# ARMED FORCES RETIREMENT HOME –WASHINGTON

# **WEEKLY BULLETIN**

Monday, April 21 – Sunday, April 27, 2025

### **CURRENT CENSUS**

USA	USN	USMC	USAF	USCG	RC	Spouse	Total		
63	50	11	59	3	7	15	208		
Average Age: 82									

# ADMINISTRATION UPDATES AND NEWS

**UPDATE:** We made it through the most difficult traffic configuration of the Eagle Gate concrete repair project this past week! We are on to Phase 2 of this project. The outbound lane is now open and we will have the inbound lane closest to the Guard House closed this week. To help you navigate the current traffic flow, we have placed directional signage, cones, and barriers as friendly visual cues. Also, our Security Team will be on-site to guide and assist you along the way. Please keep in mind that weather conditions could shift the timeline, so your patience and flexibility are greatly appreciated as we continue to improve this key campus entryway. The last Phase of this project is scheduled to begin Tuesday April 22.

#### HEALTHCARE SERVICES

Test	Residents	Staff	Contractors
COVID	0	0	0
RSV	0	0	0
Influenza	0	0	0

- Residents who use mobility aids and are in need of new labels that include their name and room number, please visit the Rehabilitation Department, located on the ground floor of the Scott building. Mobility aids include canes, walkers, manual or electric wheelchairs, or who use any type of durable medical equipment or adaptive devices (e.g., Reachers, Pocket Talkers, long-handled tools). Proper labeling of these personal items is essential to ensure they can be easily identified and returned in the event they are misplaced whether within the facility, during a hospital stay, or while attending off-campus outings.
- Attention All Residents Using PMDs and Wheelchairs: For your safety, it is important that you always fasten your seatbelt while your device is in motion. Failure to do so may result in severe injury due to sudden propulsion. Allowing your seatbelt to drag while in motion increases the risk of it becoming caught in an elevator, vehicle door, or other obstacles. When your wheelchair or PMD is stationary, you may unfasten your seatbelt until you resume movement.
- Independent Living Residents are not allowed to transport an Upper Level of Care Resident in your privately owned vehicle. The exception is only for those that have Power of Attorney for an Upper Level of Care Resident.

# RESIDENT SERVICES

- Please refrain from placing cardboard boxes on the floor in your rooms, as this presents a potential fire hazard. Additionally, to ensure proper food preservation, please store any food items in plastic containers with secure lids, or place them in the refrigerator.
- If you are interested in receiving updates from the Fenwick Foundation, you are invited to join their official email distribution list. To be added, please send your contact information to Mr. Mac McCarthy. You may also refer to flyers posted on the Recreation bulletin board. We encourage all interested residents to sign up and stay informed.

- The IRS has released its 2025 Dirty Dozen list, highlighting common tax scams targeting taxpayers. Key threats include phishing and smishing (fraudulent emails and texts), misleading social media advice, scammers impersonating IRS agents, fake charities, ghost tax preparers, and deceptive Offers in Compromise. These scams can lead to stolen personal information, financial loss, and costly penalties. Please remain cautious, verify sources, and consult trusted professionals when managing financial matters.
- The Business Center is open Monday through Friday, from 08:00 16:00, and closed between the hours of 11:30 13:00. We are located in Room #1067 of the Scott Building. For any financial inquiries or assistance, you can also reach us by phone.

#### CHAPLAINS OFFICE

- **Protestant Services:** Bible Study and Prayer is held in the Meditation Room every Tuesday at 15:00. Church Services are held in the Scott Theater on Sundays at 09:00. For further inquiries, please contact Pastor Floyd.
- Catholic Services: Catholic Masses are held in the Rose Chapel on Sundays, Mondays, Tuesdays, and Thursdays at 09:00, and in the Meditation Room on Wednesdays at 09:00. For all confession times, please schedule an appointment with Father Dominic.

#### **OMBUDSMAN**

• The Veterans Affairs Claims Representative will return on Thursday, April 24 from 10:30 – 13:00. During this time, Residents are encouraged to meet with the representative for assistance with their claims and to receive guidance on navigating the benefits process.

## SPECIAL EVENTS

- Join us in the Scott Community Center for our monthly Town Hall on Thursday, April 24 at 09:00.
- Join us in the Scott Community Center on Friday, April 25 at 14:00 for the Volunteer Appreciation Ceremony.