Take this form to Licensed Medical Provider MD/DO/PA/NP



MEDICAL EXAMINATION

If FAXING documents to AFRH, please make a black & white copy before sending the fax so that it will be legible when it is received. Please call and let us know to look for the documents to come through as well – thank you for all your help! We want to prevent any delays in processing applications!

Dear Applicant:

The Armed Forces Retirement Home requires the completion of a comprehensive Medical Examination and current Tuberculosis Screening for all applicants in order to determine eligibility for residence.

Please provide this form to a licensed medical provider [must be a Physician (M.D. or D.O.), Nurse Practitioner (NP) or Physician's Assistant (PA)] to complete. In order to be considered for residency, this form will need to be submitted along with the completed Application Form and Functional Assessment.

Please review the form before submitting and ensure all items have been completed and that your provider has initialed and signed in all of the appropriate fields. Incomplete forms will delay processing of the application.

Thank you AFRH

RETURN EVALUATION TO:

ARMED FORCES RETIREMENT HOME PUBLIC AFFAIRS OFFICE #584 3700 NORTH CAPITOL ST, NW Washington, DC 20011-8400 Fax Number: (202) 541-7519 Telephone: (800) 422-9988 opt. 1

SOND I EXCEPTION OF THE PROPERTY OF THE PROPER

ARMED FORCES RETIREMENT HOME

Medical Examination





Last Name First Name MI Birthdate

PRIVACY ACT STATEMENT

AUTHORITY: 10 U.S.C 136, Under Secretary of Personnel and Readiness; 24 U.S.C. 401, Armed Forces Retirement Home; DoD Directive 5124.09 Assistant Secretary of Defense for Personnel and Readiness Force Management; DoD Instruction 1000.28, Armed Forces Retirement Home (AFRH); and E.O. 9397 (SSN), as amended.

PURPOSE: To determine and verify eligibility for admission to the AFRH.

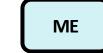
ROUTINE USE(S): In addition to those disclosures generally permitted under 5 U.S.C. 552a(b) of the Privacy Act of 1974, as amended, the records contained herein may specifically be disclosed outside the DoD as a routine use pursuant to 5 U.S.C. 552a(b)(3) as follows: To the Federal Reserve for processing the debt on the resident account; To authorized contractors or vendors for the purpose of providing medical services to the residents of the Armed Forces Retirement Home; To any Federal agency which provides medical services to residents of the Armed Forces Retirement home; To the Inspector General of the Department of Defense or his/her designee, for conducting inspections of AFRH records; To a Federal agency, or an organization or person contracting with the AFRH for information needed in the performance of official duties related to reconciling or reconstructing data files, compiling descriptive statistics, and/or making analytical or financial studies to support the function for which the records were collected and maintained; Law Enforcement Routine Use; Congressional Inquiries Disclosure Routine Use; Disclosure of Information to the National Archives and Records Administration Routine Use; Disclosure to the Merit Systems Protection Board Routine Use; and Data Breach Remediation Purposes Routine Use.

The applicable system of records notice is DPR 38 DoD, Armed Forces Retirement Home electronic Resident Information System (eRIS) and is available at: (ADD LINK WHEN PUBLISHED).

DISCLOSURE: Voluntary; however, failure to provide the required information may result in the delay or denial of admission.



Medical Examination Form Completed by a Licensed Medical Provider



Last Nan	ne		Firs	t Name			-	MI	Birthdate
Patient:								Age:	
Street:								DOB:	
City:				State:				Zip:	
Phone*:				Email:		_		-	
				E APPLICANT'S LI	ICENCE				
	Must be a Physician (M.D. or D.O.), Nurse Practitioner (NP), or Physician's Assistant (PA) ONLY								
This examination form	was complete	ed on Date		by Printed N	Name of	physicia	an/nurse perfo	orming exam an	nd credentials
Gender	Tobacco-Use / V		Select Current Liv	ing Situation					
M Male	S Smoke		Lives alone		=	Vidov	=	Divorced	Separated
F Female	Non-Sr	moker	Lives with →	Spouse		:hild/F	amily	Other:	
Medical History	Please indicate	te if the perso	n has ANY hist	ory of the follow	ing cor	nditio	ns	[DO NOT	LEAVE BLANKS]
Y N Condition (MA	ARK ALL Y/N)	YN	Condition (N	/IARK ALL Y/N)	Y	N	Condition	(MARK AL	LY/N)
Coronavirus (Co	OVID-19)		Medical Hospita	alizations (5yrs)			Vision Loss	/ Legally Blin	d/Glaucoma
☐ ☐ Anticoagulation	n Therapy		Psychiatric Hosp	oitalizations			Dementia,	/ Alzheimer's	Disease
Cardiovascular	Disease		Facility Treatme	nt for Addiction			Cognitive I	mpairment/	Disorientation
☐ ☐ Hypertension /	'Hypotension		Hospice Care (a	t home/in facility)			Alcohol Us	e Disorder / [Dependency
Stroke/TIA			Traumatic Brain	or Head Injuries			Any Illegal	Substance / [Drug Use
☐ ☐ Heart Attack / ſ	MI		Cirrhosis / Liver Failure			Medication Misuse / Dependency			
☐ ☐ Hemophilia / B	Hemophilia / Blood Disorders		Sleep Apnea / Sleep Disorders			Self-Harm (plans/attempts)			pts)
Congestive Hea	art Failure		Dialysis / Renal I	- ailure			Threatenin	ng or Violent (Behavior
☐ ☐ Edema/Swellii	ng		Allergies / Anap	hylaxis			Bipolar or I	Mood Disord	ers
COPD/Asthma	a / Emphysema		Seizures / Epilep	osy			Psychosis:		
☐ ☐ High Cholester	ol / Taking Statir	ns 🔲 🗎	Neurological Dis	sorders			Other mer	ntal health iss	ue:
Oxygen Therap	ру		Parkinson's Dise	ease			Anxiety or	Panic Disorde	ers <u>1=Mild>4=Severe*</u>
Colostomy / PE	G Tube		Immune Disord	ers			Memory L	oss*	. 1234
Diabetes Mellit	us		Rheumatoid Art	thritis			Chronic Pa	in *	. 1234
Amputation:			Gastrointestinal	Disorders			Depression	า*	1234
Cancer:			Balance Issues /	Falls (2yrs)			PTSD*		1 2 3 4
(Yes/No responses are requ	uired for every c o	condition above	e – ANY unmark	ed items in the histo	ry will re	esult in	the exam be	ing sent back	for corrections):
Describe all POSITIVE res	sponses above	and include	any history of c	ther conditions n	ot liste	d abo	ove:		
When was the patient's	s most recent	(approxima	te dates/timefi	rames are accept	able, i.e	e. Fall	2020)		
Flu Vaccine:		eumonia Vaccin		Dental Exam:				Vision Exam:	







Last Name First Name MI Birthdate

Medications and Allergies — Please indicate all allergies and current medications for the patient.						
List all allergies, including medications, foods, latex, et	C.:	Patient has no known allergie	es			
1.	4	4.				
2	5	5.				
3.	6	5.				
List all current medications – attach list as needed						
1	6	5.				
2	7	7.				
3.	8	3.				
4.	<u>(</u>).				
5.	1	10.				
Physician initial here: x	(I confirm that	the medications annotated ab	ove are acc	urate and current)		
Physical Exa	mination: (compl	eted by provider ONLY (MD, D	O, NP, or P	A)		
Date Vitals Were Taken Current Vital Sign	s: All vital signs must b	oe recorded on the date of t	the physic	al examination		
		mination will delay process health concerns – you may atto		e an explanation, description, or f patient clinical notes.		
Blood Pressure:	Temperature:		Height:			
Respiratory Rate:	Pulse:		Weight:			
ABN NOR Indicate whether or not the following syst	ems are normal - If abn	ormal, explain:				
Head, eyes, ears, nose, throat						
Cardiovascular:						
Lungs:						
Thyroid:						
Abdomen:						
Lymphatic:						
Neurological:	Neurological:					
Extremities:						
Skin:						
Neck:						



Medical Examination



Form Completed by a Licensed Medical Provider

AND EXCE	Last Name	First Nam	ie	MI Birthdate					
Tubercul	Tuberculosis Screening Test: Applicant is required to submit a Tuberculosis Screening Test for admission to AFRH								
TST test:	Negative Positive	X-Ray: Neg	gative Positive	IGRA: Negative Positive					
mm Induration	n:mm	If TST is pos.; Chest 2	X-ray results	If TST is pos.; Interferon Gold Test					
Date:		Date:		Date:					
If positive, list o	conversion date:	Findings:		Findings:					
Signature/Credentials: Date: Stamps and/or copies of test results are accepted but the provider MUST mark result & have handwritten signature, credentials, & date in this field.									
Covid-19	9 Screening and Vaccina	ation Informa	ition						
Has the patier patient receive vaccination ca	nt been tested for COVID-19, if so indica red a vaccine for COVID-19? If so; identify	ate the type of test giv the vaccine manufactu	ven (Molecular[PCR], Antigen [Aurer and what date/s the doses	AG], Antibody [AB]), results, and date. Has the were administered? Submit a copy of the CDC reason (allergies, EUA Emergency Use Authori-					
TEST	YES NO	VACCINE	YES NO	REFUSAL REASON N/A					
TYPE:	□PCR □AG □AB	MFGR:	PFZ MOD OTH						
RESULTS:	□NEG □POS □INC/INV	1 ST Dose Date:							
DATE:		2 ND Dose Date:							
YES NO	Indicate whether or not following I			[IF TRUE, PROVIDE AN EXPLANATION]					
	a. Does the patient have any chronic or a	acute health issues, dis	ease, physical limitations, or othe	er ongoing concerns?					
	b. Has the patient had any recent hos	spitalizations, if so w	rhy/when? (If available, pleas	se attach discharge notes/info)					
	c. Does the patient have any conditions	that would place them	at an increased risk of falling or	recently had any falls ? If so, how many times?					
	d. Has the patient recently had a significa	ant change in sleep pat	terns, appetite, weight, general	physical fitness?					
	e. Is the patient currently on hospice, if so	o please describe med	lical condition, mental/physical lii	mitations, etc.?					
	f. Ongoing therapy, treatments, or r	nedications for chro	onic pain management, inson	nnia, or mental health conditions.					
				am and progressing towards quitting their habit? IOT have any access to outdoor smoking areas.					



Medical Examination





Last Name First Name MI Birthdate

	INSTRUMENTAL ACT	IVITIES O	F DAILY LIVING	
·	•			person (patient may use a device
such as a wheelchair, PMD, grab				
INDEPENDENT or needs	ASSISTANCE W/ ADL'S	I A	INDEPENDENT or need	s Assistance w/ ADL's
Independent Mobility /	Ambulation		Self-Directed Medicat	ion Management
Transferring Positions to	o/from bed, bath, chair, car, etc.		Self-Directed Feeding	/Nutrition Management
Self-Managed Bathing /	Showering		Independent Emerger	ncy Response / Safety Procedures
Self-Managed Toileting	/ Continence		Appointment Keeping	;/Time Management Skills
Personal Grooming / Dr	essing/Undressing		Self-Managed Light Ho	ousekeeping and Laundry
Manages Community N	lavigation / Transportation		Independent Financia	Management, Shopping, etc.
Describe any type of assistance/a	accommodation needed (inclu	ding devic	es, aid from staff, etc.)	:
Does the patient have a medically neo	ressary service dog for a disability?	The nation	t will be issued a copy of	AFRH Service Animal policy
Yes No If so, Physician ini		The patient	t will be issued a copy of 7	THE TOTAL VICE A WILLIAM POLICY.
				· (' · · · · · · · · · · · · · · · · · ·
Does the patient have any suppo	ort requirements or any limitat	ions which	may eπect their level	or independence?
Y N LIMITATION/SUPPORT	Y N LIMITATION/SUPPORT	Y	N LIMITATION/SUPPORT	Y N LIMITATION/SUPPORT
☐ Moderate / High Fall-Risk	Legally) Blind/low vision	on 🔲 [Deaf / low hearing	☐ ☐ Wheelchair / PMD
Altered gait / Instability	Wears corrective lense	es 🔲 I	Wears hearing aid	Rollator, Walker, Cane
Limited hand-use/poor grip	Bladder incontinence		Bowel incontinence	Braille or Sign Language
Non-ambulatory	Urinary catheters		Colostomy	Dentures / Oral Health
Full / partial paralysis	PEG tube/CVAD port		Amputation	Speech unclear/nonverbal
Vertigo / seizures / fainting	CPAP/sleep apnea		Oxygen therapy	ESL / Limited English Skills
Describe any type of assistance/a	accommodation needed (inclu	ding devic	es, aid from staff, etc.)	:
Individuals requiring language/communications still be considered for an independent liv				devices, or other medical equipment may
sun be considered for an independent iiv				ne maiviauarjor use/sujety.
	COGNITIVE AND BEHA	VIORAL	HEALTH STATUS	
Does the patient exhibit any of the	f <mark>ollowing mental health concern</mark>	s? Must m	ark all conditions as TRUI	E or FALSE
T F CONDITION	T F CONDITION		CONDITION	T F CONDITION
Memory Loss / Dementia	Mood / Emotional Instal	oility [Post Traumatic Stress	Suicide Risk / Ideation
Confusion / Disorientation	Dysthymia / Anhedonia		Irrational Thoughts	Addictive Behaviors
☐ ☐ Wandering / Gets Lost	Anxiety / Panic Disorders	s D	Threatening Behavior	Self-Harm/Risky Behavior
		l .		1



Last Name

ARMED FORCES RETIREMENT HOME

Medical Examination



First Name



Birthdate

True	False	A. COGNITIVE FUNCTIONS: Indicate if any of the following are TRUE or FALSE and explain responses.
		 Demonstrates signs of cognitive decline such as requiring cues/support to perform daily tasks like basic shopping, managing medications, healthcare decisions, nutrition, or ability to navigate independently – gets lost, wanders
		None 1 Slight Change 2 Mild Issue 3 Moderate Concern 4 Significant Problem 5 Severe
		2. Demonstrates decline in the ability to remember accurately, make reasonable decisions, or communicate thoughts clearly; and/or shows poor judgement/risk assessment, poor listening/reading comprehension, or has difficulty in expressing ideas – forgetting terms, losing train of thought, repetition of statements
		None 1 Slight Change 2 Mild Issue 3 Moderate Concern 4 Significant Problem 5 Severe
		3. Demonstrates signs of confusion or lack of orientation (person, place, date/time, or situation); if so, describe
		4. If any decline in cognition is noted in #1, #2, or #3 above, have you completed a cognitive assessment (i.e.: MoCA, MMSE)?
		Assessment: Score: Date: (attach copy if available)
		B. SUBSTANCE USAGE: Indicate whether these statements are true or false (within the past 12 months)
True	False	Any incidents/behaviors taking place over 12 months ago that have not been resolved or pose any risk should also be disclosed. 5. Does the patient drink any alcohol? How many servings of alcohol does the patient drink on an average week?
		# beer (12°\tau/can) # wine (5°\tau glass) # cocktails/hard-liquor (1.5°\tau/shot)
		α Do any of the following statements apply to his/her consumption habits? Describe any true response.
		a. Normally drinks alcohol on a daily basis (25+ servings/month).
H	H	b. Occasionally has 4 or more drinks in one sitting.
		 c. Occasionally uses recreational or illegal drugs. 7. Do any of the following statements apply to the patient's use of drugs, alcohol, substances, or other behaviors? If any are true
		please indicate the substance/behavior and mark any specific items (underline/circle) that apply to their behavior.
		a. Hazardous use — driving intoxicated, falls/injuries, black-outs/overdosing, reckless/illegal activities, risky/erratic behaviors, violence
	Ħ	b. Use aggravates or causes physical/mental health problems — cirrhosis, COPD, hypertension, cognitive loss, depression, anxiety
	Ħ	c. Neglects major social/work roles, has developed cravings, or expends a lot of effort/time planning, obtaining, using, recovering
		d. Has social/interpersonal conflicts due to the behavior/use or has withdrawn from activities that exclude the behavior or substance
		e. Has failed at attempts to control behavior, has been increasing quantity/time using, has developed tolerance/withdrawal symptoms
		Substances/behaviors: Specific issues:
		8. Has the patient continued to use ANY alcohol, drugs, or tobacco against medical/professional advice or even when the patient
		is aware of adverse drug interactions, specific use-related illnesses, medical complications, cognitive issues, falls/injuries, psychological/social problems, or any other detrimental consequences of such use (<i>i.e.: Continues Smoking with COPD</i>).
		9. Has the patient EVER been counseled, sought help, or been diagnosed with AUD, SUD, or other addictive behaviors?
		If true, has the condition been active within the past 12 months? Select one of the following statements & describe:
		A Early Remission or Currently Active R In Remission longer than 12 months No history of addictive behaviors
True	False	C. PSYCHIATRIC CONDITIONS: Indicate whether these statements are true or false (occurring within the past 12-24
		months) Any incidents/behaviors taking place over 2 years ago that have not been resolved or pose any risk should be disclosed. 10. Reports decreased participation in usual activities, loss of interest, feeling bored or listless, lacking enjoyment or motivation; or has had a significant change in the level of self-isolation, sleep disturbances, personal grooming/hygiene, or disorganization.
		N None 1 Slight Change 2 Mild Issue 3 Moderate Concern 4 Significant Problem 5 Severe
		Thomas Severe (a) Indicate Control (b) Severe







			Last Name		Hrst Name		MI	Birthdate	
			•	reelings of anxiety, sadness, gri nows signs of distress – <i>crying,</i>		•	=	•	essness, or
			None 1 F	Rare/Occasional 2 Mild	Issue (3 Moderate Concern	4 Sign	nificant Problem	5 Severe
				of behaviors that are antagor volatile, or otherwise intimidat					
			None 1 F	Rare/Occasional 2 Mild	Issue (3 Moderate Concern	4 Sign	nificant Problem	5 Severe
			•	gns of anxiety or posttraumati haviors; avoids certain social ir	•	•			
				Rare/Occasional 2 Mild		Moderate Concern			
	$\overline{}$			rium, stupor, idiosyncratic/fals					0
Ш	Ш			Rare/Occasional 2 Mild					
						Moderate Concern			
True	False			AFETY ASSESSMENT: Indicate will king place over 5 years ago that prese					ears)
				luation, treatment, or suppor					gical stability.
				dvised to seek in-patient or ou					<u> </u>
		Has i	intimidated, threa	atened, or attempted to harm	n others an	d/or may represent a saf	ety risk to tl	he community.	
		Has	attempted or pla	nned self-harm and may repr	esent a dar	nger to themselves or po	se a potent	ial risk of suicide.	
	Requires intervention from staff members on a regular basis to perform basic activities of daily living.								
	Requires full-time skilled nursing, hospice care, rehabilitative treatment, or long-term care for current healthcare support.								
Υ	Y N Patient is mentally and physically capable of LIVING INDEPENDENTLY in a community environment with ELDERLY residents.								
Level	Level of Care: Provider select the recommended level of care for this individual - write INITIALS inside the box:								
		Indepe	endent Living	Individual is physically and n	•		apable of s	afely managing act	ivities of
				daily living without supporti					ant france
		Home	Health Care	Individual is able to manage caregivers, monitoring, supe	•	• • •			Ort Irom
	1	Assiste	nd Caro	Includes some assistance					protection
		7331310		from hazards, and/or other					
		Skilled	Care	Includes professional nurs which is unstable, or a reh	_		•		ndition,
* Stam	ps are			MUST sign with handwritten sig	ınature, licen		-		
			•	mp is acceptable)		Signature, Da	ate and Lice	ense Number Requ	uired
P		n's Name edentials*	-			V			
		t Address				X Signature*			
	(City, ST Zi _l	p			5.6. 1855. 5			
P	Phone I	Number*	k						
		Number*	-			Date*		Licen	se Number*
*Crede	*Credentials, phone number and fax number are required to confirm								



ARMED FORCES RETIREMENT HOME Medical Record Release Form



First Name

MI

Birthdate



MEDICAL RECORD RELEASE FORM

PRIVACY ACT STATEMENT

AUTHORITY: 10 U.S.C 136, Under Secretary of Personnel and Readiness; 24 U.S.C. 401, Armed Forces Retirement Home; DoD Directive 5124.09 Assistant Secretary of Defense for Personnel and Readiness Force Management; DoD Instruction 1000.28, Armed Forces Retirement Home (AFRH); and E.O. 9397 (SSN), as amended.

PURPOSE: To determine and verify eligibility for admission to the AFRH.

ROUTINE USE(S): In addition to those disclosures generally permitted under 5 U.S.C. 552a(b) of the Privacy Act of 1974, as amended, the records contained herein may specifically be disclosed outside the DoD as a routine use pursuant to 5 U.S.C. 552a(b)(3) as follows: To the Federal Reserve for processing the debt on the resident account; To authorized contractors or vendors for the purpose of providing medical services to the residents of the Armed Forces Retirement Home; To any Federal agency which provides medical services to residents of the Armed Forces Retirement home; To the Inspector General of the Department of Defense or his/her designee, for conducting inspections of AFRH records; To a Federal agency, or an organization or person contracting with the AFRH for information needed in the performance of official duties related to reconciling or reconstructing data files, compiling descriptive statistics, and/or making analytical or financial studies to support the function for which the records were collected and maintained; Law Enforcement Routine Use; Congressional Inquiries Disclosure Routine Use; Disclosure of Information to the National Archives and Records Administration Routine Use; Disclosure to the Merit Systems Protection Board Routine Use; and Data Breach Remediation Purposes Routine Use.

The applicable system of records notice is DPR 38 DoD, Armed Forces Retirement Home electronic Resident Information System (eRIS) and is available at: (ADD LINK WHEN PUBLISHED).

DISCLOSURE: Voluntary; however, failure to provide the required information may result in the delay or denial of admission.



ARMED FORCES RETIREMENT HOME Medical Record Release Form

	PMRF	
l		

DAIL	EXCEPTION			
VD	EXCE.			
1872	Lite			

First Name MI Birthdate

Patient's	Name:		Birthdate:
Street:		Apt.:	
City:		State:	Zip:
Phone:		Cell:	
Email:			(if available)
rovider Primar	are providers: Applicants must include is who complete evaluations for the a group of the allowing of the allo	plicant.	TAX numbers for an
	r's Name :		dentials*
Street:		Clinic:	
City:		State:	Zip:
Phone*:		Fax*:	
Email:		(If provided, email is only to be used for contact	ct not submission of patient information)
Ar 37	ny permission to disclose information in the procest Retirement Home 700 North Capitol Street, NW 1284 ashington, DC 20011	o: Attn: Admissions Board Public Affairs Office #584 Tel: 202-541-7922 Fax:	
pecific i	information to be disclosed:		
M	edical Records covering the last 12 month	s Patient history and o	office notes
In:	surance records	Billing records	
	ecords of drug, alcohol, & substance use d	sorders Mental Health recor	ds
Re			

Authority: 10 U.S.C 136; 24 U.S.C. 401 (full version is provided on the cover page of the application) to determine and verify eligibility for admission to the Armed Forces Retirement Home. I understand that I may revoke this authorization at any time by giving written notice to AFRH at the aforementioned address. I also understand the revocation of this authorization will not affect any action taken by AFRH in reliance on this authorization prior to receipt of a written revocation.

I fully acknowledge that failure to provide any required information may result in the delay or denial of admission to the Armed Forces Retirement Home.

Patient's Signature*	Date*

^{*} Signature of this release is REQUIRED for processing of any medical forms submitted with the application for residency.