















ALLEGIANCE Recreation Therapy – March 2024

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
February	25	February	26	February	27	February	28	February	29	March	1		2
 Birthstone = Aquamarine Flower =  Daffodils		 0945 Art on Valor 1400 Ice Cream Social (CC) 		0815 Exercise w/ Nicole  B I N G O 1330 Bingo on Valor		 0900 Yam Slam! Dice Game (PR) 1400 Popcorn & Movie (TH) 		1000 Table Bowling (PR) 1400 International Cuisine Social (CC)		1-1 Visits & Strolls 1330 Right Left Center (PR)		Free Leisure Saturday!	
	3		4		5		6		7		8		9
0900 Catholic Service (CH) 1030 Protestant Service (CH) 		1030 Quarterly Memorial Service (TH) 1400 Ice Cream Social (CC) 		0815 Exercise w/ Nicole  1330 Bingo on Valor 		0900 St. Patrick's Day Trivia  1330 Shamrock Shakes w/ the Dietitians 		 1000 Right Left Center (PR) 1-1 visits & Strolls		Independent Activities- Grab a word search, or activity from the Piano Room to play with friends!		 AM Royal Pet Visit	
	10		11		12		13		14		15		16
 0900 Catholic Service (CH) 1030 Protestant Service (CH)		 0945 Art on Valor 1330 Rootbeer Floats (PR) 		0815 Exercise w/ Nicole  1330 Bingo on Valor 		0900 Penny Ante Leprechaun Hunt in Your Spare Time!  *Return to Nicole!		1000 Irish Piano Time w/ Beth (PR) 1130 St. Pat's Luncheon PM Stoli Visit 		1000 Luck o' The Irish Music Time (PR) 1330 Table Shuffleboard 		Fill out a March Madness Bracket & Return to Nicole!	
	17		18		19		20		21		22		23
St. Patrick's Day! 0900 Catholic Service (CH) 1030 Protestant Service (CH) 		 0945 Art on Valor 1400 Ice Cream Social (CC) 		0815 Exercise w/ Nicole March Birthday Lunch  1330 Bingo on Valor		0900 Wii Games  1400 Popcorn & Movie (TH) 		1000 Easter Service w/ the Chaplains (PR)  1330 Guess That Green Thing (PR) 		 0800 Walmart Trip 1300 March Madness First Round (PR) 		AM Royal Pet Visit 	
	24		25		26		27		28		29		30
0900 Catholic Service (CH) 1030 Protestant Service (CH) 		 1000 Rockford, MN High School Choir & Orchestra (CC)		0815 Exercise w/ Nicole 1330 Bingo on Valor 		1000 Easter Bunny Visits 1400 Popcorn & Movie (TH) 		1000 Easter, Religious & Spring Songs (PR) 1330 Easter Games (PR) 		AM Easter Egg Hunt! 1300 March Madness Second Round (PR) 		Women's History Month 	
EASTER SUNDAY 31 0900 Catholic Service (CH) 1030 Protestant Service (CH)		Women's History Month		Compete in the March Madness Contest to win a prize!		LOCATION KEY AT = Activity Room CC = Community Ct. F = Front Entrance		LOCATION PT = Patio PR- Valor Piano Room TH = Theater		Ask Rec Staff for any leisure supplies- puzzles, games, word searches, etc.			