

AFRH - G / Master Menus Week of 4 / 29 / 2024 / Cycle 3 - REGULAR LINE (Revision 2)

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N Apr 29th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Vegetable Beef & Barley Soup Tomato Cream Cheese Soup Turkey & Bacon Wrap w/ Pub Sauce Beef and Sausage Dirty Rice Potato Salad Broccoli Florets Buttered Whole Kernel Corn Yeast Roll / Cornbread / Corn Muffin	Vegetable Beef & Barley Soup Egg Drop Soup Assorted Deli Meats / Cheeses Beef Yakisoba with Asian-Style Noodles Pacific Rim Blend / Egg Rolls Sugar Snap Peas Dinner Roll / Corn Muffin
T U E S Apr 30th	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy	Chicken and Rice Soup Cream of Asparagus Soup Ham Salad / Mini Croissants Fried Chicken Mashed Potatoes w/Chicken Gravy Creamed Spinach Sautéed Rutabagas Slider Roll / Cornbread / Corn Muffin	Chicken and Rice Soup Cream of Asparagus Soup Assorted Deli Meats / Cheeses Corned Beef Irish Potatoes Stewed Cabbage Sliced Carrots Yeast Roll / Corn Muffin
W E D May 1st	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Chili Bean Soup / Pimento Cheese Italian Wedding Soup Chicken & Dumplings Assorted Thin Crust Pizza Grape Salad / Italian Green Beans Speckled Butter Beans Slider Roll / Cornbread / Corn Muffin	Chili Bean Soup / Pimento Cheese Italian Wedding Soup Assorted Deli Meats / Cheeses Shake & Bake Pork Chop Baked Sweet Potato Caribbean Vegetable Blend Green Peas Brown & Serve Roll / Corn Muffin
T H U R May 2nd	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Peach Topping Pork Bacon / Biscuits / Country Gravy	** CINCO de MAYO ** Chicken Tortilla Soup Beef Nachos with All the Fixin's Mexican Stuffed Peppers Hot Tamales with Enchilada Sauce / Sour Cream Mexi-Corn / Mexicana Zucchini Southerwestern Egg Rolls Mexican Cornbread / Desserts	White Bean & Wheat Berry Soup Chicken Tortilla Soup Assorted Deli Meats / Cheeses BBQ Pulled Pork / Cornbread Bun Au Gratin Potatoes BBQ Baked Beans Fried Okra / Coleslaw Yeast Roll / Corn Muffin
F R I May 3rd	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy	Pasta Fagioli Soup Cream of Broccoli Soup Western Beans with Ground Beef Fried Catfish / Lemon / Tartar / Cocktail Mediterranean Penne Pasta Bermuda Vegetable Blend Mustard Greens / Cornbread Hushpuppies / Corn Muffin	Pasta Fagioli Soup Cream of Broccoli Soup Assorted Deli Meats / Cheeses Skillet Smoked Sausage and Skillet Red Potatoes Creamed Cauliflower Sautéed Brussel Sprouts Dinner Roll / Corn Muffin
S A T May 4th	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy	Amish Chicken & Corn Soup Potato Sausage & Kale Soup Breaded Chicken Sandwich on Potato Bun Roast Beef with Gravy Mashed Potatoes / Beef Gravy Garlic Butter Sautéed Mushrooms Field Peas / Baked Okra / Cornbread Parker House Roll / Corn Muffin	Amish Chicken & Corn Soup Potato Sausage & Kale Soup Assorted Deli Meats / Cheeses Meat Balls 'n Tomato Meat Sauce Spaghetti / Cheesy Rosemary Bread Tuscan Vegetable Blend Creamy Country Corn Garlic Bread / Corn Muffin
S U N May 5th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order / Cheesy Diced Potatoes Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Blueberry Topping Biscuits / Country Gravy	Roast Beef Soup / Loaded Potato Soup Fried Shrimp Po-Boy/Lemon/Tartar/Cocktail Garlic Stuffed Fresh Pork Roast / Pork Gravy Twice Baked Potato Casserole Whole Green Bean Almandine Baked Beets with Shallots Brown & Serve Roll Cornbread / Corn Muffin	Roast Beef Soup Loaded Potato Soup Assorted Deli Meats / Cheeses Beef Stroganoff Curly Egg Noodles Sautéed Fresh Thick Cut Zucchini Stewed Tomatoes Slider Roll / Corn Muffin

DESSERTS - REGULAR LINE

Mon	Apple Pie
Tue	Snickerdoodle Cookies
Wed	Lemon Cake
Thu	Caramel Apple Crumb Cake
Fri	French Silk Pie
Sat	Wh. Chocolate Macadamia Nut Cookies
Sun	Peach Cobbler

DESSERTS - DIET LINE

NSA Berry Pie
Assorted SF Cookies
Fresh Fruit Cups
Sponge Cake with Strawberries
NSA Cherry Pie
Assorted SF Cookies
Tropical Fruit Cups

GRILL OPTIONS (LUNCH ONLY)

- * Grilled Hamburger * Grilled All Beef Hot Dog
- * Grilled Skinless, Boneless Chicken Breast
- * Grilled Cheese * Grilled Ham & Cheese
- * Breaded Cod Filet * Bacon * Cheese * Chili
- * Buns * Flour Tortillas * White & Wheat Brea
- * French Fries * Sweet Potato Fries
- * Beer Battered Onion Rings (Wed Only)
- * Condiment Stations Available