



WEEKLY BULLETIN

Friday, May 3, 2024

Meals

Breakfast 07:00 – 09:00, Grill 09:15 – 10:30

Lunch 11:30 – 13:00, Grill 13:15 – 15:30

Supper 16:30 – 18:00

RESIDENT UPDATES

USA	USN	USMC	USAF	USCG	R/NG	SPOUSE	TOTAL
66	53	9	67	4	8	14	221

In Memory of: William “Bill” Jentarra

ADMINISTRATION

- Thank you to the Residents who came out for the monthly Town Hall held on Thursday, April 25th. A follow up email will be forthcoming addressing the items presented in the PowerPoint presentation given on Resident rate calculations and the date that the no paperwork received rate will be imposed. If you happen to be one of the residents who did not turn in your financial documents to the Business Office last year, please do so promptly!
- Annual backflow testing and the resulting brief water outage will be Tuesday, May 7th. The outage is necessary since the testing is a code requirement. The water will be off between 15 and 30 minutes in each building. Water shutoff times are below:
 - Scott Building - 5:00AM with water back on no later than 5:30AM.
 - Sheridan Building – 6:00AM with water back on no later than 6:30AM.
- Fire alarm testing will occur Tuesday May 7th. The vendor will be onsite to remove the automated verbal announcement associated with the audible alarm and confusion during past drills.

BUSINESS CENTER

- Please bring a copy of your 2023 taxes & 1099s to the Business Center. Should you have any questions, contact the Business Center by phone at or in person Mon-Fri 08:00 – 16:00. We close the office daily from 11:30-13:00 for administrative duties.

HEALTHCARE SERVICES

	Resident	Employee	Contractor
Coronavirus	0	0	0
RSV	0	0	0
Influenza	0	0	0

- Stay hydrated! Water is available 24/7 in the Wellness Center. If you are outside consider wearing sunscreen, a hat and lightweight comfortable clothing. Bring your charged cellphone with you and use the buddy system. If you get overheated, call the Wellness Center or Security and we will assist you. Enjoy the beautiful weather but plan ahead and stay safe.

RESIDENT SERVICES

- We have adjusted our therapy pool hours to accommodate more residents. Effective immediately, the pool is open 0600-1800. Please allow us some time to adjust the signs etc.
- Only CORs (Contracting Officer Representatives) are authorized to engage and direct government contractors. Please refrain from tasking or asking our contractor staff to perform any tasks. Contractors are identified by light blue ID badges.

- The Golf Team Misfits have invited AFRH Golf Team Ward Echo to an annual nine-hole golf tournament at the Army/Navy Country Club on May 30. All interested golfers should contact Ward Echo team captain Tully Donohue before May 9th to sign up to play.

CHAPLAIN

- The next Resident Memorial Service has been scheduled for May 29th at 10:00 in the Meditation Room.
- Protestant services in Stanley Chapel will occur on 1st, 3rd, and 5th Sundays; and in the Scott Theater on 2nd and 4th Sundays. All services begin at 10:00.
- Our Alcoholics Anonymous group meets every Wednesday at 18:30 in Sheridan Room 1103.

OMBUDSMAN

- Residents are encouraged to familiarize themselves with the common area dress code as outlined on page 14 of the Resident Guide.

CAMPUS OPERATIONS

- Residents taking the shuttle to NAS Bethesda/Walter Reed National Military Medical Center for a medical appointment must remember that it is a military installation, and it requires a valid government issued identification card to access the facilities.

SAFETY

- If you use a rollator or walker, do not pick it up to walk up or down the stairs. This is a significant safety concern and we have ramps and elevators for accessibility.
- If you use a Powered Mobility Device, please ensure your chair is charged and that you do not go over the grass or unpaved roads.

SPECIAL EVENTS

Monday, 6 May

National Nurses Week begins - thank your nursing staff!

Tuesday, 7 May

1300 Amateur Radio Club meeting – Scott Game Room

1800 Saloon Night – Defender's Inn

Friday, 10 May

1730 U.S. Navy Country Current Western Dance & Social – Community Center

Saturday, 11 May

1630 Trivia Night – Defender's Inn