garlic Stuffed Fresh Pork Roast Dirty Rice / Pork Gravy Sautéed Fresh Thick Cut Zucchini Baked Beets with Shallots Yeast Roll / Cornbread / Corn Muffin	Roast Beef Soup Loaded Potato Soup Assorted Deli Meats / Cheeses Beef Stroganoff Curly Egg Noodles Broccoli Florets Stewed Tomatoes Slider Roll / Corn Muffin

	DESSERTS - REGULAR LINE	DESSERTS - DIET LINE	GRILL OPTIONS (LUNCH ONLY)
Mon	Assorted Desserts	NSA Assorted Desserts	* Grilled Hamburger * Grilled Cheeseburger
Tue	Snickerdoodle Cookies	Assorted NSA Cookies	* Grilled All Beef Hot Dog * Breaded Cod Filet
Wed	Assorted Desserts	NSA Assorted Desserts	* Grilled Skinless, Boneless Chicken Breast
Thu	Caramel Apple Crumb Cake	Sponge Cake with Strawberries	* Grilled Cheese * Grilled Ham & Cheese
Fri	Assorted Desserts	NSA Assorted Desserts	* French Fries * Sweet Potato Fries * Chili
Sat	Wh. Chocolate Macadamia Nut Cookies	Assorted NSA Cookies	* Onion Rings (Wed Only) * Bacon * Cheese
Sun	Assorted Desserts	NSA Assorted Desserts	* Buns * Flour Tortillas * White & Wheat Bread
			* Condiment Stations Available