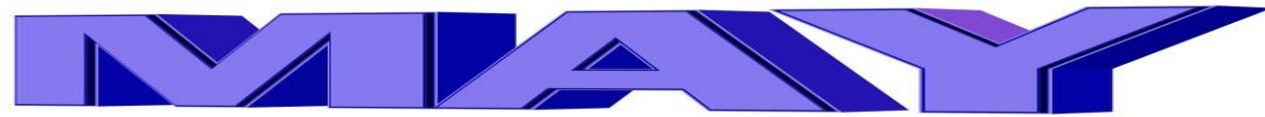


2023



Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>THIS IS MY "FIRST DAY OF MAY" DANCE</p> <p>Happy May!</p>	<p>1</p> <p>9:30am Admin Duties 11:30am Popcorn- CCL 1:30pm Movie- Th 1:30pm Snack Cart 2:15pm Room Visits</p>	<p>2</p> <p>9:30am Random Trivia 10:15am Hydrating Cart 1pm RT Bingo- CC 6pm Saloon Night- DI</p>	<p>3</p> <p>10am Pool & Lunch- P 1pm IDT Meeting 1pm Bingo- CC 1:30pm Leisure Time w/ Evelyn 1:30pm Glenna's Book Club- GR</p>	<p>4</p> <p>11:30am RT Bus Trip: Nationals Baseball Game 6pm Movie- Th</p>	<p>5</p> <p>9:30am Morning Stretch 10:15am Cinco de Mayo Trivia 11:30am Fiesta Lunchtime Crew- SCP 2pm Room Visits</p>	<p>6</p> <p>1pm Bingo- CC 1:30pm Leisure Time w/ Evelyn 4pm Social- DI 6pm Movie- Th</p>
<p>7</p> <p>10am Protestant Service-MR 6pm Movie- Th</p>	<p>RDO</p> <p>8</p> <p>11am Qi Gong- Th 11:30am Popcorn- CCL 1pm Praise & Joy Sing A Long- CC 1:30pm Movie- Th</p>	<p>9</p> <p>9:30am Morning Aerobics 10:15am Room Visits 1pm Korean Cooking with Michelle- SC2 6pm RT Big Bucks Bingo- CC</p>	<p>10</p> <p>9:30am Can You List This? 1pm Bingo- CC 1pm IDT Meeting 1:30pm Leisure Time w/ Evelyn 1:30pm Glenna's Book Club- GR</p>	<p>11</p> <p>10am PAL Dog Visit 1pm Variety Show- CC</p> 	<p>12</p> <p>9:30am Name That Tune 10:15am Room Visits 1:30pm Afternoon Stroll</p>	<p>13</p> <p>10am Arirang Chamber Orchestra- CC 1pm Bingo- CC 2pm RT Ice Cream Treats- CCL 4pm Social- DI 6pm Movie- Th</p>
<p>14</p> <p>10am Protestant Service- SC 6pm Movie- Th</p>  <p>Mother's Day</p>	<p>15</p> <p>11:30am Ladies Day Luncheon- CC 1:30pm Movie- Th 2pm Room Visits</p>	<p>16</p> <p>9:30am Admin Duties 2pm Residents/Staff Bowling- BC 4:30pm Birthday Dinner</p>	<p>17</p> <p>9:30am Morning Movie 1pm Bingo- CC 1pm IDT Meeting 1:30pm Leisure Time w/ Evelyn 1:30pm Glenna's Book Club- GR</p>	<p>18</p> <p>10am RT Bus Trip: Nautilus Restaurant 6pm Movie- Th</p>	<p>19</p> <p>10am RT "Wrec" Crew Games- PR 1:30pm Afternoon Stroll</p>	<p>20</p> <p>1pm Bingo- CC 1:30pm Leisure Time w/ Evelyn 4pm Social- DI 6pm Movie- Th</p>
<p>21</p> <p>10am Protestant Service-MR 6pm Movie- Th</p>	<p>22</p> <p>9:30am Admin Duties 11:30am Popcorn- CCL 1:30pm Afternoon Stroll 1:30pm Movie- Th</p>	<p>23</p> <p>9:30am Random Trivia 10:15am Hydration Cart 1pm RT Bingo- CC 1:30pm Documentary- Th</p>	<p>24</p> <p>9:30am Balloon Soccer 10:15am Snack Cart 1pm Bingo- CC 1pm IDT Meeting 1:30pm Leisure Time w/ Evelyn 1:30pm Glenna's Book Club- GR</p>	<p>25</p> <p>9am Town Hall- CC 10am RT Bus Trip: FDR Memorial & Picnic 1pm Spring Softball- BF 6pm Movie- Th</p>	<p>26</p> <p>9:30am Reminiscing 10:15am Hydration Cart 11:30am Memorial Day Cookout- SCP 6pm Movie- Th</p>	<p>27</p> <p>1pm Bingo- CC 1:30pm Leisure Time w/ Evelyn 4pm Social- DI 6pm Movie- Th</p>
<p>28</p> <p>10am Protestant Service- SC 6pm Movie- Th</p>	<p>29</p>  <p>MEMORIAL DAY</p>	<p>RDO</p> <p>30</p> <p>1pm RT Bingo- CC 1:30pm Documentary- Th</p>	<p>31</p> <p>9:30am Calendar Distro 10:15am Room Visits 1pm Bingo- CC 1pm IDT Meeting 1:30pm Leisure Time w/ Evelyn 1:30pm Glenna's Book Club- GR</p>	<p>LEGEND:</p> <p>AC- Artist Colony BC- Bowling Center BF- Ball Field CC – Community Center CCL- Community Center Lobby GR- Game Room CT- Canteen CY- Courtyard DI- Defender's Inn GC – Golf Course</p>	<p>LEGEND cont.</p> <p>HoH – Hall of Honors L- Library MR- Meditation Room P- Pool PR- Promenade RC- Rose Chapel SC- Stanley Chapel SCP- Scott Patio SHBY- Sheridan Backyard TH- Theater</p>	<p>Amanda Jensema, CTRS Recreation Therapist 202-541-7721</p>  <p>Steven Briefs, CTRS Recreation Supervisor 202-541-7733</p>

* Schedule is subject to change with notice

** All events are considered public for the purpose of video & photography