

**Week of 09 / 21 / 2020 / Cycle 1 - Regular Line**

|   | <b>BREAKFAST - 0700 - 0830</b>  | <b>LUNCH - 1130 - 1300</b>   | <b>DINNER - 1630 - 1800</b>  |
|---|---|--|--|
| <b>M<br/>O<br/>N</b><br><br><b>Sep<br/>21st</b>       | Donuts / Bran Muffins<br>Pecan Swirl Danishes<br>Oatmeal / Grits<br>Eggs to Order<br>Eggs - Scrambled / Hard Boiled<br>Pork Bacon / Shredded Hash Browns<br>French Toast Made to Order on the Grill<br>Biscuits / Sausage Gravy | Vegetable Beef & Barley Soup<br>Italian Wedding Soup<br>Seafood Salad w/Nabisco Gold Crackers<br>Build Your Own Frsh Pulled Pork Sandwich<br>Red Beans & Rice w/ Sausage<br>Stewed Cabbage<br>Sautéed Squash<br>Potato Bun / Cornbread               | Vegetable Beef & Barley Soup<br>Italian Wedding Soup<br>Assorted Deli Meats / Cheeses<br>Turkey Tetrazzini<br>w/Linguini Noodles<br>Italian Green Beans w/Onions & Diced Pot<br>Cape Cod Blend w/Toasted Pine Nuts<br>Assorted Rolls / Sliced Breads |
| <b>T<br/>U<br/>E<br/>S</b><br><br><b>Sep<br/>22nd</b> | Donuts / Bran Muffins<br>Cinnamon Rolls<br>Oatmeal / Grits<br>Eggs to Order<br>Eggs - Scrambled / Hard Boiled<br>Creamed Chipped Beef<br>Lyonnise Potatoes<br>Biscuits / Country Gravy  | Fiesta Ham Soup<br>Chicken Noodle Soup<br>Liver & Onions w/Mash Pot & Grvy<br>Chicken w/<br>Dumplings<br>Brussel Sprouts<br>Sautéed Rutabagas<br>Slider Rolls / Cornbread  | Fiesta Ham Soup<br>Chicken Noodle Soup<br>Assorted Deli Meats / Cheeses<br>Baked Fish Almandine<br>Baked Potato w/Sour Crm/Butter<br>Broccoli Florets<br>Baby Carrots<br>Yeast Rolls / Sliced Bread  |
| <b>W<br/>E<br/>D</b><br><br><b>Sep<br/>23rd</b>       | Donuts / Bran Muffins<br>Assorted Coffee Cakes<br>Oatmeal / Grits<br>Eggs to Order<br>Eggs - Scrambled / Hard Boiled<br>Grilled Ham Steaks<br>Buttery Potatoes / Baked Beans<br>Corn Muffins / Biscuits / Country Gravy         | Chicken Tortilla Soup<br>Split Pea w/Ham & Carrots Soup<br>Tacos w/Toppings<br>Assorted Pizza Slices<br>Ranch Red Potatoes<br>Fried Okra<br>Eggplant Parmesan Casserole<br>Dinner Rolls / Cornbread  | Chicken Tortilla Soup<br>Egg Drop Soup<br>Assorted Deli Meats / Cheeses<br>Sweet & Sour Ribs / Fried Egg Rolls<br>w/Asian Style Noodles<br>Stir Fried Asian Vegetables<br>Sugar Snap Peas / Fortune Cookies<br>Brown & Serve Rolls / Sliced Bread    |
| <b>T<br/>H<br/>U<br/>R</b><br><br><b>Sep<br/>24th</b> | Donuts / Bran Muffins<br>Honey Bun<br>Oatmeal / Grits<br>Eggs to Order<br>Eggs - Scrambled / Hard Boiled<br>Sausage Links / Shredded Hash Browns<br>Pancakes / Apple Topping<br>Biscuits / Country Gravy                        | Chili Bean Soup / Pimento Cheese<br>Clam Chowder<br>Shepard's Pie<br>BBQ Beef Brisket & Cheddar Sndwch<br>Steak Cut Fries<br>Broccoli, Red Onion & Grape Salad<br>Grilled Vegetable Medley<br>Potato Rolls / Cornbread                               | Chili Bean Soup / Pimento Cheese<br>Clam Chowder<br>Assorted Deli Meats / Cheeses<br>Baked Cut Chicken w/Chicken Grvy<br>Creamy Risotto w/Sautéed Mushrooms<br>Green Peas w/Pearl Onions<br>Italian Beet Salad<br>Parker House Rolls / Sliced Breads |
| <b>F<br/>R<br/>I</b><br><br><b>Sep<br/>25th</b>       | Donuts / Bran Muffins<br>Assorted Danishes<br>Oatmeal / Grits<br>Eggs to Order<br>Eggs - Scrambled / Hard Boiled<br>Creamed Ground Beef<br>Home Fried Potatoes<br>Biscuits / Country Gravy                                      | Kansas City Steak Soup<br>Chicken & Rice Soup<br>Sloppy Joes w/Buns<br>Fried Shrimp w/Cocktail/Tartar Sauce<br>Baked Sweet Potato / Sweet Potato Fries<br>Speckled Butter Beans w/Okra<br>Snappy Slaw Blend<br>Hushpuppies / Cornbread               | Kansas City Steak Soup<br>Chicken & Rice Soup<br>Assorted Deli Meats / Cheeses<br>Meatloaf w/ Gravy<br>Mashed Potatoes w/Gravy<br>Purple Hulls Peas w/ Snaps<br>Steamed Asparagus<br>Brown & Serve Rolls / Sliced Bread                              |
| <b>S<br/>A<br/>T</b><br><br><b>Sep<br/>26th</b>       | Donuts / Bran Muffins<br>Cinnamon Rolls<br>Oatmeal / Grits<br>Eggs to Order<br>Eggs - Scrambled / Hard Boiled<br>Corned Beef Hash<br>Shredder Hash Brown Potatoes<br>Biscuits / Sausage Gravy                                   | Knickerbockers Soup<br>Loaded Potato Soup<br>Fried Chicken Wings<br>Ground Meat and Tomato Sauce<br>Spaghetti / Garlic Bread<br>Buttered Super Sweet White Corn<br>Creamed Spinach & Artichokes w/<br>Tortilla Chips / Parker House Roll / Cornbread | Knickerbockers Soup<br>Loaded Potato Soup<br>Assorted Deli Meats / Cheeses<br>Sliced Roast Beef w/ Gravy<br>Mashed Potatoes w/Gravy<br>Gr Baby Lima Beans w/Onions<br>Lettuce, Tomato, Cucumber & Mayo Salad<br>Slider Rolls / Sliced Bread          |
| <b>S<br/>U<br/>N</b><br><br><b>Sep<br/>27th</b>       | Donuts / Bran Muffins<br>Apple Fritters<br>Oatmeal / Grits<br>Eggs to Order<br>Eggs - Scrambled / Hard Boiled<br>Grilled Ham Steaks / Cheesy Potatoes<br>Waffles / Pineapple Topping<br>Biscuits / Country Gravy                | Cheesy Taco Soup<br>Fresh Tomato Tortellini Soup<br>Ital Sausage, Peppers, Onions & Hoagies<br>Fried Chicken<br>Home Style Mac & Cheese<br>Collard Greens<br>Caesar Salad<br>Yeast Rolls / Cornbread   | Cheesy Taco Soup<br>Fresh Tomato Tortellini Soup<br>Assorted Deli Meats / Cheeses<br>Red Snapper Coublon<br>Steamed White Rice<br>Seasoned Green Beans<br>Buttered Cauliflower<br>Brown & Serve Rolls / Sliced Bread                                 |

**DESSERTS - REGULAR LINE**

**Mon** Egg Custard Pie  
**Tue** Oatmeal & Raisin Cookies  
**Wed** MS Mud Cake  
**Thu** Cheesecake w/Drizzle  
**Fri** Coconut Meringue Pie  
**Sat** Oatmeal Cranberry Walnut Cookies  
**Sun** Cherry Cobbler

**DESSERTS - DIET LINE**

NSA Coconut Cream Pie  
Assorted SF Cookies  
Fresh Fruit Cups  
Sponge Cake w/Mandarin Oranges  
NSA Peach Pie  
Assorted SF Cookies  
Tropical Fruit Cups

**DAILY SHORT ORDER LINE - LUNCH ONLY**

Grilled Hamburgers w/ Buns / Sliced Cheese  
Grilled Hot Dogs w/ Buns / Chili / Cheese Sauce  
Grilled Chicken Breast w/ Corn Rolls  
Grilled Cheese Sandwiches on White or Wheat  
Condiments: Green Leaf Lettuce / Sliced Tomatoes  
Sliced Red Onions / Dill Pickle Slices  
Horseradish / Bacon / French Fried Potatoes