

# Recreation Activities & Special Events for May 2024

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
							1		2		3		4
<b>LEGEND:</b> AC- Artist Colony BC- Bowling Center BF- Ball Field CC- Community Center CCL- Community Center Lobby CL- Computer Lab		CR- Club Room CS- Ceramics Studio CT – Canteen DH- Dining Hall DI- Defenders’ Inn GR-Game Room HOH- Hall of Honor L - Library		LR- Living Room MR- Meditation Room PR – Promenade RC – Rose Chapel RT– Recreation Therapy SHBY – Sheridan Back Yd. SC – Stanley Chapel TH- Theater		9:30 Trip Meeting -TH 11:00 Qi Gong –TH 11:00 Grief Support Group - GR 1:00 Bingo - CC 1:30 Glenna’s Book Club - GR 1:30 Face Time - AC		9:00 Chair Aerobics - CC 1:00 Korean Cooking Class– CC 1:30 Movie Selection Meeting - GR 6:00 Movie		9:00 Finger Fitness - CC 11:00 Qi Gong - TH <b>1:00 Mexican Fiesta - CC</b> 6:00 Movie: The West Point Story - TH		<b>9:30 Covenant School Band – CC</b> 10:00 Yoga Class - SC 1:00 Bingo - CC 4:00 Pizza Social - DI 6:00 Movie: The Wrong War-TH	
	5		6		7		8		9		10		11
9:00 Catholic Mass - RC 10:00 Protestant Services - SC 6:00 Movie: Paths of Glory - TH		11:00 Qi Gong - TH 11:30 Buttery Popcorn - CCL 1:30 Movie: Carousel -TH		1:00 RT Prize Bingo - CC 1:00 Amateur Radio Club Meeting -GR 1:30 Doc: Go Man Go -TH 6:00 Saloon Night - DIY		11:00 Navy Fed Info Table -CCL 11:00 Qi Gong - TH 1:00 Bingo - CC 1:30 Glenna’s Book Club - GR		10:45 Pals Visit - CCL 1:30 Zumba 101 - CC 6:00 Movie: Carrie - TH		11:00 Qi Gong – TH 1:30 Clay Time - CS 2:30 Canteen Game Time - CT <b>5:30 Country Dance -CC</b> 6:00 Movie: Royal Wedding -TH		10:30 MOC Social - CC 1:00 Bingo- CC 4:00 Rib Social- DI 4:30 Trivia Night - DI 6:00 Movie: The Hunger Games, Part 2 - TH	
	12		13		14		15		16		17		18
9:00 Catholic Mass - RC 10:00 Protestant Services -TH 6:00 Movie: The McKenzie Break -TH		11:00 Qi Gong - TH 11:30 Buttery Popcorn - CCL 1:30 Movie: Trumbo –TH 1:30 Forest Bathing– HOH		10:00 Dining Committee - GR <b>1:30 Ballroom Dancing -CC</b> 1:30 Doc: Grand Central –TH <b>6:00 Happy Hour – SC 2<sup>nd</sup> FL Terrace</b>		11:00 Qi Gong – TH 11:00 Grief Support Group - GR 1:00 Bingo - CC 1:30 Glenna’s Book Club – GR 1:30 Colored Paper Art - CS 4:00 Ladies Group - CC		10:00 Corn Hole - CC 1:00 Poetry Reading Club - SH1103 1:30 Alzheimer Presentation -TH 6:00 Movie: The Rocketeer - TH		11:00 Qi Gong -TH <b>1:00 Softball Game - BF</b> 4:00 American Legion Meeting - SH1103 6:00 Movie: State Fair - TH		1:00 Bingo - CC 2:00 Ice Cream Treats - CCL 4:00 Wing Social - DI 6:00 Movie: Midway - TH	
	19		20		21		22		23		24		25
9:00 Catholic Mass - MR 10:00 Protestant Services –SC 6:00 Movie: The Manchurian Candidate - TH		10:00 Voices of Vets - CC 11:00 Qi Gong -TH 11:30 Buttery Popcorn - CCL 1:30 Movie: My Fair Lady -TH		1:00 RT Bingo - CC 1:30 Doc: Andre Rieu, Love Songs – TH 2:00 Staff/Resident Bowling - BC <b>4:30 Birthday Dinner – DH</b>		<b>9:00 Flags in Arms - National Cemetery</b> 11:00 Qi Gong - TH 1:00 Bingo - CC 1:30 Glenna’s Book Club - GR		<b>9:00 Town Hall - CC</b> 1:30 Garden Club - SHBY 6:00 Movie: Abbott & Costello Hit the Ice - TH		11:00 Qi Gong - TH <b>11:30 Memorial Day Cookout -Dining Patio</b> <b>1:00 Migratory Raptors - CC</b> 1:30 Concertina Books - AC 6:00 Movie: Memorial Day - TH		1:00 Bingo - CC 4:00 Pizza Social - DI 6:00 Movie: Fire Down Below - TH	
	26		<b>Holiday</b>		28		29		30		31		
9:00 Catholic Mass - RC 10:00 Protestant Services -TH 6:00 Movie: A Few Good Men – TH		<b>10:00 Memorial Day Ceremony – Nat. Cemetery</b> 11:00 Qi Gong - TH 1:30 Movie: Amistad – TH		1:00 RT Bingo - CC 1:30 Literary Hour Club - GR 1:30 Doc: Andre Rieu, 100 Years of Strauss -TH		11:00 Qi Gong – TH 11:00 Grief Support Group - GR 1:00 Bingo - CC 1:30 Glenna’s Book Club - GR 1:30 Forest Bathing – HoH		1:00 Paint & Pour - AC <b>2:30 Senior Prom - CC</b> 6:00 Movie: The Alamo - TH		11:00 Qi Gong-TH 1:30 Billiards & Beer - SH 4 <sup>th</sup> FL 6:00 Movie: Something to Sing About - TH			

# Recreation Outings for May 2024

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
							1	<i>Sign-up 4/26</i>	2	<i>Sign-up 4/29</i>	3		4
<b>REMINDER</b> A minimum of 8 residents need to be signed up for bus trips								<b>Columbia Mall</b> DPT: 11:00 am RNT: 1:30 pm		<b>Savage Mill Antiques</b> DPT: 10:00 am RNT: 12:30 pm			
	5		6	<i>Sign-up 5/3</i>	7		8	<i>Sign-up 5/3</i>	9		10		11
				<b>Silver Spring</b> DPT: 11:00 am RNT: 1:30 pm				<b>Bolling AFB C &amp; E</b> DPT: 10:00 am RNT: 1:00 pm					
	12	<i>Sign-up 5/9</i>	13	<i>Sign-up 5/10</i>	14		15		16	<i>Sign-up 5/13</i>	17		18
		<b>Walmart/ Bob Evans</b> Laurel, MD  DPT: 10:00 am RNT: 1:00 pm		<b>Arundel Mills</b> Casino/ BoA/ Walmart  DPT: 9:00 am RNT: 2:00 pm						<b>Kennedy Center Tour</b>  DPT: 10:30 am RNT: 1:30 pm			
	19	<i>Sign-up 5/16</i>	20	<i>Sign-up 5/17</i>	21		22	<i>Sign-up 5/17</i>	23		24		25
		<b>Sakura Chinese Restaurant</b>  DPT: 11:00 am RNT: 1:30 pm		<b>Forest Glen C</b>  DPT: 10:00 am RNT: 12:00 pm				<b>National Harbor</b> (Shopping, Food, and Views)  DPT: 11:30 am RNT: 2:30 pm			<b>Virginia Grand Military Band</b>  DPT: 1:45 pm RNT: 4:45 pm		
<i>Sign-up 5/20</i>	26		27	<i>Sign-up 5/24</i>	28	<i>Sign-up 5/24</i>	29		30		31		
<b>National Memorial Day Concert</b>  DPT: 6:00 pm RNT: 10:00 pm (end of show)				<b>FT. Belvoir C &amp; E</b>  DPT: 10:00 am RNT: 1:00 pm			<b>National Zoo</b>  DPT: 10:00 am RNT: 1:30 pm						