



MAY 2023 – AFRH-G Recreational Activities



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
ROOM LOCATIONS ART – Arts Studio (RM 1236) BC – Bocce Center (RM 1025) CC – Comm. Center (RM 1109) CLC – Computer Learning Cntr EX – Exercise (RM 1211) L - Lobby CLB- Club Room TH – Theatre (RM A-244)			1	<i>Nursing Skills Fair</i>	2	<i>Nursing Skills Fair</i>	3		4		<i>Cinco de Mayo</i>	5		6
		0900 Exercise Class (Ex) 1400-1600 AFRH Pool Opening Party (w/ Live Music) 1800 Movie (Ch. 4)		0900 Exercise Video (SrTV4) 1000 A.M.P Session (TH) 1300 Abstracts Activity (ART) 1330 Pinochle Tournament 1400 Spare Time Bowling 1800 Movie (TH)		0800 Painting Demonstration(ART) 0900 Exercise Class (Ex) 1330 Woodshop Safety 1400 Popcorn Matinee (TH) 1800 Movie (TH) 1830 Bingo (CC)		0900 Exercise Video (SrTV4) 1300 Art Q & A (ART) 1330 Bridge Tournament 1800 Movie (TH)		0900 Exercise Class (Ex) 1130-1300 Cinco de Mayo Fiesta Lunch 1400 Afternoon Bingo 1800 Religious Play “Scribe”(TH)		0900 Exercise Video (SrTV4) 0915 Royal Pet Visit (Lobby) 1800 Movie (TH)		
	7		8		9		10		11		Military Spouse Appreciation Day	12		13
0900 Catholic Mass (Chapel) 1030 Protestant Service (Chapel) 1800 Movie (Theater) Water Aerobics M,W,F @ 1000		0900 Exercise Class (Ex) 0930 Dice Count Tourney (CC) 1000 Water Aerobics (Pool) 1030 AFRH-G Quarterly Memorial Service (Theater) 1800 Movie (Ch. 4)		0900 Exercise Video (SrTV4) 1000 Genealogy Session (CLC) 1000 A.M.P Session (TH) 1300 Art Activity (ART) 1330 Bowling Tournament 1400 “Wrong Number” Play Reading Performance (CC)		0800 Painting Demonstration(ART) 0900 Exercise Class (Ex) 1000 Water Aerobics (Pool) 1330 Woodshop Safety 1400 Popcorn Matinee (TH) 1800 Movie (TH) 1830 Bingo (CC)		0900 Exercise Video (SrTV4) 1000 MS Aviation Museum 0930 “War” Tournament (CC) 1330 Gulf Coast Coin Show 1300 Art Q & A (ART) 1400 Fleet Reserve Meeting (TH) 1800 Movie (TH)		0800-1100 Blind Rehab Visit 0830 Wal-Mart BusTrip 0900 Exercise Class (Ex) 1000 Water Aerobics (Pool) 1130 Hard Rock Casino Biloxi Bus Trip 1400 Afternoon Bingo		0900 Exercise Video (SrTV4) 1800 Movie (TH) 1830 “Beethoven & Blue Jeans” Symphony Concert @ IMPAC		
Mother’s Day	14		15		16		17		18		19		Armed Forces Day	20
0915 Catholic Mass 1030 Protestant Service 1130-1300 Mother’s Day Lunch		0900 Exercise Class (Ex) 1000 Water Aerobics (Pool) 1330 Hearts Tournament 1800 Indoor Movie Event (CC) “Avatar 2- The Way of Water”		0900 Exercise Video (SrTV4) 1000 A.M.P Session (TH) 1000 MWR Meeting (VOL) 1115 Birthday Photos 1130 Monthly Birthday Lunch 1300 Rock Painting Activity (ART) 1330 Spades Tournament		0800 Painting Demonstration(ART) 0900 Exercise Class (Ex) 1000 Water Aerobics (Pool) 1000 AFRH-G Town Hall (CC) 1330 Woodshop Safety 1400 Popcorn Matinee (TH) 1830 Bingo (CC)		0900 Exercise Video (SrTV4) 1300 Genealogy Session (CLC) 1300 Art Q & A (ART) 1300 Cooper Pet Visit (Lobby) 1330 Cribbage Tournament 1800 Movie (TH)		0800 Dolphin Cruise @ Orange Beach, AL & Lunch Trip 0900 Exercise Class (Ex) 1000 Water Aerobics (Pool) 1400 Afternoon Bingo 1800 Movie (TH)		0900 Exercise Video (SrTV4) 0915 Royal Pet Visit (Lobby) 1800 Movie (TH) Blue Star Museum season begins for Veterans & Retirees		
	21		22		23		24		25		26		27	
0900 Catholic Mass (Chapel) 1030 Protestant Service (Chapel) 1400 Diocese of Biloxi Choral Society Concert 1800 Movie (Theater)		0900 Exercise Class (Ex) 0930 Horseshoe Tournament 1000 Water Aerobics (Pool) 1400-1500 Apple Pie & Ice Cream Social 1800 Movie (Ch. 4)		0900 Exercise Video (SrTV4) 0930 RAC Meeting (CC) 0930 Outdoor Shuffleboard Tourn. 1000 A.M.P Session (TH) 1300 Art Activity (ART) 1400 Spare Time Bowling 1800 Movie (TH)		0800 Painting Demonstration(ART) 0900 Exercise Class (Ex) 0930-1230 “Carry The Load” Visit (Front Circle & Lobby) 1000 Water Aerobics (Pool) 1400 Popcorn Matinee (TH) 1830 Bingo (CC)		0900 Exercise Video (SrTV4) 0930 Outdoor Golf Putt Tournament 1030 Walter Anderson Art Museum & Bacchus on the Bayou Lunch Trip 1300 Art Q & A (ART) 1330 New Resident Orientation(TH)		0900 Exercise Class (Ex) 0900 Memorial Day Ceremony (Pool Deck) 1400 Afternoon Bingo 1800 Movie (TH)		1800 Sounds by the Sea Symphony Concert & Fireworks Trip -At Jones Park 1800 Movie (TH)		
	28	Memorial Day Holiday	29		30		31	JUNE 1		JUNE 2		 HURRICANE SEASON Begins June 1st		
0900 Catholic Mass (Chapel) 1030 Protestant Service (Chapel) 1800 Movie (Theater)		0900 Exercise Video (SrTV4) 1000 Water Aerobics (Pool) 1130-1300 Memorial Day “Cook-In” (Dining) 1800 Movie (Ch. 4)		0900 Exercise Video (SrTV4) 0900 KAFB Exchange & Promenade Shopping Trip 1000 A.M.P Session (TH) 1300 “Alcohol Inks” Activity (ART) 1400 Spare Time Bowling 1800 Movie (TH)		0800 Painting Demonstration(ART) 0900 Exercise Class (Ex) 1000 Water Aerobics (Pool) 1330 Woodshop Safety 1400 Popcorn Matinee (TH) 1800 Movie (TH) 1830 Bingo (CC)		0900 Exercise Video (SrTV4) 0930 Horseshoe Tournament 1300 Art Q & A (ART) 1330 Darts Tournament 1800 Movie (TH)		0900 Exercise Class (Ex) 0930 Pong Pool Tournament 1000 Water Aerobics (Pool) 1400 Afternoon Bingo 1800 Movie (TH)				