

# ALLEGIANCE Recreation Therapy –April 2024

| Sunday  |  | Monday  |  | Tuesday  |  | Wednesday  |  | Thursday  |  | Friday  |  | Saturday   |  |
|---|--|---|--|--|--|--|--|---|--|---|--|--|--|
|   |  | <b>**April Fools Day!</b> 1   |  | 2  |  | 3  |  | 4   |  | 5   |  | 6  |  |
| <b>Birthstone =</b> <br><b>Diamond</b><br><b>Flower = Daisy</b>  |  | <b>0945 Art on Valor</b><br><b>1330 Root Beer Floats (PR)</b>                      |  | <b>0815 Exercise w/ Nicole</b><br><b>1330 Bingo on Valor</b><br> |  | PM Cart Rides & Strolls<br>1400 Popcorn & Movie (TH)<br>1830 IL Bingo (CC)   |  | <b>1000 Favorite Female Singers Music Time (PR)</b><br><b>1300 Season Opening Pool Party!</b>    |  | <b>1000 Favorite Female Singers Music Time #2</b><br><b>1330 Wii Sports (PR)</b><br><b>1400 IL Bingo (CC)</b> |  | <b>Free Leisure Saturday</b>   |  |
| 7   |  | 8   |  | 9  |  | 10   |  | 11  |  | 12  |  | 13   |  |
|  <b>0900 Catholic Service (CH)</b><br><b>1030 Protestant Service (CH)</b>   |  |  <b>0945 Art on Valor</b><br><b>1400 Ice Cream Social (CC)</b>                     |  | <b>0815 Exercise w/ Nicole</b><br><b>1330 Bingo on Valor</b><br><b>1900 Gulf Coast Wind Ensemble (CC)</b>  |  | <b>0900 Skip Bo (PR)</b><br><b>Spring Fling Luncheon</b><br>1400 Popcorn & Movie (TH)<br>1830 IL Bingo (CC)          |  | <b>1000 Spring Songs (PR)</b><br><b>1330 Thursday @ The Masters Social (PR)</b><br>  |  | <b>0800 Walmart Trip</b><br><b>1330 Table Shuffleboard (PR)</b><br><b>1400 IL Bingo (CC)</b>                  |  |  <b>AM Royal Pets Visit</b>                                 |  |
| 14  |  | 15  |  | 16   |  | 17   |  | 18  |  | 19  |  | 20   |  |
| <b>0900 Catholic Service (CH)</b><br><b>1030 Protestant Service (CH)</b><br>   |  | <b>0945 Art on Valor</b><br><b>1330 Milkshakes (PR)</b>                            |  | <b>0815 Exercise w/ Nicole</b><br><b>1130 April Birthday Lunch</b><br><b>1330 Bingo on Valor</b>   |  | <b>0900 Pokeno (PR)</b><br>PM Cart Rides & Strolls<br>1400 Popcorn & Movie (TH)<br>1830 IL Bingo (CC)                |  | <b>1000 Dulcimers &amp; More Music Time (PR)</b> <br><b>1330 Right Left Center (PR)</b><br> |  | <b>1000 Coffee Time on the Patio (PT)</b><br><b>PM 1-1 Virtual Reality</b><br><b>1400 IL Bingo (CC)</b>       |  | <b>Free Leisure Saturday</b>   |  |
| 21  |  | <b>Earth Day</b> 22   |  | 23   |  | 24   |  | 25  |  | 26  |  | 27   |  |
| <b>0900 Catholic Service (CH)</b><br><b>1030 Protestant Service (CH)</b><br>  |  | <b>0945 Art on Valor</b> <br><b>1400 Ice Cream Social (CC)</b>                    |  | <b>0815 Exercise w/ Nicole</b> <br><b>1330 Bingo on Valor</b>  |  | <b>0900 Table Shuffleboard (PR)</b><br>PM Cart Rides & Strolls<br>1400 Popcorn & Movie (TH)<br>1830 IL Bingo (CC)    |  |  <b>1000 Drum It Up! Drumming (PR)</b><br><b>1330 Popcorn &amp; Horseshoes on the Patio (PT)</b>  |  | <b>1000 Right Left Center (PR)</b><br><b>1330 Spring Puzzlin! (PR)</b><br><b>1400 IL Bingo (CC)</b>           |  | <b>AM Royal Pets Visit</b><br>                             |  |
| 28  |  | 29  |  | 30   |  |  |  |   |  |   |  |  |  |
| <b>0900 Catholic Service (CH)</b><br><b>1030 Protestant Religious Service (CH)</b>  |  | <b>0945 Art on Valor</b><br><b>1330 Cookie Baking &amp; Decorating! (PR)</b><br> |  |  <b>0815 Exercise w/ Nicole</b><br><b>1330 Bingo on Valor</b>   |  | <b>**April Fool's Day</b> In 1564, the change to Gregorian calendar moved New Year's Day from April 1 to January 1** |  | <b>Need help getting down to the NEX to shop? Ask a Rec Staff for escort! We're happy to help you.</b>  |  |                          |  | <b>Want to feel stronger? Join us Tuesday's at 0815 for chair exercise in the piano room! All activity levels are welcomed and encouraged!</b> |  |
| <b>We are so grateful for our volunteers every month-please tell them "Thank you" when you see them!</b>  |  |    |  | <b>Ask for leisure supplies! We have puzzles, games, coloring sheets, etc.</b>   |  | <b>LOCATION KEY</b><br>AT = Activity Room<br>CC = Community Ct.<br>F = Front Entrance                                |  | <b>LOCATION</b><br>PT = Patio<br>PR- Valor Piano Room<br>TH = Theater   |  |   |  |  |  |