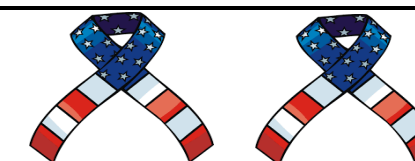



# Recreation Activities & Special Events for May 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	Cinco De Mayo 5	6
<b>CONTACTS:</b> <b>Colby Shahan, Rec. Specialist (202) 541-0612, Colby.shahan@afrh.gov</b>  <b>Steven Briefs, CTRS, Recreation Specialist Supervisor (202) 541-7733</b>	11:00 Qi Gong-TH 11:30 Buttery Popcorn-CCL 1:30 <i>Captain Phillips</i> Movie-TH 2:00 Cornhole-CY	10:00 Tech Hour-SHCL 11:00 Pop Up Trivia-CCL 1:00 RT Prize Bingo-CC 1:00 <i>Moses</i> Sight & Sound-TH 2:30 Walking Club-CT <b>6:30 Saloon Night-DI</b>	<b>9:30 Trip Meeting-TH</b> 11:00 Qi Gong-TH 1:00 Bingo-CC 1:30 Glenna's Book Club-TH	9:00 Chair Aerobics-CC 1:00 Game Series-CT 1:30 Movie Selection-GR 2:30 Walking Club-CT 6:00 <i>Black Sunday</i> Movie-TH	10:00 Meditation-GR 11:00 Qi Gong-TH <b>11:30 Mexican Fiesta Lunch-DH</b> 1:30 Music Jam Session-CC 6:00 <i>Megan</i> Movie-TH	10:00 Cats Visit-SH 1105 1:00 Bingo-CC 4:00 DI Social-DI 6:00 <i>Olympus Has Fallen</i> Movie-TH
7	8	9	10	11	<b>Blood Drive in CC 12</b>	13
8:30 Basilica of National Shrine Catholic Mass TRIP 10:00 Protestant Services-MR 6:00 <i>The Green Mile</i> Movie-TH	11:00 Qi Gong-TH 11:30 Buttery Popcorn-CCL 1:00 Praise & Joy Sing-Along-CC 1:30 <i>Narrow Escape</i> Movie-TH 2:00 Movie Trivia-DI	10:00 Dining Committee-CR 11:00 Pop Up Trivia-CCL 1:00 RT Korean Cooking-Scott 2 1:30 <i>Ramses Visions of Greatness</i> Doc-TH 2:30 Walking Club-CT 4:00 Chat w/Chief-TH 6:00 RT Big Bucks Bingo-CC	10:00 Financial Literacy-GR 10:00 Water Workout-Pool 11:00 Qi Gong-TH 1:00 Bingo-CC 1:30 Glenna's Book Club-GR	9:00 Chair Aerobics-CC 10:45 Pals Visit-CCL <b>1:00 RT Variety Show-CC</b> 1:00 Game Series-CT 2:30 Walking Club-CT 6:00 <i>The Estate</i> Movie-TH	10:00 Finger Fitness-GR 11:00 Qi Gong-TH 1:30 Music Trivia-DI 6:00 <i>Till the Clouds</i> Movie-TH	10:00 RT Airang Chamber Orchestra-CC 1:00 Bingo-CC 2:00 RT Ice Cream Treats- CCL 4:00 DI Social-DI 6:00 <i>The Four Musketeers</i> Movie-TH
14	15	16	17	WRNMMC Conference-CC 18	19	20
8:30 Basilica of National Shrine Catholic Mass TRIP 10:00 Protestant Services-SC 6:00 <i>Jesse Stone: Night Passage</i> Movie-TH	<b>10:00 Pickleball Demo-DH</b> 11:00 Qi Gong-TH 11:30 Buttery Popcorn-CCL 1:30 <i>Dirty Dancing Havana Nights</i> Movie-TH 2:00 Bocce Ball-CT	11:00 Pop Up Trivia-CCL 1:00 CPR Class-CC 1:30 <i>Pompeii Buried Alive</i> Doc-TH 2:00 ResidentStaff Bowling-BC 2:30 Walking Club-CT <b>4:30 Birthday Dinner-DH</b>	10:00 Pickleball-SHBY 11:00 Qi Gong-TH 1:00 Bingo-CC 1:30 Glenna's Book Club-GR 4:00 Ladies Group-CC	9:00 Chair Aerobics-GR 1:00 Game Series-CT 1:00 Poetry Meeting-SH 1103 2:30 Walking Club-CT 6:00 <i>London Has Fallen</i> Movie-TH	10:00 Meditation-GR <b>10:00 RT "Wreck" Crew Games-PR</b> 11:00 Qi Gong-TH 4:00 American Legion Meeting-RM 1103 6:00 <i>Show Boat</i> Movie-TH	1:00 Bingo-CC 4:00 DI Social-DI 6:00 <i>A Man Called Otto</i> Movie-TH
21	22	23	24	25	26	27
8:30 Basilica of National Shrine Catholic Mass TRIP 10:00 Protestant Services-MR 6:00 <i>Darby O'Gill and the Little People</i> Movie-TH	11:00 Qi Gong-TH 11:30 Buttery Popcorn-CCL 1:30 <i>Beneath the Planet of the Apes</i> Movie-TH 2:00 Zumba Gold-CC	11:00 Pop Up Trivia-CCL 1:00 RT Bingo-CC 1:30 <i>Who Killed the Maya?</i> Doc-TH 2:30 Walking Club-CT	10:00 Water Workout-Pool 11:00 Qi Gong-TH 1:00 Bingo-CC 1:30 Glenna's Book Club-GR 6:30 Genealogy Class-SHCL	<b>9:00 Town Hall-CC</b> 1:00 Spring Softball-BF 2:30 Walking Club-CT 6:00 <i>The Horse Whisperer</i> Movie-TH	10:00 Finger Fitness-CC <b>11:00 Cookout-DH</b> 11:00 Qi Gong-TH 6:00 <i>Angel Has Fallen</i> Movie-TH	1:00 Bingo-CC 4:00 DI Social-DI 6:00 <i>12 O'Clock High</i> Movie-TH
28	MEMORIAL DAY 29	30	31			
8:30 Basilica of National Shrine Catholic Mass TRIP 10:00 Protestant Services-SC 6:00 <i>Hollywood Canteen</i> Movie-TH	<b>10:00 Memorial Services-National Cemetery</b>  	11:00 Pop Up Trivia-CCL 11:30 Buttery Popcorn-CCL 1:00 RT Bingo-CC 1:30 <i>Jeeves &amp; Wooster</i> Comedy Hour-TH 2:30 Walking Club-CT	11:00 Qi Gong-TH 1:00 Bingo-CC 1:30 Glenna's Book Club-GR	<b>LEGEND:</b> AC- Artist Colony BC- Bowling Center BF- Ball Field CC- Community Center CCL- Community Center Lobby CL- Computer Lab	CR- Club Room CT - Canteen DH- Dining Hall DI- Defenders' Inn GR-Game Room HOH- Hall of Honor L - Library	LR- Living Room MR- Meditation Room PR - Promenade RT- Recreation Therapy Yd SC- Stanley Chapel TH- Theater

# Recreation Outings for May, 2023

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
			1	SIGN-UP 04/27	2		3	SIGN-UP 05/01	4	SIGN-UP 05/01	5		6
				Ft. Belvoir C & E DPT: 10:00 am RNT: 1:00 pm				Golden Coral Buffet Largo, MD DPT: 11:00 am RNT: 1:30 pm		Van Gough Exhibit DPT: 10:00 am RNT: 12:00 pm <b>\$33.90 TICKET</b>			
	7	SIGN-UP 05/04	8		9	SIGN-UP 05/05	10		11		12	SIGN-UP 05/09	13
Basilica of National Shrine Catholic Mass DPT: 8:30 am RNT: 10:15 am		Native American Museum DPT: 10:00 am RNT: 1:00 pm				Arundel Mills Mall, Live Casino, Walmart & BoA DPT: 9:00 am RNT: 2:00 pm						Center for American Military Op. 8pm show (CAMMO) DPT: 6:30 pm RNT: 9:30 pm	
	14		15	SIGN-UP 05/12	16		17	SIGN-UP 05/12	18		19	SIGN-UP 05/16	20
Basilica of National Shrine Catholic Mass DPT: 8:30 am RNT: 10:15 am				Potomac Mills Mall- BoA- Walmart DPT: 10:00 am RNT: 1:00 pm				Ft. Meade C & E DPT: 10:00 am RNT: 1:00 pm				MISSION BBQ (Free Lunch) DPT: 10:30 am RNT: 1:00 pm Opens at 11 am	
	21	SIGN-UP 05/18	22	SIGN-UP 05/19	23		24		25	SIGN-UP 05/22	26	SIGN-UP 05/23	27
Basilica of National Shrine Catholic Mass DPT: 8:30 am RNT: 10:15 am		Museum Of African Art DPT: 9:30 am RNT: 12:00 pm Sign-up with Jenna		National's Vs Padres Baseball DPT: 5:30 pm RNT: 10:15 pm						Bolling AFB C & E DPT: 10:00 am RNT: 1:00 pm		Virginia Grand Band DPT: 1:30 pm RNT: 4:00 pm Show BEGINS 2:30 pm	
	28	MEMORIAL DAY	29	SIGN-UP 05/25	30	SIGN-UP 05/26	31						
Basilica of National Shrine Catholic Mass DPT: 8:30 am RNT: 10:15 am				Olive Garden & Mall of Prince George DPT: 11:00 am RNT: 1:30 pm		Forrest Glen = C DPT: 10:00 am RNT: 12:00 pm				<b>TRIP CALLERS ARE NEEDED</b> Please talk with Marla (202)541-7639		C & E = Commissary and Exchange BoA =Bank of America	