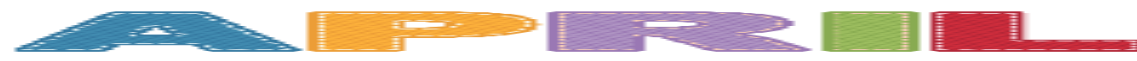


2024



Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BLUE PROGRAMS = SH3 ACTIVITY ROOM</p> <p>RED PROGRAMS = RT BUS TRIPS</p>	<p>RDO 1</p> <p>11am Qi Gong- Th 11:30am Popcorn- CCL 1:30pm Movie- Th</p>	<p>2</p> <p>10am RT Prize Bingo- CC 1pm Hawthorne H.S. Music Performance- CC 1:30pm Documentary- Th 6pm Saloon Night- DI</p>	<p>3</p> <p>9:30am Brain Games 10:15am Admin Duties 11am Qi Gong- Th 1pm Bingo- CC 1pm YMCA Cardio Lite- SC2</p>	<p>4</p> <p>9:30am Corn Hole 10:15am Random Trivia 1pm Salvation Army Youth Musical Perf.-CC 2:15pm Room Visits</p>	<p>5</p> <p>9:30am South Fork H.S. Choir- CC 11am Qi Gong- Th 1:30pm Mental Aerobics- Sh3 2:15pm Afternoon Stroll</p>	<p>6</p> <p>9am Meet & Greet 1pm Bingo- CC 2pm Ice Creams Treats- CCL 4pm Social- DI 6pm Movie- Th</p>
<p>7</p> <p>9am Catholic Mass- RC 10am Protestant Service- SC 6pm Movie- Th</p>	<p>8</p> <p>ALL DAY NURSING FAIR 11am Qi Gong- Th 11:30am Popcorn- CCL 1:30pm Movie- Th</p>	<p>9</p> <p>ALL DAY NURSING FAIR 9am Trivia Time- SC3 1:30pm Documentary- Th 1:30pm ALP Bingo</p>	<p>10</p> <p>ALL DAY NURSING FAIR 11am Qi Gong- Th 1pm IDT Meeting 1:30pm Leisure Time w/ Evelyn</p>	<p>11</p> <p>10am PAL Visit- units 10am Super Walmart</p>	<p>12</p> <p>9:30am Morning Stretch 10:15am Spring Trivia 11am Qi Gong- Th 1:30pm Movie Matinee 2:30pm Admin Duties</p>	<p>13</p> <p>10:30am Military Order of the Cooties Social- DI 1pm Bingo- CC 1:30pm Billiards- Sh4 4pm Social- DI 6pm Movie- Th</p>
<p>14</p> <p>9am Catholic Mass- RC 10am Protestant Service- MR 6pm Movie- Th</p>	<p>15</p> <p>10am Westbrook H.S. Chamber Choir- CC 11am Qi Gong- Th 1:30pm Movie- Th 1:30pm Balloon Soccer 2:15pm Admin Duties</p>	<p>16</p> <p>9:30am Musical Yoga- CC 11:30am Birthday Lunch 1:30pm Nature Stroll 1:30pm Documentary- Th 4:30pm Birthday Dinner</p>	<p>17</p> <p>9:30am Room Visits 10:30am Musical Yoga- SC2 11am Qi Gong- Th 1pm Bingo- CC 1:30pm Leisure Time</p>	<p>18</p> <p>9am Chair Aerobics- CC 10:15am Mission BBQ 1pm Spring Poetry Recital- Th</p>	<p>19</p> <p>9am Finger Fitness- CC 10am Can You List This? 11am Qi Gong- Th 1pm Bingo- CC 1pm Korean Cooking</p>	<p>20</p> <p>2pm Miss DC Talent Show- Th 4pm Social- DI 6pm Movie- Th</p>
<p>21</p> <p>9am Catholic Mass- MR 10am Protestant Service- SC 6pm Movie- Th</p>	<p>22</p> <p>9:30am Sing A Long 10:15am Reminiscing 11am Qi Gong- Th 1:30pm Movie- Th 1:30pm Afternoon Stroll</p>	<p>23</p> <p>9:30am Musical Yoga- CC 10:15am Room Visits 1pm RT Bingo- CC 1:30pm Documentary- Th 1:30pm Outdoor Art- AC</p>	<p>24</p> <p>9:30am Movie Musical 10am Roving Leisure/Hydration Cart 11am Qi Gong- Th 1pm Bingo- CC 1:30pm Leisure Time</p>	<p>25</p> <p>9am Town Hall- CC 10am National Museum of the U.S. Army 6pm Movie- Th</p>	<p>26</p> <p>9:30am Drum Aerobics 10:15am Spring Memory 11am Qi Gong- Th 2pm Brian Shaw Spring Concert- Th 2:30pm Admin Duties</p>	<p>27</p> <p>1pm Bingo- CC 4pm Social- DI 6pm Movie- Th</p>
<p>28</p> <p>9am Catholic Mass- RC 10am Protestant Service- MR 6pm Movie- Th</p>	<p>RDO 29</p> <p>9am Good Friday Confessions- RC 11am Qi Gong- Th 11:30am Movie- Th 1:30pm Movie- Th</p>	<p>30</p> <p>9:30am Musical Yoga- CC 10:15am Calendar Distro 1pm RT Bingo- CC 1:30pm Documentary- Th 6pm Arirang Chamber Orchestra- CC</p>	<p>LEGEND: AC- Artist Colony BC- Bowling Center BF- Ball Field BY- Sheridan Backyard CC – Community Center CCL- Community Center Lobby</p>	<p>LEGEND cont. GR- Game Room CT- Canteen CY- Courtyard DI- Defender’s Inn GC – Golf Course HoH – Hall of Honors</p>	<p>LEGEND cont. L- Library MC- McKee Courtyard MR- Meditation Room PR- Promenade RC- Rose Chapel SCP- Scott Patio TH- Theater</p>	

* Schedule is subject to change with notice

** All events are considered public for the purpose of video & photography