



Loyalty Hall Recreation Therapy – October 2020



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
<u>SEPTEMBER</u>	27	<u>Yom Kippur</u>	28	<u>SEPTEMBER</u>	29	<u>SEPTEMBER</u>	30	<u>OCTOBER</u>	1	<u>Theme Day!</u>	2	<u>OCTOBER</u>	3	
Due to COVID-19, Recreation Events have been temporarily halted for your safety!		For Jewish High Holy Days, "The Days of Awe or Repentance" begin right after Rosh Hashanah and last for 10 days to repent their sins.		Recreation Therapy is focused on Resident safety at this time! <u>Events subject to change!</u>		In a world where you can be anything...be kind! 1800 Channel 4 Movie!		Fat Bear Week & Visits! Sept. 30-Oct. 6, Katmai National Park, Alaska – more bears (2,200) in this park prepare to hibernate.		World Smile Day! In 1963, artist, Harvey Ball created iconic yellow smiley face-"Do an act of kindness. Help one person smile."		OCTOBER Birthstone = Opal & Pink Tourmaline Flower = Marigold or Calendula		
<u>OCTOBER</u>	4	<u>Wear Purple</u>	5		6		7		8	<u>Trivia for the Day!</u>	9	<u>Trivia of the Day!</u>	10	
Please see Senior Television Channel 4 for Updates & Recreation Event Videos & Photo Slideshows!		for Alzheimer's Month We appreciate your Patience as we provide person centered care & individual Leisure needs!		Cruisin' the Coast! What's Your Favorite Antique Car? Cars drive along Hwy 90 10/4 thru 10/11		Morning Visits & 1-1 Fun Art! (i) Oktoberfest Lunch!		Animatronic "Pup & Kitty" Pet Visits! 1800 Channel 4 Movie!		80th Birth Anniversary of John Lennon, 1940-1980 National Bring Your Teddy Bear to Work Day!		14th Annual Universal Music Day A day to listen to & celebrate all types of music, music making, and musicians.		
	11	<u>COLUMBUS DAY</u>	12		13		14	<u>Trivia of the Day!</u>	15	<u>Red Friday!</u>	16		17	
Pass the Ketchup Please Day! B-Day of Henry Heinz AFRH Protestant Services Channel 4 & Catholic Chapel Services Ch 91		Wear Purple Mondays for Alzheimer's Month Oktoberfest is an annual festival in Munich, Germany. It originated on October 12, 1810!		Navy "245th" Birthday Ceremony @ 1400 on Channel 4 1800 Ch 4 Movie!		"Boo-ti-ful Happy Halloween" Monthly Cook-in!		National I Love Lucy Day! I Love Lucy premiered on Oct. 15, 1951. Lucille Ball won 4 Emmys, 6 Golden Globes & was 1st female CEO of a production company.		Dictionary Day & Learn a Word Day! What's Your Favorite word to say? Abracadabra... serendipity... love... Onomatopoeia...		Sweetest Day The goal of this day is to do something nice for someone so he or she will say, "Oh, that's so sweet!"		
	18	<u>Wear Purple</u>	19		20		21		22	<u>Red Friday!</u>	23	<u>Trivia for the Day!</u>	24	
AFRH Protestant Chapel Services Channel 4 Daily @ 0800 & 1500 Catholic Chapel Services are on Channel 91		Good Morning Sunshine! Lemon Essential Oils (i) Virtual Travels Daily @ 1300		October Monthly Birthday LUNCH!! (i) HAPPY BIRTHDAY!		Am Garden & Patio Time (i) Lemon Essential Oil (i) 1800 Featured Movie each night!		0900 Chair Exercises – Senior TV Channel 4 Virtual Travels Daily @ 1300 & 2030		Chair Exercise Daily @ 0900 on Senior TV		Take Back Your Time Day The goal of this day is a reminder to people of the importance of leisure time. Also, United Nations Day & Make a Difference Day!		
	25	<u>Wear Purple</u>	26		27		28	<u>OCTOBER</u>	29	Halloween Treats!	30	<u>HALLOWEEN</u>	31	
Protestant Svc 0800 & 1500 Catholic Chapel on Ch. 91 M-F 0700, 1100 & 1800 Sat. 1800 & Sun. 0700 & 1100		Funny of the Day! How do you make a witch stew? Keep her waiting for hours.		Read, watch a movie, catch a sports game, clutter clean your room...lots you can do		Sean's Virtual Travels Daily @ 1300 & 2030 on Senior TV		Morning Visits & 1-1 Fun Art! (i) Lemon Essential Oils (i) 1800 Channel 4 Movie!		Frankenstein Friday! This day celebrates author, Mary Shelley who wrote Frankenstein & Boris Karloff who played the monster.		Daylight Savings Time Ends-Fall Back an Hour! Happy Halloween!		
Fire Prevention & Safety Month	SAFETY FIRST		Chair Exercise Daily on Senior TV Ch. 4 @ 0900		Wash Hands! Wear Masks! We Can Do It!		LOCATION KEY AT = Activity Room TV = TV Lounge PT = Patio		Please ask for leisure supplies-puzzles, books, art, movies, cards, etc.		Recreation will resume when determined the Coronavirus to no longer be a health risk.		Keep Calm & Practice Social Distancing! We appreciate you & Want to keep you well!	