<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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</thead>
</table>
| Amanda Jensema, CTRS, Recreation Therapist 202-541-7721 | **SrTV Movie Channels:**
- Starz 84-85
- HBO 116-121
- Cinemax 122-127 | **AFRH Morning Show w/ Carol & Amanda**
*Air every Saturday & Wednesday
9:00 a.m.
Channel 4* | 9:15am Who Am I? - Sh2
9:45am Hallway Stretch – Sh3
10:15am Hallway Stretch - Sh2
1:30pm IDT Meeting | 9am Calendar Distro
9:45am Room Visits/Leisure Stroll - Sh2
1:30pm Beverage Cart - Sh2
2:15pm Spelling Bee - Sh3 | 9am Activity Cart - Sh2
9:30am Activity Cart - Sh3
10am Isolation Bingo
1:30pm Snack Cart | 9am Beverage Cart 1:30pm Room Visits/Leisure Stroll 2:30pm News Review-Sh3 |
| Annemarie Wilson, MS, CTRS, RT Supervisor 202-541-7626 | **Senior TV Church Services:**
- **Catholic:**
  6:30am Channel 20
  8am –or- 12pm Channel 98
- **Protestant:**
  8am Channel 20
  9:30am Channel 20 | **October Movie Fact:**
*"The Hunt for Red October" is the only film with 'October' in the title to win an Oscar (for best sound editing)* | 9:15am Who Am I? - Sh2
9:45am Hallway Stretch – Sh3
10:15am Hallway Stretch - Sh2
1:30pm IDT Meeting | 9am Beverage Cart - Sh3
9:30am Room Visits/Leisure Stroll - Sh2
1:30pm Beverage Cart - Sh2
2:15pm Room Visits/Leisure Stroll - Sh3 | 9am Activity Cart - Sh2
9:30am Activity Cart - Sh3
10am Isolation Bingo
1:30pm Ice Cream Cart | 9am Beverage Cart 1:30pm Room Visits/Leisure Stroll 2:30pm News Review-Sh3 |
|                | **Indigenous People's Day:**
An annual celebration in parts of the United States to honor the contributions of Native Americans to America's culture.
Lawrence Spriggs | **SrTV Movie Channels:**
- Starz 84-85
- HBO 116-121
- Cinemax 122-127 | 9:15am Who Am I? - Sh2
9:45am Hallway Stretch – Sh3
10:15am Hallway Stretch - Sh2
1:30pm IDT Meeting | 9am Beverage Cart - Sh3
9:30am Room Visits/Leisure Stroll - Sh2
1:30pm Beverage Cart - Sh2
2:15pm Room Visits/Leisure Stroll - Sh3 | 9am Activity Cart - Sh2
9:30am Activity Cart - Sh3
10am Isolation Bingo
1:30pm Popcorn Cart | 9am Beverage Cart 1:30pm Room Visits/Leisure Stroll 2:30pm News Review-Sh3 |
|                | **Senior TV Church Services:**
- **Catholic:**
  6:30am Channel 20
  8am –or- 12pm Channel 98
- **Protestant:**
  8am Channel 20
  9:30am Channel 20 | **Halloween Candy Fact:**
Candy Corn was originally called Chicken Feed
Michael Keleourse | 9am Activity Cart
9:30am Room Visits/Leisure Stroll - Sh3
1:30pm Beverage Cart
2:15pm News Review-Sh2 | 9:15am Who Am I? - Sh3
9:45am Get Moving!! - Sh3
10:15am Get Moving! – Sh2
1:30pm IDT Meeting | 9am Beverage Cart - Sh3
9:30am Activity Cart - Sh3
10am Isolation Bingo
1:30pm Bakery Cart | 9am Activity Cart - Sh2
9:30am Activity Cart - Sh3
10am Isolation Bingo
1:30pm Popcorn Cart | 9am Beverage Cart 1:30pm Room Visits/Leisure Stroll 2:30pm News Review-Sh3 |
|                | **Senior TV Church Services:**
- **Catholic:**
  6:30am Channel 20
  8am –or- 12pm Channel 98
- **Protestant:**
  8am Channel 20
  9:30am Channel 20 | **SrTV Movie Channels:**
- Starz 84-85
- HBO 116-121
- Cinemax 122-127 | 9am Activity Cart
9:30am Room Visits/Leisure Stroll - Sh2
1:30pm Halloween Guessing Roving Cart - Sh3
2:15pm News Review-Sh2 | 9am Activity Cart - Sh2
9:30am Activity Cart - Sh3
10am Isolation Bingo
1:30pm Popcorn Cart | 9am Beverage Cart - Sh2
9:30am Activity Cart - Sh3
10am Isolation Bingo
1:30pm Popcorn Cart | 9am Beverage Cart 1:30pm Room Visits/Leisure Stroll 2:30pm News Review-Sh3 |

**Halloween Candy Fact:**
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