

Week of 10 / 12 / 2020 / Cycle 4 - REGULAR LINE

| | BREAKFAST - 0700 - 0830 | LUNCH - 1130 - 1300 | DINNER - 1630 - 1800 |
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| M O N Oct 12th | Donuts / Bran Muffins Pecan Swirl Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Shredded Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy | Clam Chowder Navy Bean Soup Shrimp Salad w/Tom Wedges & Gold Crackers Barbeque Chicken Home Style Mac & Cheese Sautéed Cabbage California Blend Veggies Dinner Rolls / Cornbread | Clam Chowder Navy Bean Soup Assorted Deli Meats / Cheeses Beef Stew w/Potatoes & Carrots Steamed White Rice Haricot Vert Green Beans Normandey Blend Veggies Brown&Serve Rolls / Sliced Bread |
| T U E S Oct 13th | Donuts / Bran Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Lyonnais Potatoes Biscuits / Country Gravy | Cream of Broccoli Turkey, Spinach & Lentil Soup Unstuffed Peppers Toasted Cuban Sandwich Mediterranean Penne Pasta Coleslaw Sugar Snap Peas Potato Bun / Cornbread | Cream of Broccoli Turkey, Spinach & Lentil Soup Assorted Deli Meats / Cheeses Herb Baked Fish Baked Potato w/Sour Crm/Butter Steamed Asparagus Sautéed Squash Dinner Rolls / Sliced Bread |
| W E D Oct 14th | Donuts / Bran Muffins Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks Buttery Potatoes / Baked Beans Corn Muffins / Biscuits / Country Gravy | Chili Bean Soup / Pimento Cheese Cheesy Taco Soup Tacos w/Toppings Assorted Pizza Slices Steak Cut Fries Corn on Cob / Super Sweet White Corn Creamed Spinach w/ Nacho Chips Slider Rolls / Cornbread | Chili Bean Soup / Pimento Cheese Egg Drop Soup Assorted Deli Meats / Cheeses Beef & Broccoli w/ Lo Mein Noodles / Fried Egg Rolls Baby Carrots / Fortune Cookies Seasoned Green Beans Parker House Rolls / Sliced Bread |
| T H U R Oct 15th | Donuts / Bran Muffins Honey Bun Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Patties / Shredded Hash Browns Pancakes / Strawberry Topping Biscuits / Country Gravy | Kansas City Steak Soup Split Pea w/Ham & Carrots Soup Beef Pot Pie w/ Biscuits Chicken Tenders w/ Assort Dips Warm Pasta Primavera Stuffed Garlic Portabella Mshrms Buttered Cauliflower Assorted Rolls / Cornbread | Kansas City Steak Soup Split Pea w/Ham & Carrots Soup Assorted Deli Meats / Cheeses Fried Pork Chops Cabbage, Green Peas & Noodles Broccoli Florets Purple Hull Peas w/ Baked Okra on Side Yeast Rolls / Sliced Bread |
| F R I Oct 16th | Donuts / Bran Muffins Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes Biscuits / Country Gravy | Creamy Chicken & Wild Rice Soup Tomato Florentine Soup Brats w/ Kraut Fried Shrimp w/Cocktail/Tartar Sauce Spinach & Onion Au Gratin Pot Southern Okra Succotash Collard Greens Hushpuppies / Cornbread | Creamy Chicken & Wild Rice Soup Tomato Florentine Soup Assorted Deli Meats / Cheeses Beef Strips 'n Mushroom Cream Sauce Mashed Potatoes & Mshrm Cream Gravy Grilled Veggie Medley Caesar Salad Brown&Serve Rolls / Sliced Bread |
| S A T Oct 17th | Donuts / Bran Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash Shredder Hash Brown Potatoes Biscuits / Sausage Gravy | Home Style Chicken Noodle Soup Corn & Potato Chowder Build Your Own Roast Beef Sub w/Chips Barbeque Baby Back Ribs Potato Salad Mexican Corn Salad Squash Casserole Parker House Rolls / Cornbread | Home Style Chicken Noodle Soup Corn & Potato Chowder Assorted Deli Meats / Cheeses Ground Beef and Tomato Lasagna Roasted Brussel Sprouts Sautéed Fresh Zucchini Chunks Garlic Bread / Sliced Bread |
| S U N Oct 18th | Donuts / Bran Muffins Apple Fritters Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks / Cheesy Potatoes Waffles / Banana Topping Biscuits / Country Gravy | Vegetable Soup Chicken & Sausage Gumbo Sloppy Joes w/ Potato Buns Garlic Stuffed Fresh Pork Roast Steamed Rice w/Pork Gravy Buttery Green Peas Avocado Tomato & Cucumber Salad Dinner Rolls / Cornbread | Vegetable Soup Chicken & Sausage Gumbo Assorted Deli Meats / Cheeses Sweet & Sour Hawaiian Chicken Hawaiian Pineapple Almond Rice Buttered Whole Green Beans Sautéed Baby Carrots w/Pineapple Tid Bits Slider Rolls / Sliced Bread |

DESSERTS - REGULAR LINE

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| Mon | Strawberry Cream Pie |
| Tue | Fruit & Nut Cookies |
| Wed | Orange Cake |
| Thu | Peanut Butter Chocolate Pie |
| Fri | Key Lime Pie |
| Sat | Chocolate Cookies |
| Sun | Blueberry Almond Bread Pudding |

DESSERTS - DIET LINE

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| NSA Coconut Cream Pie |
| Assorted SF Cookies |
| Fresh Fruit Cups |
| Angel Cake w/Fruit Cocktail |
| NSA Peach Pie |
| Assorted SF Cookies |
| Tropical Fruit Cups |

DAILY SHORT ORDER LINE - LUNCH ONLY

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| Grilled Hamburgers w/ Buns / Sliced Cheese |
| Grilled Hot Dogs w/ Buns / Chili / Cheese Sauce |
| Grilled Chicken Breast w/ Corn Rolls |
| Grilled Cheese Sandwiches on White or Wheat |
| Condiments: Green Leaf Lettuce / Sliced Tomatoes |
| Sliced Red Onions / Dill Pickle Slices |
| Horseradish / Bacon / French Fried Potatoes |