Due to Covid 19 restrictions, many recreational activities have been altered to keep residents safe according to CDC best practices. Under guidance of management, we are slowly returning some activities to the schedule, adhering to precautions. Please see flyers and channel 2 Senior TV for updates.

July 14th 1:30 Periodical Selection Meeting - Game Room
July 16th 1:30 Movie Selection - Game Room
July 17th 1:30 Name That Tune - Theater
July 31st 1:00 Billiards & Beer 7th Floor Pool Room

Saturday, July 4th Celebration
Lunchtime Cookout in the dining hall

Catholic Services
Catholic Station (ETWN-CH 98) Mass & Rosary everyday
(WDCW CH 50)-10:30 am Catholic Mass
Rose Chapel always open for private prayer

Protestant Services
CH. 4 VIDEO TAPED Every Sunday 9:00 am & 10:15 am
VIDEO TAPED Tuesday Bible Study 3:30 pm
With Pastor Goodloe

POPCORN MONDAY
Pick up a box of freshly popped popcorn along with a movie @ 1:30 pm

Lunch Line TRIVIA TUESDAY
11:00 am Lunch Line Trivia - Can you answer the questions?

Tia Chi Video
M-W-F 11:00 am Theater

THIRSTY THURSDAY
Enjoy an ice cold beer to go with your lunch!

SOCIAL DISTANCING FRIDAY BINGO
Six chances to win a bingo prizes. Pick up a Bingo card @ lunch

Outdoor Activities
Wednesday 9:00 am Meet at the Bocce Court

THERAPEUTIC POOL OPEN 8-4 pm Mon-Sat No more than 2 people at a time. Exit if Pool Tech comes in.
GYMS—Scott GI GYM is Open 24 hours (Please wipe equipment down before and after use)
Sheridan 7th Floor Gym open 7am-9 pm (Please wipe equipment down before and after use)
COMPUTER ROOM OPEN 24 hours NEXT TO THE HALL OF HONORS ONLY-All other computer labs are closed
BOOK/DVD DELIVERY AVAILABLE FROM THE LIBRARY During regular hours Call Library (202) 541-7630

July Events
July Birthday Dinner on the 21st
July 20th-24th 1:30 Tribute to John Wayne Theater