

| ALLEGIANCE/VALOR OCTOBER RECREATION ACTIVITIES 2026                                               |    |                                                                                                                  |    |                                                                             |    |                                                                                             |    |                                                                                             |    |                                                                                                                                                                                  |    |                                                                                              |    |
|---------------------------------------------------------------------------------------------------|----|------------------------------------------------------------------------------------------------------------------|----|-----------------------------------------------------------------------------|----|---------------------------------------------------------------------------------------------|----|---------------------------------------------------------------------------------------------|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----------------------------------------------------------------------------------------------|----|
| Sunday                                                                                            |    | Monday                                                                                                           |    | Tuesday                                                                     |    | Wednesday                                                                                   |    | Thursday                                                                                    |    | Friday                                                                                                                                                                           |    | Saturday                                                                                     |    |
| LOCATION KEY                                                                                      |    | COLOR KEY                                                                                                        |    |                                                                             |    |                                                                                             |    |                                                                                             | 1  |                                                                                                                                                                                  | 2  |                                                                                              | 3  |
| AT = Activity Room<br>PT = Patio<br>CC = Community Ctr.<br>FR = Front Entrance<br>PR = Piano Room |    | <b>TRIPS</b><br><b>Annual Games</b><br><b>Alzheimer Awareness:</b><br><b>Wear Purple on</b><br><b>Thursdays!</b> |    | <b>*All activities in</b><br><b>PR unless</b><br><b>otherwise stated.</b>   |    |          |    | 1000 Chair Stretch<br><b>1330</b> Horse Races                                               |    | <b>0845</b> D'Iberville<br>Walmart<br><b>1330</b> Dominoes<br>1400 IL Bingo (CC)                                                                                                 |    | Free Leisure<br>Saturday<br><i>Jigsaw Puzzles,</i><br><i>Movie, TV,</i><br><i>Relaxation</i> |    |
|                                                                                                   | 4  |                                                                                                                  | 5  |                                                                             | 6  |                                                                                             | 7  |                                                                                             | 8  |                                                                                                                                                                                  | 9  |                                                                                              | 10 |
| 0900 Catholic Mass<br>Service (CH)<br><br>1015 Protestant<br>Religious Service (TH)               |    | 0900 Morning Stroll<br>1000 1:1 Visits<br>1330 Cider &<br>Cinnamon Buns<br>Social                                |    | 0830 Chair Exercise<br>1000 1:1 Visits<br>1330 Cruisin' the<br>Coast (FR)   |    | 0900 Coffee Club<br>1330 Protestant Service<br>1400 Al's Gospel Music<br>1800 IL Bingo (CC) |    | 1000 Chair Stretch<br>1330 Happy Hour:<br>Brews & Boos!                                     |    | <b>1000</b> Seated Soccer<br><b>1330</b> Ping Pong<br>Carton Toss<br>1400 IL Bingo (CC)                                                                                          |    | Free Leisure<br>Saturday<br><i>Jigsaw Puzzles,</i><br><i>Movie, TV,</i><br><i>Relaxation</i> |    |
|                                                                                                   | 11 | <b>Columbus Day</b>                                                                                              | 12 | <b>Navy Birthday</b>                                                        | 13 |                                                                                             | 14 |                                                                                             | 15 |                                                                                                                                                                                  | 16 |                                                                                              | 17 |
| 0900 Catholic Mass<br>Service (CH)<br><br>1015 Protestant<br>Religious Service (TH)               |    | <b>Federal Holiday</b><br><b>commemorating</b><br><b>Columbus's arrival</b><br><b>to the Americas</b>            |    | 0830 Chair Exercise<br>1000 Navy Birthday<br>(CC)<br>1330 Bingo             |    | 0900 Coffee Club<br>1330 John & Jenny<br>Sing-A-Long<br>1800 IL Bingo (CC)                  |    | 1000 Chit Chat w/<br>Military Volunteers<br>1130 Oktoberfest<br>Lunch<br>PM Royal Pet Visit |    | <b>1000</b> Flashback <br>Friday!<br><b>1330</b> Halloweenie<br>Cookout<br>1400 IL Bingo (CC) |    | Free Leisure<br>Saturday<br><i>Jigsaw Puzzles,</i><br><i>Movie, TV,</i><br><i>Relaxation</i> |    |
|                                                                                                   | 18 |                                                                                                                  | 19 |                                                                             | 20 |                                                                                             | 21 |                                                                                             | 22 |                                                                                                                                                                                  | 23 |                                                                                              | 24 |
| 0900 Catholic Svc<br>(CH)<br><br>1015 Protestant<br>Religious Service (TH)                        |    | 0900 Art (AT)<br>1030 Quarterly<br>Memorial (TH)<br>1330 Ice Cream<br>Social (CC)                                |    | 0830 Chair Exercise<br>1000 1:1 Visits<br>1130 Birthday Lunch<br>1330 Bingo |    | 0900 Coffee Club<br>1330 Bible Study<br>1400 Al's Gospel Music<br>1800 IL Bingo (CC)        |    | 1000 Drum It Up!<br>1330 Piano w/ Beth                                                      |    | <b>0930</b> Train Museum<br>& Salute Restaurant<br>1400 IL Bingo (CC)<br><br>               |    | Free Leisure<br>Saturday<br><i>Jigsaw Puzzles,</i><br><i>Movie, TV,</i><br><i>Relaxation</i> |    |
|                                                                                                   | 25 |                                                                                                                  | 26 |                                                                             | 27 |                                                                                             | 28 |                                                                                             | 29 |                                                                                                                                                                                  | 30 |                                                                                              | 31 |
| 0900 Catholic Mass<br>Service (CH)<br><br>1015 Protestant<br>Religious Service (TH)               |    | 0900 Art (AT)<br>1000 1:1 Visits<br>1330 Root Beer<br>Float Social                                               |    | 0830 Chair Exercise<br>1000 1:1 Visits<br><b>1330</b> Spooky Bingo          |    | 0900 Coffee Club<br>1400 JM Stevens Blues<br>Concert (CC)<br>1800 IL Bingo (CC)             |    | 1000 Trunk or Treat<br>(FR)<br>1400 Boos & Brews<br>Halloween Party<br>(CC)                 |    | 1000 Ghost Stories<br>1330 Treat Bag<br>Deliveries<br>1400 IL Bingo (CC)                                                                                                         |    | Free Leisure<br>Saturday<br><i>Jigsaw Puzzles,</i><br><i>Movie, TV,</i><br><i>Relaxation</i> |    |