

OCTOBER 2012 RECREATION TRIPS & SPECIAL EVENTS

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
			1	Sign up Wed. Sept. 26	2		3	Sign up Fri. Sept. 28	4	Sign up Mon. Oct. 1	5		6
				Halloween Ceramics @ 9:30 a.m., in Ceramics, rm G-408 Potomac Mills, BOA, Walmart, Michaels, VA <i>BPV's Also</i> DPT: 10:00 a.m. RTN: 2:30 p.m.		Trip Planning Meeting @ 9:00 a.m., room 1103 Photography Club's First Meeting @ 3:30 p.m., in Ceramics rm G-408		Bolling AFB, BOA, PFCU, D.C. <i>BPV's Also</i> DPT: 10:00 a.m. RTN: 2:00 p.m. Oktoberfest Happy Hour Social with the 'Friends of the Home', 1:30-2:30 p.m., 1 st floor lobby		Retiree Appreciation Day Joint Base Myer-Henderson Hall DPT: 8:00 a.m. RTN: 3:00 p.m. Laurel Race Track, Old Country Buffet, Amish Mkt, Walmart, MD <i>BPV's Also</i> DPT: 12:00 p.m. RTN: 5:00 p.m.		Computer Class @ 10:00 a.m., in the 24 hr. Computer room	
	7	Sign up Tues. Oct. 2	8		9	Sign up Wed. Oct. 3	10	Sign up Thurs. Oct. 4	11		12	Sign up and pay by Thurs. Oct. 4 in Rec Office	13
AFRH Annual Antique Auto Assembly @ 9:00 a.m. in the rear north parking lot (behind old Security Bldg) Oktoberfest 1:00-5:00 p.m., at the Driving Range PAL Visit 1:30-2:30 p.m., in front of the Sheridan Bldg.		Trivia & Treats, 10:00-11:00 a.m., 1 st floor lobby Columbus Day Discussion, 3:00-4:00 p.m., 1 st floor lobby Walmart, MD <i>BPV Also</i> DPT: 12:30 p.m. RTN: 3:30 p.m.		Woodshop Meeting & Lunch, @ 11:30 a.m. at the Woodshop Halloween Wreath Making 1:30 p.m.-2:30 p.m., 1 st floor lobby		Free Resident's Golf Clinic, 9:00-11:00 a.m., at the Golf Course Fogo De Chao, Fine Dining, D.C. DPT: 10:45 a.m. RTN: 2:00 p.m.		Forest Glen or Silver Springs & BOA, MD DPT: 10:00 a.m. RTN: 2:00 p.m. NCOA Resident/Employee Golf Tournament @ 1:00 p.m., at the Golf Course		Conductorcise 10:00 -11:00 a.m., rm 1103 237th Navy Birthday Celebration 1:30-3:00 p.m., 1 st floor lobby		DN Speak Easy 10:00-11:00 a.m., 3 rd floor Day Room 'Fly' tribute to the Tuskegee Airmen, Ford's Theatre, DC (\$20.00) DPT: 12:30 p.m. RTN: 5:00 p.m.	
Sign up Tues. Oct. 9	14	Sign up Tues. Oct. 9	15	Sign up Wed. Oct. 10	16		17	Sign up Fri. Oct. 12	18	Sign up Mon. Oct. 15	19		20
Olney Farmer's Market, MD DPT: 9:00 a.m. RTN: 1:00 p.m.		Photography Club Trip, VA DPT: 9:00 a.m. RTN: 2:00 p.m. (Van)		Andrews AFB, MD <i>BPV's Also</i> DPT: 10:00 a.m. RTN: 2:00 p.m. Birthday Dinner @ 4:30 p.m., Jerry's Diner Archie Edwards Blues @ 6:30 p.m., 1 st floor lobby		Uno 10:00-10:45 a.m., rm 3017 Putting with Jerry and Matt on the greens, 2:00 -3:00 pm, at the Golf Course		Bev's Ceramics Trip & Cracker Barrel Restaurant DPT: 9:30 a.m. RTN: 1:30 p.m. Movie Selection Meeting @ 1:30 p.m., rm 3017		Manassas Mall, McKay Bookstore, BOA, VA DPT: 10:00 a.m. RTN: 2:00 p.m. Blob's Park Squeezebox Band 50's & 60's (\$6.00 admission. Pay at door) DPT: 6:30 p.m. RTN: 12:00 a.m.		PAL Visit 10:30-11:30 a.m., in front of the Sheridan Bldg.	
	21	Sign up Tues. Oct. 16	22		23	Sign up Thurs. Oct. 18	24	Sign up Fri. Oct. 19	25	Sign up Mon. Oct. 22	26		27
Halloween Pin Making @ 1:30 p.m., in Ceramics, rm G-408		Skyline Drive Shenandoah Valley & Lunch at Skyland Resort, VA DPT: 8:00 a.m. RTN: 2:30 p.m.		How To Write A Mystery @ 1:30 p.m., 3 rd floor Day rm Tote Bag Class 2:30-4:00 p.m., in the Sewing Room, 6021		Free Resident's Golf Clinic, 9:00-11:00 a.m., at the Golf Course Goodwill, K-Mart & Lunch at Crofton, MD DPT: 9:00 a.m. RTN: 12:30 p.m.		Bolling AFB, PFCU, D.C. <i>BPV's Also</i> DPT: 1:00 p.m. RTN: 3:00 p.m. Music Program @1:30 p.m., rm 3017 Medieval Times at Arundel Mills, MD Sign up in Rec Office 1010 by Wed. Oct 3 DPT: 5:30 p.m. RTN: 9:30 p.m.		Arundel Mills, Walmart, Casino DPT: 10:00 a.m. RTN: 2:30 p.m. Challenging Crossword Puzzles 10:30-11:15 a.m., 1 st floor lobby		DN Speak Easy 10:00-11:00 a.m., Bowling Center Halloween Classic Golf Tournament @ 12:00 p.m. at the Golf Course	
Sign up and pay by Tues. Oct. 16 in Rec Office	28	Sign up Tues. Oct. 23	29	Sign up Wed. Oct. 24	30	Sign up and pay by Tues. Oct. 30 in Rec Office	31						
Halloween Card Making Social @ 1:30 p.m., in Ceramics rm G-408 Little Theatre of Alexandria Cantorial Play (\$20.00 admission) & Dinner, Old Alexandria DPT: 1:30 p.m. RTN: 7:00 p.m.		Conductorcise 10:00 -11:00 a.m., rm 1103 Target at PG Plaza, MD DPT: 3:30 p.m. RTN: 6:30 p.m.		Fort Belvoir, VA DPT: 10:00 a.m. RTN: 2:00 p.m. Astronomy Discussion @ 1:30 p.m., rm 3017		Resident/Employee Halloween Costume Contest & Ice Cream Social, 1:30-3:00 p.m., 1 st floor lobby National Archives Docent Led Tour & 'To The Brink' Exhibit (\$1.50 for tour) DPT: 9:00 a.m. RTN: 12:00 p.m.		Emergency cards must be carried with you on every trip, please make sure you have one. The trip caller has these cards if you need one. Residents are responsible for being at the bus 15 minutes before departure and return time.				Residents, BPV users, may sign up 4 business days prior to scheduled trips 7:30 a.m. – 4:00 p.m. Monday- Friday in the Sheridan Lobby in front of room 1010.	

Friday, September 07, 2012

CONTINUAL CAMPUS/INTERACTIVE RECREATION ACTIVITIES

SUNDAY	2:30-4:00 p.m. 6:00 p.m.	Art Class: Creativity 101 Movie	Ceramics Studio G-408 Visitor's Lounge rm 1103
MONDAY	9:30 a.m. 1:30 p.m. 6:00 p.m.	Ceramics Class Ceramics/Pottery Assistance Bridge Club	Ceramics Studio G-408 Ceramics Studio G-408 4th Floor rm 4017
TUESDAY	9:00 a.m. 9:30-11:30 a.m. 1:30 p.m.	Cardio Lite Class/Body Bar Class Drawing & Painting: Individual Instruction Time A/C Assistance or Special Topic Wrkshops	Bowling Center Ceramics Studio G-408 Ceramics Studio G-408
WEDNESDAY	9:00 a.m. 1:30 p.m. 1:30 p.m. 6:00 p.m.	Stretch Yoga Bingo A/C Assistance or Special Topic Wrkshops Pinochle	Bowling Center Jerry's Diner Ceramics Studio G-408 Visitor's Lounge rm 1103
THURSDAY	9:00 a.m. 9:30 a.m. 10:00 a.m. 1:30 p.m. 5:45 p.m.	Cardio Lite Class 8/9 Ball Ping Pong Bowling Shoot-Out Hand & Foot (Canasta)	Bowling Center 4th Floor Day Room 5th Floor Bowling Center Visitor's Lounge, rm 1103
FRIDAY	9:30 a.m. 1:30 p.m. 6:00 p.m.	Pole Walking Current Event Discussion Movie	Bowling Center Room 3017 Visitor's Lounge, rm 1103
SATURDAY	9:00 a.m. 1:00 p.m. 6:00 p.m.	Osteo-Ball Stretch Bingo Movie	Room 3021 Jerry's Diner Visitor's Lounge, rm 1103

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The Computer Game Room and the Fitness Center are located on the ground floor along the Woodworking Shop corridor, and are open 24 hours a day, every day.

The 24 hour Computer Room is next to the Bowling Center.

Additional fitness equipment now located on the 7th floor.

**Puzzles are located on the 5th floor.

Updated 9/12