



Recreation Activities for January 2022

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
30		31										1	
9:00 Protestant Service - MR 9:00 Catholic Mass – Rose Chapel 10:15 Protestant Service - Stanley Chapel 6:00 <i>Don't Breath 2</i> Movie-TH		10:00 Rummikubs-CT 11:00 Qi Gong-TH 11:30 Popcorn 1:30 <i>The Purple Heart</i> Movie-TH		CONTACTS Steven Briefs, CTRS, Recreation Specialist Supervisor (202) 541-7733 Marla McGuinness Rec. Specialist (202) 541- 7639		LEGEND AC- Artist Colony BC- Bowling Center BF- Ball Field CC- Community Center CCL- Community Center Lobby CL- Computer Lab		CR- Club Room CT – Canteen DH- Dining Hall DI- Defenders' Inn GR-Game Room HOH- Hall of Honor L - Library		LR- Living Room MR- Meditation Room PR – Promenade RT– Recreation Therapy SHBY – Sheridan Back Yard SR – Sewing Room TH- Theater		1:00 Bingo - CC 6:00 <i>Gray Lady Down</i> Movie TH 	
2		3		National Trivia day 4		5		6		7		8	
9:00 Protestant Service – MR 9:00 Catholic Mass – Rose Chapel 10:15 Protestant Service - Stanley Chapel 6:00 <i>55 Days at Peking</i> Movie-TH		10:00 Corn Hole-CC 11:00 Qi Gong-TH 11:30 Popcorn-CCL 1:30 <i>Yanks</i> Movie-TH		11:30 Tuesday Trivia-CCL 1:00 Team Trivia-CC TRAVEL 1:30 <i>Berlin Aircraft</i> Documentary-TH		9:30 Trip Meeting – TH 11:00 Qi Gong-TH 1:00 Bingo-CC		09:00 Black History Month Planning Meeting -TH 1:30 Movie Selection Meeting-GR 6:00 <i>Submerged</i> Movie-TH		11:00 Qi Gong-TH 2:00 Paint N Sip-AC 6:00 <i>Lone Survivor</i> Movie TH		1:00 Bingo - CC 2:00 Ice Cream-CCL 4:00 Rib Night Social - DI 6:00 <i>Battle Ground</i> Movie-TH	
9		10		11		12		13		14		15	
9:00 Protestant Ser. - MR 9:00 Catholic Mass – Rose Chapel 10:15 Protestant Service - Stanley Chapel 6:00 <i>Overboard</i> Movie - TH		11:00 Qi Gong-TH 11:30 Popcorn 1:30 <i>Flight of the Intruder</i> Movie-TH		10:00 New Resident Orientation-CC 11:30 Tuesday Trivia-CCL 1:30 <i>Air Force Association</i> Documentary-TH 2:00 Staff & Residents Bowling-BC		11:00 Qi Gong-TH 1:00 Bingo-CC 1:30 Glenna's Book Club-TH		09:00 Black History Month Planning Meeting - TH 1:00 RT Bingo-CC 6:00 <i>The Sand Pebbles</i> Movie-TH		10:00 Mindfulness Meditation-CC 11:00 Qi Gong-TH 1:00 Billiards & Beer-4th floor 6:00 <i>Unbroken</i> Movie-TH		1:00 Bingo - CC 4:00 Pizza Night Social - DI 6:00 <i>PT 109</i> Movie-TH	
16		Martin Luther King Birthday 17		18		19		20		21		22	
9:00 Protestant Service – MR 9:00 Catholic Mass – Rose Chapel 10:15 Protestant Service - Stanley Chapel 6:00 <i>Thunderball</i> Movie - TH				11:30 Popcorn-CCL 1:30 <i>The Making of a Holiday</i> Documentary-TH 4:30 Birthday Dinner – DH		9:00 RAC Meeting-CC 11:00 Qi Gong-TH 1:00 Bingo-CC 1:30 Glenna's Book Club-TH		09:00 Black History Month Planning Meeting - TH 1:00 Poetry Group- 1103 SH 6:00 <i>From Paris with Love</i> Movie TH		10:00 American Legion Meeting- RM 1103 11:00 Qi Gong-TH 1:00 RT Silent Auction-CC 6:00 <i>The Guns of Naverone</i> Movie-TH		1:00 Bingo - CC 4:00 Chicken Wing Night Social - DI 6:00 <i>Drums Along the Mohawk</i> Movie-TH	
23		National Peanut Butter Day 24		25		26		27		28		29	
9:00 Protestant Service – MR 9:00 Catholic Mass – Rose Chapel 10:15 Protestant Service - Stanley Chapel 6:00 <i>I married a Witch</i> Movie – TH		10:00 Love to Cook-CC 11:00 Qi Gong-TH 11:30 Popcorn 1:30 <i>The Hunters</i> Movie TH 4:00 Chat with the Chief - TH		11:30 Tuesday Trivia-CCL 1:30 <i>Air Force Association</i> Documentary-TH 2:00 Sing A Long-CC		11:00 Qi Gong-TH 1:00 Bingo-CC 1:30 Glenna's Book Club-TH 4:00 Ladies Group-CC		9:00 Town Hall 1:00 RT Bingo-CC 6:00 <i>Suddenly</i> Movie-TH		11:00 Qi Gong-TH 6:00 Mini Musicals on the Move Presents Oklahoma - CC 6:00 <i>Back to Bataan</i> Movie-TH		1:00 Bingo - CC 4:00 Rib Night Social - DI 6:00 <i>The War Lover</i> Movie-TH	

CONTINUAL CAMPUS/INTERACTIVE RECREATION ACTIVITIES

SUNDAY	6:00 p.m.	Movie	SC Theater
MONDAY	11:00 a.m. 1:00 p.m.	Tai Chi & Qigong Cardio Lite Chair Exercise Class	SC Theatre SC 2 nd Floor LTC
TUESDAY	1:00 p.m. 6:00 p.m.	Bowling Shootout 8/9 Ball Pool Tournament	Bowling Center SH 4 th Floor Dayroom
WEDNESDAY	11:00 a.m. 1:00 p.m.	Tai Chi & Qigong Bingo	SC Theatre SC Community Center
THURSDAY	10:00 a.m. 5:45 p.m. 6:00 p.m.	Table Tennis Hand & Foot (Canasta) Movie	SH 5 th Floor SC Game Room SC Theater
FRIDAY	11:00 a.m. 6:00 p.m.	Tai Chi & Qigong Movie	SC Theatre SC Theater
SATURDAY	1:00 p.m. 6:00 p.m.	Bingo Movie	SC Community Center SC Theater

SC = Scott Building
SH = Sheridan Building

The Computer Game Room is located on the Sheridan ground floor & the Fitness Room is located on the Sheridan 7th floor.

The 24-hour Sheridan Computer/ Game Room is located next to the Sheridan Bowling Center.

There is also a 24-hour Computer Room in the Scott Building, room 1090, near the library.

Puzzles are located in Scott Building Room 1091. Key access needed, which you may pick up at security anytime.