

# Policies to THRIVE

Your enlistment into the US Armed Forces carried a great responsibility. Thousands of your fellow service men and women—and millions of civilians—counted on you to uphold your duty. The same goes for entry into AFRH. Following a few simple policies can ease your entry into community life.

## Conduct Policies:

- > Always behave in a congenial manner toward staff & fellow residents
- > Public profanity, rudeness, and lewd behavior is unacceptable
- > You are required to tend to your own personal needs
- > Meals are served three times a day, yet you can enjoy made-to-order items between regularly scheduled mealtimes

## Financial Policies:

- > Resident fees are collected electronically each month
- > You are required to manage your own financial affairs

## Medical Policies:

- > Medicare A&B Coverage is mandatory before your entry into AFRH

### *Military retirees under 65:*

- > If you have Medicare benefits, you must obtain Tricare Prime as secondary coverage (at no charge)
- > If you have no Medicare, you must obtain and pay for Tricare Prime. A Primary Care Manager (PCM) can be used at military facilities, yet you will be liable for co-pays on civilian-sector treatment

### *Military retirees over 65:*

- > If you have no Medicare benefits, you must obtain Tricare Prime

*Our goal is to enhance your life and personal safety. We'll achieve this if you adhere to the Home's rules.*

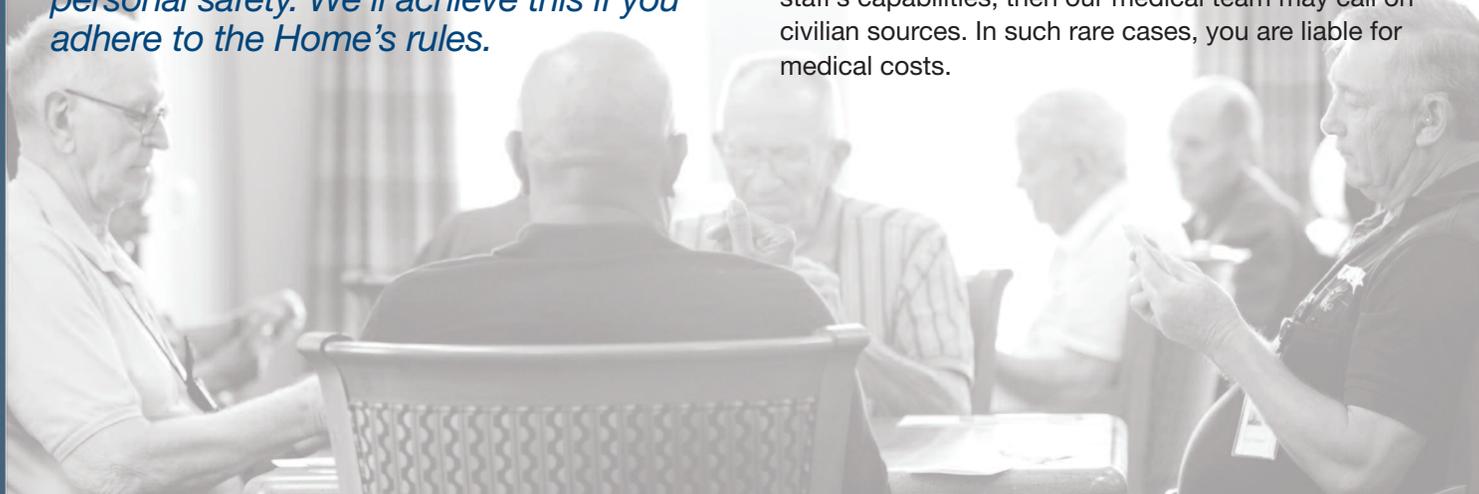
### *Non-military retirees:*

- > If you have a 100% service-connected disability, you must use VA or DoD facilities
- > If you have Medicare benefits, you must get a Supplement, or enroll in a Medicare HMO or Medicaid if eligible
- > If you are under 65 with no Medicare, Medicaid or VA benefits, you must buy and maintain major medical insurance



## Financial Responsibility

If you become ill or injured while away from AFRH, then you are responsible for your medical expenses. Normally, our support facilities can provide you with sufficient medical care. If, for any reason, you need a medical procedure that goes beyond our professional staff's capabilities, then our medical team may call on civilian sources. In such rare cases, you are liable for medical costs.



**B**eyond our military eligibility requirements (Pg. 24 this brochure), you must be in good physical health to be considered for AFRH admission. Specifically, you must meet the following criteria:

#### **Physical Requirements:**

- > The ability to be cared for by the existing facilities and services of the Home
- > Full mental competency (e.g. the ability to make competent, rational decisions)
- > An ability to speak, hear, and see (with or without aids) in order to perform basic functions
- > The ability to care for your own room (e.g. make the bed, clean the bath, floors & windows)
- > Freedom from alcoholism, drug addictions, or mental disorders. Our staff and facility are not equipped to treat such conditions or perform continual evaluation, observation, or treatment

#### *Sobriety Exception:*

If you have a history of excessive alcohol or drug use, you must prove your sustained and continued abstinence and have at least one continuous year of sobriety. Documentation of this proof must be in the form of three letters from rehab professionals, AA staff, or medical personnel (not from friends or neighbors). These letters must indicate that your treatment was successful and you are maintaining sobriety. Yet, such documents do not guarantee your admission to AFRH.



#### **Personal Responsibility**

Life at AFRH is truly rewarding and fulfilling when we all take personal responsibility for our actions. As a resident, you will be asked to treat others the same way you wish to be treated. In return, you will be blessed with positive support and friendship from your fellow residents, the staff, and service partners of AFRH. From all of us at the Home, we wish you the very best in your retirement.

*Our sprawling, wooded community in the heart of Northwest DC is close to Metrorail and Metrobus lines.*



**Send all correspondence to:**  
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