

# VALOR Recreation Therapy –April 2024

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		**April Fools Day!	1		2		3		4		5		6
<b>Birthstone =</b> <b>Diamond</b>  <b>Flower = Daisy</b> 		<b>0945 Art on Valor</b> <b>1330 Root Beer Floats (PR)</b> 		<b>0815 Exercise w/ Nicole</b> <b>1330 Bingo on Valor</b> 		<b>PM Cart Rides &amp; Strolls</b> <b>1400 Popcorn &amp; Movie (TH)</b>		<b>1000 Favorite Female Singers Music Time (PR)</b> <b>1300 Season Opening Pool Party!</b> 		<b>1000 Favorite Female Singers Music Time #2</b> <b>1330 Wii Sports (PR)</b>		<b>Free Leisure Saturday</b>	
	7		8		9		10		11		12		13
 <b>0900 Catholic Service (CH)</b> <b>1030 Protestant Service (CH)</b>		 <b>0945 Art on Valor</b> <b>1400 Ice Cream Social (CC)</b>		<b>0815 Exercise w/ Nicole</b> <b>1330 Bingo on Valor</b> <b>1900 Gulf Coast Wind Ensemble (CC)</b>		<b>0900 Skip Bo (PR)</b> <b>Spring Fling Luncheon</b> <b>1400 Popcorn &amp; Movie (TH)</b>		<b>1000 Spring Songs (PR)</b> <b>1330 Thursday @ The Masters Social (PR)</b> 		<b>AM Rec Staff Away</b> <b>1330 Table Shuffleboard (PR)</b>		 <b>AM Royal Pets Visit</b>	
	14		15		16		17		18		19		20
<b>0900 Catholic Service (CH)</b> <b>1030 Protestant Service (CH)</b> 		<b>0945 Art on Valor</b> <b>1330 Milkshakes (PR)</b> 		<b>0815 Exercise w/ Nicole</b> <b>1130 April Birthday Lunch</b> <b>1330 Bingo on Valor</b>		<b>0900 Pokeno (PR)</b> <b>PM Cart Rides &amp; Strolls</b> <b>1400 Popcorn &amp; Movie (TH)</b>		<b>1000 Dulcimers &amp; More Music Time (PR)</b>  <b>1330 Right Left Center (PR)</b> 		<b>1000 Coffee Time on the Patio (PT)</b> <b>PM 1-1 Virtual Reality</b>		<b>Free Leisure Saturday</b>	
	21	<b>Earth Day</b>	22		23		24		25		26		27
<b>0900 Catholic Service (CH)</b> <b>1030 Protestant Service (CH)</b> 		<b>0945 Art on Valor</b>  <b>1400 Ice Cream Social (CC)</b>		<b>0815 Exercise w/ Nicole</b>  <b>1330 Bingo on Valor</b>		<b>0900 Table Shuffleboard (PR)</b> <b>PM Cart Rides &amp; Strolls</b> <b>1400 Popcorn &amp; Movie (TH)</b>		 <b>1000 Drum It Up! Drumming (PR)</b> <b>1330 Popcorn &amp; Horseshoes on the Patio (PT)</b>		<b>1000 Right Left Center (PR)</b> <b>1330 Spring Puzzlin! (PR)</b>		 <b>AM Royal Pets Visit</b>	
	28		29		30								
<b>0900 Catholic Service (CH)</b> <b>1030 Protestant Religious Service (CH)</b>		<b>0945 Art on Valor</b> <b>1330 Cookie Baking &amp; Decorating! (PR)</b> 		 <b>0815 Exercise w/ Nicole</b> <b>1330 Bingo on Valor</b>		<b>**April Fool's Day In 1564, the change to Gregorian calendar moved New Year's Day from April 1 to January 1**</b>		<b>Need help getting down to the NEX to shop? Ask a Rec Staff for escort! We're happy to help you.</b>				<b>Want to feel stronger? Join us Tuesday's at 0815 for chair exercise in the piano room! All activity levels are welcomed and encouraged!</b>	
<b>We are so grateful for our volunteers every month-please tell them "Thank you" when you see them!</b>				<b>Ask for leisure supplies! We have puzzles, games, coloring sheets, etc.</b>		<b>LOCATION KEY</b> <b>AT = Activity Room</b> <b>CC = Community Ct.</b> <b>F = Front Entrance</b>		<b>LOCATION</b> <b>PT = Patio</b> <b>PR- Valor Piano Room</b> <b>TH = Theater</b>					