

## **Assisted Living Activities**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9am Catholic Mass- RC 10am Protestant Service- SC 6pm Movie- Th	LEGEND:  AC- Artist Colony BC- Bowling Center BF- Ball Field BY- Sheridan Backyard CC – Community Center CCL- Community Center Lobby	LEGEND cont.  GR- Game Room CT- Canteen CY- Courtyard DI- Defender's Inn GC – Golf Course HoH – Hall of Honors	LEGEND cont. L- Library MR- Meditation Room PR- Promenade RC- Rose Chapel SCP- Scott Patio TH- Theater		9am Finger Fitness- CC 11am Qi Gong- Th 1pm Admin Duties 6pm Irish Dance Performance- CC	1pm Bingo- CC 1pm Live Irish Music- Th 4pm Social- DI 6pm Movie- Th
9am Catholic Mass- RC 10am Protestant Service- SC 6pm Movie- Th	11am Qi Gong- Th 11:30am Popcorn- CCL 1:30pm Movie- Th	1pm Prize Bingo- CC 1:30pm Documentary- Th 6pm Saloon Night- DI	9:30am Can You List This- Sh3 11am Qi Gong- Th 1pm Bingo- CC 1:30pm Leisure Time	9am Chair Aerobics- CC 10am RT Bus Trip: PG Plaza	9:30am Drum Aerobics- Sh3 10:15am Hydration Cart 11am Qi Gong- Th 6pm Movie- Th	99am Admin Duties 2pm Ice Creams Treats- CCL 4pm Social- DI 6pm Movie- Th  ALL DAY TRAIN DISPLAY- CC
9am Catholic Mass- RC 10am Protestant Service- MR 6pm Movie- Th	9:30am Sing A Long- Sh3 11am Qi Gong- Th 11:30am Popcorn- CCL 1:30pm Movie- Th 1:30pm Brain Games – Sh3	1:30pm Afternoon Stretch- Sh3 1:30pm Documentary- Th 2:15pm Admin Duties 6pm RT Big Bucks Bingo- CC	9:30am Room Visits 10:30 Musical Yoga- SC2 1pm Bingo- CC 1:30pm Leisure Time 6pm Basha Perry H.S. Performance- CC	10am PAL Visit- units 1:30pm Cary Christian Chamber Choir- CC 6pm Movie- Th	10:45am RT Bus Trip: Molloy's Irish Restaurant 1:30pm St. Patrick's Day Social- CC 2:15pm Leisure Cart 6pm Movie- Th	16 1pm Bingo- CC 1:30pm Manicures- Sh3 4pm Social- DI 6pm Movie- Th
9am Catholic Mass- MR 10am Protestant Service- SC 6pm Movie- Th	9:30am Virtual Reality- Sh3 11am Qi Gong- Th 11:30am Popcorn- CCL 1:30pm Movie- Th 1:30pm Admin Duties	9:30am Musical Yoga- CC 11:30am Birthday Lunch 1pm RT Bingo- CC 1:30pm Documentary- Th 4:30pm Birthday Dinner	10am RT Bus Trip: Dave & Busters 1pm Bingo- CC 4pm Ladies Meeting- CC	9:30am Morning Stretch 10:15am Room Visits 1pm Korean Cooking - LTC SC2 6pm Movie- Th	9:30am Admin Duties  1:30pm Afternoon Stroll  2:15pm Room Visits  6pm Movie- Th	1pm Bingo- CC 1:30pm Corn Hole- Sh3 4pm Social- DI 6pm Movie- Th
9am Catholic Mass- RC 10am Protestant Service- MR 6pm Movie- Th	11am Qi Gong- Th 11:30am Popcorn- CCL 1:30pm Movie- Th	1pm RT Bingo- CC 1:30pm Documentary- Th 2:30pm Comeaux H.S. Band - CC	11am Qi Gong- Th 1pm Bingo- CC 1:30pm Leisure Time	9:00am Town Hall- CC 1:30pm Women's History Program- CC	11am Qi Gong- Th 6pm Movie- Th	1pm Bingo- CC 1:30pm Calendar Distro 1:30pm Billiards - Sh4 4pm Social- DI 6pm Movie- Th