

Recreation Activities & Special Events for October 2024

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
					1		2		3		4		5
LEGEND: AC- Artist Colony BC- Bowling Center BF- Ball Field CC- Community Center CCL- Community Center Lobby CL- Computer Lab		CR- Club Room CS- Ceramics Studio CT – Canteen DH- Dining Hall DI- Defenders’ Inn GR-Game Room HOH- Hall of Honor L - Library		8:00 Breakfast Smoothies - Canteen 1:00 RT Prize Bingo – CC 1:30 Documentary: Price for Peace -TH 6:00 Saloon Night - DI		9:30 Trip Meeting –TH 10:00 RT Boot Camp – SC 2 11:00 Qi Gong - TH 1:00 Bingo – CC		9:00 Chair Aerobics-CC 1:30 Movie Selection Meeting - GR 6:00 Movie: On the Beach –TH		9:00 Finger Fitness-CC 11:00 Qi Gong – TH 1:00 Tim’s Creative Exhibit - CC 6:00 Movie: The Greatest Showman – TH		10:00 Yoga class-SC 1:00 Bingo - CC 4:00 Bar Night - DI 6:00 Movie: The Fugitive – TH	
6		7		8		9		10		11		12	
9:00 Catholic Mass - RC 10:00 Protestant Services - TH 6:00 Movie: The Long Game – TH		10:00 Intro to Microsoft Word – Sheridan Computer Lab 11:00 Qi Gong - TH 11:30 Buttery Popcorn - CCL 1:30 Movie: Flight of the Intruder-TH		9:00 Shuffleboard - CC 10:00 Dining Committee - GR 1:30 Documentary: Pearl Harbor-TH 4:00 Chat w/ the Chief - TH 6:00 RT Boo Night & Poker Run		10:00 RT Boot Camp – SC 2 11:00 Qi Gong - TH 1:00 Bingo - CC 1:00 Face-Time - AC		10:45 PALS Visit-CCL 6:00 Movie: Cannery Road – TH		8:00 Health & Safety Fair - CC 11:00 Qi Gong – TH 1:00 Football – Game Area 1:30 Navy Birthday - HOH 6:00 Movie: The Gallant		10:30 MOC Social - DI 1:00 Bingo- CC 4:00 Bar Night - DI 6:00 Movie: The Bourne Identity – TH	
Navy Birthday	13	Indigenous Peoples’ Day		14	15	Employee Breakfast		16	17	18	19		
9:00 Catholic Mass - MR 10:00 Protestant Services -TH 6:00 Movie: Truth – TH		11:00 Qi Gong - TH 11:30 Buttery Popcorn - CCL 1:30 Movie: Follow the Fleet – TH		1:00 RT Bingo - CC 1:30 Documentary: From Tunis to Tokyo 1943-1945 –TH 4:30 Birthday Dinner – Dining Hall		10:00 RT Boot Camp – SC 2 11:00 Qi Gong – TH 1:00 Bingo – CC 1:00 Chalk Art - AC 4:00 Ladies Group - CC		1:00 Fall Poetry Recital– SH1103 6:00 Movie: The Grand Budapest Hotel – TH		10:00 Darts – SH 4021 11:00 Qi Gong –TH 4:00 American Legion - SH1103 6:00 Movie: The World’s Greatest Athlete – TH		8:00 USMC Marathon Meeting - TH 1:00 Bingo - CC 4:30 Trivia Night - DI 6:00 Movie: McFarland USA – TH	
20		21		22		23		24		25		26	
9:00 Catholic Mass - RC 10:00 Protestant Services –TH 6:00 Movie: Beyond the Sea – TH		10:00 Intro to Microsoft Word – Sheridan Computer Lab 11:00 Qi Gong -TH 11:30 Buttery Popcorn - CCL 1:30 Movie: Navy Blue and Gold –TH		9:00 Indoor Basketball - CCL 1:00 RT Bingo – CC 1:30 Literary Hour Club - GR 1:30 Documentary: The Miracle of Father Kapawn– TH		10:00 RT Boot Camp – SC 2 11:00 Qi Gong - TH 1:00 Bingo - CC		9:00 Town Hall – CC 10:30 Clay-Time - CS 6:00 Movie: Steel Magnolias – TH		11:00 Qi Gong - TH 1:00 Horseshoes – Game Area 6:00 Movie: You Know My Name – TH		2:00 Takoma Park Community Band - CC 4:00 Bar Night - DI 6:00 Movie: Kelly’s Heroes – TH	
27		28		29		30		31					
9:00 Catholic Mass - MR 10:00 Protestant Services -TH 6:00 Movie: The Last Movie Star – TH		11:00 Qi Gong – TH 11:30 Buttery Popcorn 1:30 Movie: Hell is for Heroes – TH		1:30 Documentary: Pearl Harbor Payback & Payoff in the Pacific-TH 2:00 Billiards & Beer w/ Tully – SH 4 th Fl		10:00 RT Boot Camp – SC 2 11:00 Qi Gong – TH 1:00 Bingo – CC		9:30 School Costume Parade 11:00 Halloween Trick or Treat Pin Up for Vets – Dining Hall 6:00 Movie: Dracula, Dead and Loving It – TH		<i>Legend Continued:</i>		LR- Living Room MR- Meditation Room PR – Promenade RC – Rose Chapel RT– Recreation Therapy SHBY – Sheridan Back Yd. SC – Stanley Chapel TH- Theater	

Recreation Outings for October 2024

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
					1		2	Sign-up 9/27	3		4		5
								Mid Atlantic Sea Food DPT: 11:00 am RNT: 1:30 pm					
	6		7	Sign-up 10/3	8		9		10	Sign-up 10/4	11		12
				Arundel Mills Casino/ BoA/ Walmart DPT: 9:00 am RNT: 2:00 pm						Olive Garden DPT: 11:00 am RNT: 1:30 pm			
	13	Sign-up 10/9	14		15		16	Sign-up 10/11	17		18		19
		Walmart/ Bob Evans Laurel, MD DPT: 10:00 am RNT: 1:00 pm						Andrews AFB C & E DPT: 10:00 am RNT: 1:30 pm					
	20	Sign-up 10/16	21		22		23	Sign-up 10/18	24		25		26
		Bolling AFB C & E DPT: 10:00 am RNT: 1:00 pm						Arlington National Cemetery DPT: 11:30 am RNT: 2:30 pm					
	27		28	Sign-up 10/24	29		30		31				
				FT. Belvoir C & E DPT: 10:00 am RNT: 1:00 pm									