



Valor Recreation Therapy - June 2023



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
MAY 28		Memorial Day 29		MAY 30		MAY 31		JUNE 1		JUNE 2		JUNE 3	
0900 Catholic Service (CH) 1030 Protestant Religious Service (CHAPEL) 5/28 Indianapolis 500 race!!		1130 Memorial Day Lunch! 1868, honors men & women who gave their life in service to our country!		0800 Chair Exercise (TV) Skype Calls Scheduled! 1330 Bingo on Valor (PR)		0800 Chair Exercise (TV) 1-1 Visits & Strolls (i) 1400 Pick-up Popcorn @ Theater!		Please see Rec for haircuts! 0800 Chair Exercise (TV) 0930 Model Trains! Train Room (TR)		0800 Protestant Service 0800 Chair Exercise (TV) 1200 Rec Events - Ch 4 1800 Movie Channel 4		Free Leisure! 0800 Exercise 1200 Rec Events - Ch 4 1800 Movie Channel 4	
JUNE 4		5		BINGO D-Day 6		7		8		Wear Red! 9		10	
0830 Individual Visits (i) 0900 Catholic Svc (CH) 1030 Protestant Svc (CH) AFRH Protestant Chapel Ch 4 0800 & Catholic Ch 91		0800 Chair Exercise (TV) 0945 Art with Milt! (AT) 1330 Ballgames & Crackerjacks!		0800 Chair Exercise (TV) Skype Calls Scheduled! 1330 Bingo on Valor! (PR) 1400 D-Day Video - Ch 4		0900 See Rec for haircuts! 0800 Chair Exercise (TV) 1-1 Visits & Strolls (i) 1400 Movie & Popcorn @ Theater!		0800 Chair Exercise (TV) 1000 Piano Time with Beth! (PR) 1300 Channel 4 Comedy		0800 Protestant Service 0800 Chair Exercise 1200 Rec Events - Ch 4 1300 Channel 4 Comedy 1800 Movie Channel 4		0800 Chair Exercise 1000 Royal Pet Visit (i) 155th Belmont Stakes Horse Race!	
11		12		BINGO 13		Flag Day! 14		15		Red Friday! 16		17	
0830 Individual Visits (i) 0900 Catholic Service (CH) 1030 Protestant Service (CH) AFRH Protestant Chapel Ch 4 0800 & Catholic Ch 91		0800 Chair Exercise (TV) 0945 Art with Milt! (AT) 1300 Ch 4 Dry Bar Comedy 1400 Ice Cream Social! (CC)		0800 Chair Exercise (TV) Skype Calls Scheduled! 1330 Bingo on Valor! (Piano Room)		0800 Chair Exercise (TV) "Flag Day" Monthly Cook-in!! 1400 Army B-Day & Flag Day Ceremony! (CC)		0800 Chair Exercise (TV) 1000 Drum It Up! Drumming (PR) Pm "Cooper" Pet Visits!		0800 Chair Exercise (TV) Individual Skype, Reminiscing & Visits ongoing! 1800 Movie Channel 4		Free Leisure Saturday! 0800 Chair Exercise 1200 Rec Events - Ch 4 1800 Movie Channel 4	
Father's Day 18		Juneteenth Holiday! 19		20		1st Day of Summer! 21		22		Wear Red! 23		24	
0830 Individual Visits (i) 0900 Catholic Service (CH) 1030 Protestant Service (CH) Father's Day Sunday Lunch!		0800 Chair Exercise (TV) Juneteenth means freedom! 6/19/1865 1200 Rec Events - Ch 4 1800 Channel 4 Movie!		0800 Chair Exercise (TV) Skype Calls Scheduled! June Monthly B-Day LUNCH!! 1330 Bingo on Valor (PR)		0800 Chair Exercise (TV) 1330 Right Left Center Game (PR) 1400 Popcorn @ Theater!		0800 Chair Exercise (TV) 0930 Model Trains! Train Room (TR) 1200 Rec Events - Ch 4 1300 Channel 4 Comedy		0800 Protestant Service 0800 Chair Exercise 1200 Rec Events - Ch 4 1300 Channel 4 Comedy 1800 Movie Channel 4		0800 Chair Exercise 1000 Royal Pet Visit (i) 1200 Rec Events - Ch 4 1800 Movie Channel 4	
JUNE 25		26		Tropical Tuesday! 27		JUNE 28		JUNE 29		Red Friday! 30		JULY 1	
0830 Individual Visits (i) 0900 Catholic Service (CH) 1030 Protestant Religious Services (CHAPEL)		0800 Chair Exercise (TV) 0945 Art with Milt! (AT) 1400 Ice Cream Social! (CC)		0800 Chair Exercise (TV) Wear Tropical Shirt! 1330 Bingo on Valor!		0800 Chair Exercise (TV) 0900 Chauff'r Xpress (i) 1400 Popcorn @ the Theater!		0800 Chair Exercise (TV) 1000 Piano Time with Beth! (PR)		0800 Chair Exercise 1200 Rec Events - Ch 4 1800 Channel 4 Movie! Events subject to change!		Free Leisure Saturday! 0800 Chair Exercise 1800 Movie Channel 4	
Health & Nutrition Month		June Birthstone = Pearl & Alexandrite Flower = Rose		Please ask for leisure supplies & See Senior TV Channel 4 for Rec events.		LOCATION KEY AT = Activity Room CC = Community Ct. F = Front Entrance		LOCATION PT = Patio PR- Valor Piano Lounge TH = Theater TR = Train TV = TV Lounge		First Day of Summer! June 21 Skype visits available with your loved ones! See Recreation staff		Wash Hands! We Can Do It!	