










| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   |
|--|--|---|---|---|---|--|
| <p>Carol Mitchell, ADC<br/>Recreation Therapist<br/>202-541-7724</p>        | <p><b>JANUARY FACT</b><br/>For the majority of people, January symbolizes new beginnings and a fresh start...<br/>For others, it is just another ordinary month!</p> | <p>**January Birthdays</p>   | <p>*Tabletop games, Large Print Books &amp; Puzzles, Craft Kits, Movies, Music CD's, etc. are all available 24/7 in the Scott 2 Leisure Lobby and the Scott 3 Television area</p> | <p><b>JANUARY FACT</b><br/>'January' comes from the Roman god Janus, who is always depicted with two heads. He uses one head to look back on the year before, and the other head to look forward into the New Year!</p> |    | <p><b>NEW YEAR'S DAY</b></p>                |
| <p>2<br/>8am, 12pm, Catholic Mass Ch.20<br/>8am, 12pm, Christian Worship Ch.98<br/><br/>9am Protestant service - MR<br/>9am Catholic Mass - Rose Chapel</p>  | <p>3<br/>9:30am Fun &amp; Fitness-SC3<br/>1pm Movie &amp; Popcorn-SC3</p>  | <p>4<br/>9am Tuesday Trivia-SC2<br/>9:30am Famous Photos-SC2<br/>10:30am IDT Mtg.<br/>1:30pm Word Search cart-SC3<br/>3:30pm Bible Study - MR</p>     | <p>5<br/>10am Cart Crafts-SC3<br/>11am Technology Interactions<br/>1pm SD Jingo-SC2</p>   | <p>6<br/>9am Music Moments-SC3<br/>9:30am News &amp; Views-SC3</p>  | <p>7<br/>9:15 Roving Activity Cart<br/>10:30am Catholic Mass-MR<br/>1pm Roving Happy Hour</p>   | <p>8<br/>2pm Ice Cream Social-CCL</p>  |
| <p>9<br/>8am, 12pm, Catholic Mass Ch.20<br/>8am, 12pm, Christian Worship Ch.98<br/><br/>9am Protestant service - MR<br/>9am Catholic Mass - Rose Chapel</p>  | <p>10<br/>9:30am Fun &amp; Fitness-SC2<br/>1pm Movie &amp; Popcorn-SC2</p>   | <p>11<br/>10am Technology Interaction<br/>10:30am IDT Mtg<br/>3:30pm Bible Study - MR<br/><br/>4pm Monthly Birthday Dinner</p>                        | <p>12<br/>9:15 Roving Activity Cart<br/>1pm Chess Challenge-SC2</p>   | <p>13<br/>9am Roving Activity Cart<br/>1pm RT Social Distance Bingo-SC2</p>   | <p>14<br/>9:15am National Soup Month "Homemade Soup Cooking"-SC2<br/>10:30am Catholic Mass-MR<br/>1pm Homemade Soup Tasting-SC2&amp;3</p> | <p>15<br/><b>JANUARY FACT</b><br/>Originally, the Roman calendar had only 10 months, and it excluded January and February.</p> |
| <p>16<br/>8am, 12pm, Catholic Mass Ch.20<br/>8am, 12pm, Christian Worship Ch.98<br/><br/>9am Protestant service - MR<br/>9am Catholic Mass - Rose Chapel</p> | <p>17<br/>Martin Luther King Jr. Day<br/>10am MLK Video-SC2</p>                   | <p>18<br/>9am Tuesday Trivia-SC3<br/>9:30am Music Sing-a-long-SC3<br/>10:30am IDT Mtg<br/>1:30pm Word Search cart-SC2<br/>3:30pm Bible Study - MR</p> | <p>19<br/>10am Cart Crafts-SC2<br/>1pm National Popcorn Day Tasting-SC2</p>   | <p>20<br/>9am -Roving Activity Cart<br/>11:30am Wine &amp; Dine Lunch Cart-SC2&amp;3</p>  | <p>21<br/>9:15am Puzzle Zone-SC2<br/>10:30am Catholic Mass-MR<br/>1pm Arts &amp; Crafts-SC3</p>   | <p>22<br/></p>                            |
| <p>23<br/>8am, 12pm, Catholic Mass Ch.20<br/>8am, 12pm, Christian Worship Ch.98<br/><br/>9am Protestant service - MR<br/>9am Catholic Mass - Rose Chapel</p> | <p>24<br/>11am Auction Winner Distribution-CCL<br/>1pm Movie &amp; Popcorn-SC3</p>   | <p>25<br/>9am Tuesday Trivia-SC2<br/>9:30am Famous Photos-SC2<br/>10am Technology Interaction<br/>10:30am IDT Mtg.<br/>3:30pm Bible Study - MR</p>    | <p>26<br/>10am Roving National Activity Professionals Info. Cart-SC2&amp;3<br/>2:30pm National Activity Professionals Day Booth-CCL</p>   | <p>27<br/><b>12pm Jean Ringuette B-day!</b><br/>1pm RT Social Distance Bingo-SC2</p>   | <p>28<br/>9:15 Roving Activity Cart<br/>10:30am Catholic Mass-MR<br/>1pm Friday Fun Day Drink Special</p>                                 | <p>29<br/><b>JANUARY FACT</b><br/>January 3, 1959, Alaska officially became the 49<sup>th</sup> state of the United States</p> |
| <p>30<br/>8am, 12pm, Catholic Mass Ch.20<br/>8am, 12pm, Christian Worship Ch.98<br/><br/>9am Protestant service - MR<br/>9am Catholic Mass - Rose Chapel</p> | <p>31<br/>10am Inspire Your Heart with Art Stroll Thru-CCL<br/>1pm Movie &amp; Popcorn-SC2</p>   |   | <p><b>JANUARY FACT</b><br/>January birthstone is garnet!</p>                                 | <p>*1:1 Visits Daily</p>  | <p>Annemarie Wilson, MS, CTRS<br/>Recreation Therapy Supervisor<br/>202-541-7626</p>  |  |