



Commander Soares took this opportunity to present the Foundation President James Blaylock with a special token of appreciation for the organization's support throughout the year. The mailbox was designed and built by residents in our Wood Shop. The mailbox door is an antique and was used in the old post office in the Sherman building of the "Old Soldier's Home".

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The Military Order of the Purple Heart Service Foundation Comes Through for AFRH Veterans

by Laura Fogarty, Chief, Leisure and Wellness Division (W)

The projected new computer lab has been a project in the making for several months now. Thanks to the tremendous support from the Purple Heart Service Foundation, the lab will become a reality in April. On Friday, March 5, the Military Order of the Purple Heart Board of Directors made a visit here and delivered seven new complete computers and a scanner for the new Lab. 7 more computers and a laser jet printer will also be delivered very soon for the lab.

The board which included President James M. Blaylock, Vice President R. Louis Spinelli, Treasurer Thomas F. Sharpe, Secretary Louis C. Tebbe,



Resident Don Barnard, Club Mgr., AFRH-W PC Users Group, poses happily by one of the newly donated computers.

Executive Director Richard J. Gallant and Deputy Executive Director Gregory Bresser toured the new projected lab which will be located in the Scott building, room 1106 (the old room assignments offices). A ribbon cutting ceremony will take place for this new facility on April 20, 2004.

The lab will be set up for internet classes and other general computer activities such as writing documents and games. Seniornet classes will begin in the near future. Instructors will be needed for these classes. If you're interested in teaching to fellow residents contact Ed Underwood in the library.

AFRH COMMUNICATOR

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The AFRH Communicator is an authorized publication of the Armed Forces Retirement Home.

Residents and employees are encouraged to submit photos, art, news items, and features. Materials will be edited by The AFRH Communicator staff for journalistic style and length.

Editorial views and opinions expressed in these pages are

not necessarily those of AFRH or the leadership of each Home.

Please be aware that any mistakes in this publication are there for a purpose; we publish something for everyone and some people are always looking for errors.

Throughout the newspaper AFRH-G input will be donated as (G) and AFRH-W as (W).

AFRH Editors Column



Generally, I write my column after most of the paper is complete. My justification for this is that I can use this editorial to direct our readers to items of particular interest. This time, however, I want to give some thought to the familiar subject of "Freedom." While I'm at it, allow me to include another subject dear to all our hearts: "Retirement."

As a unique fraternity of veterans from all of the Armed Services, U.S. military retirees have served in almost every country in the world. And, we certainly know from first hand experience that **"Freedom is never free."**

What can we say of ourselves that we all can agree upon? Let's try the Bible; "...they shall beat their swords into plowshares, and their spears into pruning-hooks." As a unique society, **we have earned our freedom and we are warriors no more.**

Collectively, we are fortunate enough to be beneficiaries of the best investment most of us have ever made. I of course refer to the monthly pittance that was deducted from our active duty pay checks. Do the math! Multiply your monthly contribution while you were on active duty by the number of months you contributed. The result, coupled with our active duty performance, earned for us the right to enjoy our freedom as well as our vested retirement at the Armed Forces Retirement Home.

Defining freedom is a difficult task because freedom means different things to different individuals. Let's try this definition: "We are free to think whatever we please, do whatever we please... whenever we please... and wherever we please, as long as we do not impinge on another person's freedom of choice." Therefore, no individual has the inherent right to dictate what you or others should think or do.

Under this fundamental definition, your neighbor has the right to live as he wishes, to think his own thoughts and to exercise his freedom in his own way.. And that sentiment should certainly apply to how we view our neighbors. Tolerance, by all of us, helps protect the very precious liberty and freedom we all enjoy.

AFRH Residency

AFRH is not just a place to live but a place to live more. Our model retirement centers are designed for resident to maintain an independent lifestyle in an environment designed for safety, comfort and personal enrichment.

Eligibility:

Military veterans from each service branch can live at either Home.

Veterans are eligible to become a resident of the AFRH if their active duty service in the military was at least 50 percent enlisted, warrant officer or limited duty officer and who are:

- Veterans with 20 or more years of active duty service and are at least 60 years old, or
- Veterans unable to earn a livelihood due to a service-connected disability, or
- Veterans unable to earn a livelihood due to non service-connected disability, and who served in a war theater or received hostile fire pay, or
- Female veterans who served prior to 1948.

To receive an informational brochure please contact the following offices:

In Gulfport, call 1-800-332-3527, or write to Admissions Office, AFRH-Gulfport, 1800 Beach Drive, Gulfport, MS 39507-1597.

In Washington, call 1-800-422-9988, or write to Admissions Office, AFRH-Washington, 3700 N. Capitol St. NW, Washington DC 20317.

Visit us on the web at: <http://www.AFRH.gov>

Message from the Chief Operating Officer



I am very disturbed with a flyer that has recently been circulating around the Washington campus which suggests that the care our residents receive should be based on their ability to pay. **I challenge anyone to say...those soldiers, airmen/women, marines, and sailors who are fighting and dying in IRAQ and those before them who fought for America have not earned a place here at**

the Armed Forces Retirement Home. The flyer and associated propaganda are no more than a form of bigotry that is unacceptable behavior. Every resident has earned a place here at the Home of Heroes. I would ask that all residents and employees help put a stop to this type of unacceptable behavior and report anyone using government equipment to produce such bigotry.

AFRH is a tremendous organization with a mission second to none. I am committed to taking care of all distinguished veterans regardless of which eligibility category a veteran qualifies under. It is an honor to be associated with such great Americans—Americans who have fought in some of this nation's toughest battles to preserve our freedom.

The Mission of the Armed Forces Retirement Home is to fulfill our Nation's commitment to provide care through a comprehensive range of services for America's Armed Forces Veterans. We support our residents' independence, dignity, distinction, heritage, and future of continued life-enriching experiences. Together, the AFRH family of residents and staff create a place of caring and continual learning. We are committed to providing the best housing and support services possible and creating a true community of accomplished, independent residents who are free to explore their talents, pursue their interests, and follow their dreams.

We must remember that AFRH was originally established for the disabled soldiers and not solely with the retiree in mind. In

keeping with the mission to provide the finest care for residents, the AFRH ensures that every resident, regardless of financial ability, will receive top rated service.

AFRH is committed to providing the highest quality of services for the following eligibility categories: Persons eligible for residency are those who are honorably discharged members of the Armed Forces, at least one-half of whose service was not active commissioned service (other than as a warrant officer or limited duty officer), who fit into one of the following categories:

I. Persons who (a) are 60 years of age or over; and (b) were discharged or released from service in the Armed Forces under honorable conditions after 20 or more years of active service.

II. Persons who are incapable of earning a livelihood because of a service-connected disability incurred in the line of duty in the Armed Forces.

III. Persons who (a) served in a war theater during a time of war declared by Congress or were eligible for hostile fire special pay under section 310 of title 37, United States Code; (b) were discharged or released from service in the Armed Forces under honorable conditions; and (c) are incapable of earning a livelihood because of injuries, disease, or disability.

IV. Persons who (a) served in a women's component of the Armed Forces before the enactment of the Women's Armed Services Integration Act of 1948; and (b) are determined under the rules prescribed by the Chief Operating Officer to be eligible for admission because of compelling personal circumstances.

Please step forward and show your support for all our distinguished veterans here at the Home and those that will step through our gates and call AFRH "home" in the future.

Timothy Cox, Chief Operating Officer



USA



USN



USN



USMC



USAF



USCG

AFRH NEWS

Office of the Director – Gulfport



I would like to share the following prayer offered many years ago by one of our military family members. This prayer comes from the book,

God's Minute, Zondervian Publishing House, Grand Rapids, MI Copyright April, 1966.

The late Reverend H.W. Ulmer knew these various daily devotionals would be beneficial to me. And, this particular writing serves to remind us of "our call to serve others in our daily living, irre-

spective of our status or stage in life."

"Our God and Father, make me aware of the talents with which I have been endowed by Thee. These gifts may be large or small, but they are only great if, as I use them in trust for Thee, they serve Thee and bless my fellow man. Keep me, O God, that in counting my blessings I may neither be possessed of selfish pride nor degraded by self-inflicted humility in comparing my usefulness with those in the midst of whom I live. All good things come from Thee, O Lord, I can but develop those abilities of which I am the steward and those who share in building Thy Kingdom, I will stand before Thee at the

close of each day to give Thee praise for my opportunities. Take me, then, my Father, as I am and use me in Thy service. Amen "

**Maj. Gen. Charles I. Carpenter,
Chief of the Air Force Chaplains**

There is still no better time than now to continue the building of our great country through use of our many institutions. Our schools, government and community action agencies, military installations, religious organizations and business are in search of your expertise and devotion. You'll can shape history!

CAPT Jerald Ulmer

Retirement Home Director Addresses FRA Convention

By Doug LeMere, Public Affairs Specialist, AFRH-Gulfport

GULFPORT, Miss. - Captain Jerald Ulmer, USN, director, Armed Forces Retirement Home, presented the retirement home brief to over 150 Fleet Reserve Association (FRA) Shipmates and Ladies Auxiliary at the Mid-South Convention held in Covington, La., Saturday, 6 March.

The FRA and Ladies Auxiliary invited the homes' director as a guest speaker, who shared up-to-date information of the current climate of the AFRH agency and future expansion at AFRH-Gulfport, on a PowerPoint presentation.

The convention started with a patriotic presentation of colors from the Navy Junior Reserve Officer Training Corps (NJROTC) from Pearl River High School, Miss. After initial introductions and prayer, Captain Ulmer was welcomed on to the convention floor in typical

shipmate fashion - in clapping unison.

"I want to express my appreciation for the Fleet Reserve Association," said Ulmer in his opening remarks. "We wouldn't be where we are, without your support and continuous effort."

Ulmer spoke for over 25 minutes, pausing now and then; prompting a chuckle or two from the ladies auxiliary. He was comfortable in his



Captain Ulmer addresses members of the Fleet Reserve Association at the Mid-South Convention in Covington, La.



Captain Ulmer presents command coin to President of the Fleet Reserve Association.



Captain Ulmer answering questions from members of the Fleet Reserve Association Lady Auxillary during FRA Mid-South Convention.

presentation and fielded over a dozen questions and remarks as he closed up his brief.

After the conclusion, gifts were exchanged and the retirement home director spent more time with shipmates on the convention floor.

DEPUTY DIRECTORS

Deputy Director – Gulfport



SENIOR SCAMS AND FRAUD

“ C O N - G R A T U L A - T I O N S ! You may receive a certified check for up to \$400,000 U.S.

CASH! One Lump Sum! Tax free! Your odds to WIN are 1-6.” Sounds familiar? Too good to be true? You bet! According to Fraud.com, “it’s estimated that there are 14,000 illegal telemarketing operations bilking U.S. citizens of at least \$40 billion annually. And surveys by the AARP reveal that over half of telemarketing fraud victims are age 50 or older.” Most states have laws and statutes that define what constitutes senior fraud. If you feel you have

been a victim of a scam or fraud, file a report with your local police department. You may also want to notify your State Attorney General.

Scam operators – often based in Canada – are using the telephone and direct mail to entice U.S. consumers to buy chances in high-stakes foreign lotteries from as far away as Australia and Europe. These lottery solicitations violate U.S. law, which prohibits the cross-border sale or purchase of lottery tickets by phone or mail. According to the article, “International Lottery Scams,” the Federal Trade Commission (FTC) has these words of caution for consumers who are thinking about responding to a foreign lottery:

If you play a foreign lottery through the mail or over the telephone, you’re violating federal law

There are no secret systems for winning foreign lotteries. Your chances of winning more than the cost of your tickets are slim to none.

If you purchase one foreign lottery ticket, expect many more bogus offers for lottery or investment “opportunities.” Your name will be placed on a list that fraudulent telemarketers buy and sell.

Keep your credit card and bank account numbers to yourself. Scam artists often ask for them during an unsolicited sales pitch.

Remember that *legitimate companies*:

Don’t ask for payment because it’s illegal

Don’t pressure people to act without

Lt. Col Van Dyke (G)

Continued on Page 12, Column 1

Deputy Director – Washington



Deputy’s Corner – Feedback on Suggestions and Town Hall Meeting Comments

As spring approaches so do the challenges of a new year. Just as occurred in the previous month, I will provide feedback in this article on the many suggestions, ideas, concerns and complaints received over the past month.. While no names are mentioned, many of you will recognize your suggestions and ideas. I hope that you appreciate the feedback on your input.

Suggestion 04-06 asked why the ATM at Bank of America has been inoperable at times. Bank of America was notified of this problem and has taken steps to improve operability, the ATM operability

has improved. Suggestion 04-08 asked why AAFES was serving customers not wearing ID cards when they shopped. Additional complaints were received about the lack of wearing of ID badges by several personnel on Campus. An additional incident occurred where an unknown person acted in a threatening way in the Dining Hall but could not be identified. All these suggestions and complaints were addressed in Campus Wide Security Awareness effort put out by the COO office which required the wearing of ID badges by all personnel on Campus. Security has been enforcing this effort at the gates and by roving patrol throughout the Campus. Hope everyone understands the importance of this effort despite the inconvenience that may be caused by having to retrieve an ID card from your room.

Several suggestions have come in with respect to the bus schedule. Setting a bus schedule requires the balancing of

appointments with the bulk being at Walter Reed (WR), the need to accommodate wheelchair riders, and also to get a smaller number of personnel to the Veteran’s Hospital (VA) and Washington Hospital Center.



The initial schedule was put into effect on 23 Jan 04 and then ridership surveys were conducted for a month. Based on all the requirements and the ridership surveys, a new schedule was developed and put into effect on 23 Feb 04, that is the current schedule. While the current schedule

CAPT(s) Paul Soares (W)

Continued Page 12, Col 2

AFRH-W EVENTS

Pinochle Players Delight – Residents Helping Staff *a photo essay*



Left to right: Intent on the game Larry Friesel, Julius Victor, Tim Cox, Warren Brown, and William Seeley consider their hands.



Participants, Fred McCellan, Laura Fogarty and Melodi Merke really study their cards before making their bids.



During the recent pinochle tournament employees learned a lot about strategy and the need to pay attention especially to support their partners. Cards of all colors and numbers were dealt out to all players and learning how to hold all of them in one hand without any falling was a real challenge for the newcomers to the game. I know one thing for sure, our pinochle players are experts at this game and they love to play. Practice does make perfect. Thank you to all of them for being patient with us as we tried to learn this game. We all had fun and look forward to the next opportunity to play.

by Laura Fogarty, Chief, Leisure and Wellness Division (W)



Larry Friesel checks his cards while Julius Victor makes a play.



Melodi Merke, Johnny Cargo, Fred McCellan, Laura Fogarty play while George Lausund keeps score.

HISTORY

WIMSA: February 31, 1898

By Ray Colvard (W)

Dateline: April 1, 2004. The history of the Home from 1851 to April 1, 2004 has been plagued by errors of spelling. The notation made by an earlier administrator about the site where the inmates “made beer” now reads as “Mad Bear.” The road near the hospital site with the name “Marshall” may have been “Marshal” in earlier times. The reference could have been to “one who takes care of mares.” That could have designated General Winfield Scott whose devotion to his favorite horse “Molly” is legend.

Residents know the wooded trail from Rose Chapel to Marshall (?) Road is now called WIMSA. This may have been due to either slurred speech or misspelling of “Whimsey.” The name of Major George Whimsey may well be the most un-recognized of all American war heroes. It is known that in 1898 the American public had been without a decent war since 1865. The Spanish Armada in Havana Harbor was irritating newspaper publishers. It seemed a good time young men who were denied battlefield experiences and the old Civil War veterans, Yanks and Rebels alike, to know the meaning of “macho.”

Leonard Wood and Theodore Roosevelt raised a volunteer cavalry regiment to go to Cuba which they called Rough Riders. Rough riders came en masse but with few horses. Since quartermasters purchased war supplies long after the Civil War ended, supply depots were full of rusting cans of embalmed meat from Armour, and “shoddy” uniforms from Brooks Brothers. The rough riders’ future mounts were running wild in the west. The prospect of making the “Rough Riders” into an infantry regiment was considered. Theodore Roosevelt was Colonel Wood’s Lieutenant Colonel (L.C.) and he pointed out that one rode to glory on horse or not at all.

Colonel Wood sent for George Whimsey, “horse-trader and trainer.” When George arrived, the Colonel had George put on an officer’s uniform and offered the rank of Major of Rough Riders. It may be noted

that although “George” is a masculine name, George Whimsey was not a man. Wood, a medical doctor, recognized her credentials as a veterinary surgeon.

“My question now, Dr. Whimsey, is how to train unbroken horses and men that have never been on a saddle. I remember your text, HOMER, HESIOD AND HORSEMANSHIP, from medical school. It seems that my future will not be with the cavalry and my regiment will be taken into battle by the regiment’s L.C.” She was enrolled in the Rough Riders as a Major—the training officer.

When she was introduced to the L.C. his poor vision may have prevented him from seeing her as a woman. His philosophy of training men and horses was diametrically opposite hers. She approved of his ambition; he wanted to be President of the United States. She was annoyed by his continuous boast of his “big stick.” He compared training to a football game. “You have to hit the line hard.” He complained that trainers “mollycoddled” new mounts instead of “breaking” them. He picked a yearling from the remuda and his “bronc-busters” were taming “Old Ted.”

He pointed out that on the day of the big battle, he would ride Old Ted to glory. On election day voters would compare Old Ted to President Lincoln’s “Old Abe,” and himself to Mr. Lincoln. He noted that as a major it wasn’t seemly to be riding a mare; a mare his bronc busters claimed was short for “Mollycoddle.”

As both major and veterinarian, Whimsey was angry. Her mare was superior to any other horse in the regiment in strength, speed and grace. She told him—he didn’t believe her—that the great General Winfield Scott’s favorite horse was a mare he named “Molly.”

One assumes that L.C., even with poor eyesight, could see that Major-Doctor Whimsey was not a man. The prurient question may be how, among the trainers, farriers and troopers, she disguised her gender. The obvious answer, of course, is that gender was never noticed. Her men were enlisted, not officers, and to those who

knew her she was an icon.

Her old text, HOMER, HESIOD AND HORSEMANSHIP, was the “Bible” of the barn. Homer had emphasized the need to look inside the horse, as was the case of the “Trojan Horse” in another war. “Horse-Man-Ship”, she taught her training-trainees was two-thirds “horseship”. From Hesiod they learned the meaning of excellence. Rough Riders learned that “rough” identified the task, not the method. They learned that the road is rough and steep in the beginning, but in the end it is easy. L.C. refused their request to rename the regiment “Easy Riders.”

As he had expected, Colonel Wood was going to be named Governor of Cuba and spent little time with his regiment. When the day came for the Battle of Kettle Hill in San Juan the men and horses were ready. Major Whimsey felt a bit queasy when she saw L.C. astride his Old Ted. She thought Old Ted looked more spooky than broken. When the bugler blew “forward march” the blast hit Old Ted’s ear. The colt reared and tossed his rider a few yards to the rear, then loped toward the barn.

Whimsey rode up on Molly, jumped down and helped L.C. to stand. She put Molly’s reins in his hand and said, “Take my horse.” He protested, “I won’t ride a mare.” “Listen,” she said, “The regiment is moving. You are the leader. You must go after them. It is your last hope of becoming President of the United States.

Molly carried him to the front; the Battle of Kettle Hill was won. Official documents state that his mount was “Man of War”. Major Whimsey could only wonder whether or not her patriotic gesture had been futile. As Homer had said about the fallen Greek hero at Troy, “a mighty man lay mightily in the whirl of dust, forgetful of his horsemanship.” She had given him a horse he could ride and Molly had become Man of War. What became of Old Ted is conjecture. Rumor Spam.”

No moral is derived from historic facts, but as historian James Loewin stated

Continued on page 13

RESIDENT CORNER

WELCOME HOME

NEW RESIDENTS AT AFRH-G

| | |
|-------------------------|------|
| James C. Brown | USAF |
| Greenville, NC | |
| Warren G. Alsup | USAF |
| Brownfield, TX | |
| Charles F. Sivits | USAF |
| Largo, TX | |
| Donald Z. Shump | USAF |
| Scioto Ville, OH | |
| Joseph W. Moser | USN |
| Harrison, NY | |
| Allie L. Langley | USA |
| Wilson, NC | |
| Murl Savage | USN |
| Winchester, IL | |
| Mary J. (Nelson) McLeod | USN |
| Vancouver, WA | |
| James Tiller | USAF |
| Hooks, TX | |
| Kenneth W. Phipps | USMC |
| Greensboro, NC | |
| J. W. Hickman | USN |
| Waco, TX | |
| William C. Jones | USMC |
| River Falls, AL | |
| Douglas E. Garry | USAF |
| Manistee, MI | |

New residents at AFRH-G
Census: 585
Note: As of March 17, 2004

NEW RESIDENTS AT AFRH-W

| | |
|------------------------|----------|
| Eric E. Anderson | USA |
| Greenwood, SC | |
| Renato J. Julian | USN |
| Great Mills, MO | |
| Joseph W. Helm | USAF/USN |
| Triangle, Va | |
| Malcolm C. Heath, Jr. | USAF |
| Milton, NH | |
| Francis E. Taylor, Jr. | USA |
| Waldorf, MD | |
| Merle T. Springborn | USN |
| Virginia Beach, VA | |
| James Jordan | USA |
| Waldorf, MD | |
| Richard M. Arbuckle | USAF |
| Backus, MN | |
| Allen N. Frazier | USM |
| Oak Harbor, WA | |
| James Walton | USA |
| Richland, GA | |
| Harold W. Hammock | USA |
| Washington, DC | |
| Frank L. Hale | USA/USAF |
| St. Cloud, FL | |
| Paul J. Ostroski | USA |
| Island Heights, NJ | |
| Ronald D. Eckert | USM |
| Temecula, CA | |
| Lester c. Worthen | USN |
| El Paso, TX | |
| Robert A. Stevenson | USA |
| Akron, OH | |
| William N. Mouser | USA |
| Harmony, PA | |
| Eugene Hill, Jr. | USN |
| Portsmouth, NH | |

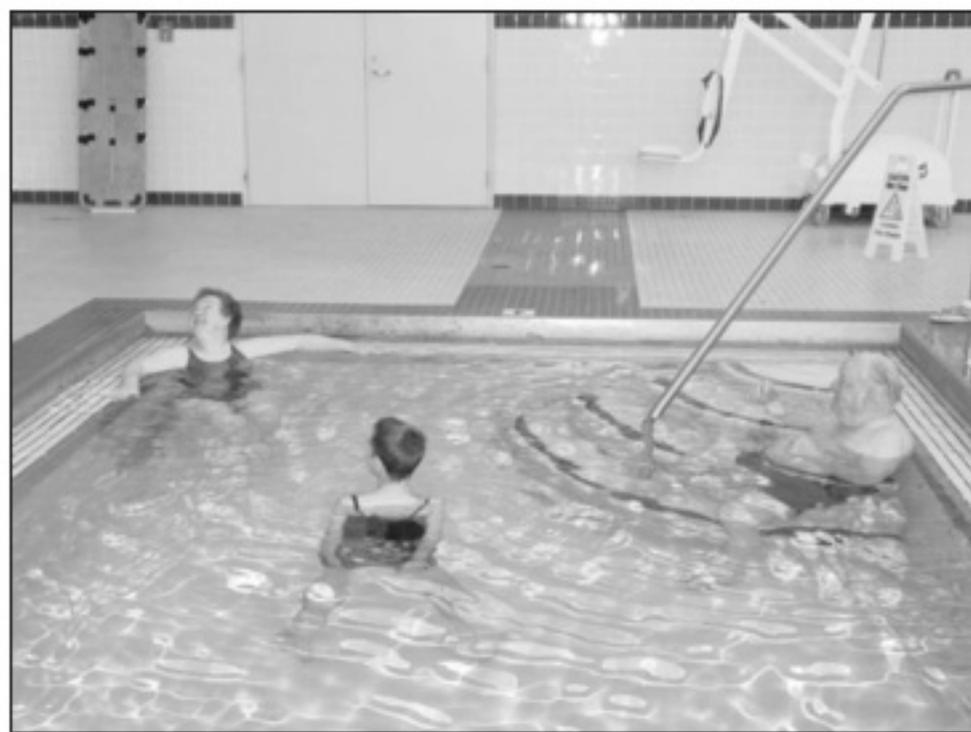
New residents at AFRH-W
Census: 1017
Note: As of March 16, 2004

AFRH-G and AFRH-W

Residents (G) And Friends Enjoy Pool At Biloxi-Snyder Recreation Center



Residents and friends enjoy the therapeutic indoor pool at the Biloxi -Snyder recreation center.



Residents enjoy and relax at the Snyder indoor pool in Biloxi.

Girl Scout Cookies – Washington 2004 Style

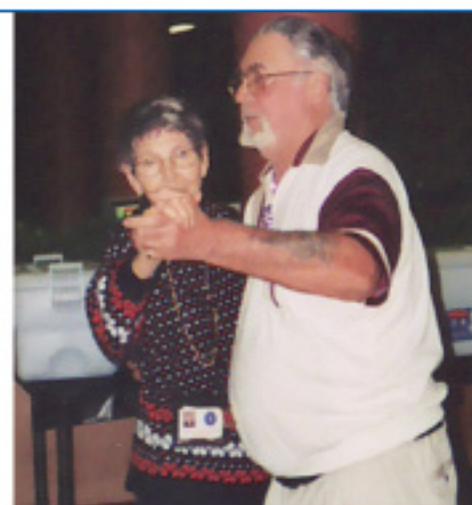


Girl Scout cookies® are a familiar part of American culture. For more than 80 years, Girl Scouts, with the enthusiastic support of their families, have helped ensure the success of local Girl Scout cookie activities. From its earliest beginnings to its current popularity, Brownie, Junior, Cadette and Senior Girl Scouts who sell cookies have fun, develop valuable life skills and "make the world a better place" by helping to support Girl Scouting in their communities. Girls are proud that their efforts provide resources for their local Girl Scout councils and for their own Girl Scout troops/groups.

AFRH-WASHINGTON MARDI GRAS



The big smiles speak for themselves. Don Egolf, John Tuggle, and Edward Stittes are obviously enjoying themselves at the Mardi Gras Festival.



Left to right John Kleesattel Jr, Alice Garrymore and Bill Kearney, Bernice Goldstein and John P. Gage then James Sundstrom.

Mardi Gras Social One of its Kind – Who said you had to be in New Orleans to have a great Mardi Gras? As the dinner meal was winding down the excitement was starting to escalate as staff and volunteers began setting up for the Mardi Gras Social held on February 24, also known as “Fat Tuesday”. As each resident entered the Scott dining hall, they were greeted by our new Volunteer and Activities Coordinator, Melodic Menke and volunteer Annemarie Cashman who gave hats and beads out to everyone. Purple hats and beads of all colors were illuminating the room but more important were the smiles on the resident’s faces as they listened to the swing and Jazz tunes played by the “Swing Talk Trio”. As the musicians played their last number they received a standing ovation and one resident shouted out “play one more time”. The Trio couldn’t resist the veteran’s request and proceeded to play one final number. Several residents got up and danced over and over again throughout the evening and the music brought back some very fond memories for many who attended.

This first time event proved to be a success with over 65 residents attending. There have been many positive comments especially about the musicians. A special thanks goes to the following residents and staff who helped to make this event a big success: Joseph Williams (the supervisor), Jesse James, Danny Gallucci, Birdie Gelfer, Alice Garrymore, Bernice Goldstein, Warren Helm, Meoldie Menke and Jerry Carter. Hats off to you all for your support!

Laura R. Fogarty, Chief, Leisure and Wellness Division (W)

AFRH-G

The Philadelphia Naval Asylum – 1833–1976

They're In It Too!

By: Herbert Clyde Lewis, screenwriter, journalist
Written: August 21, 1943

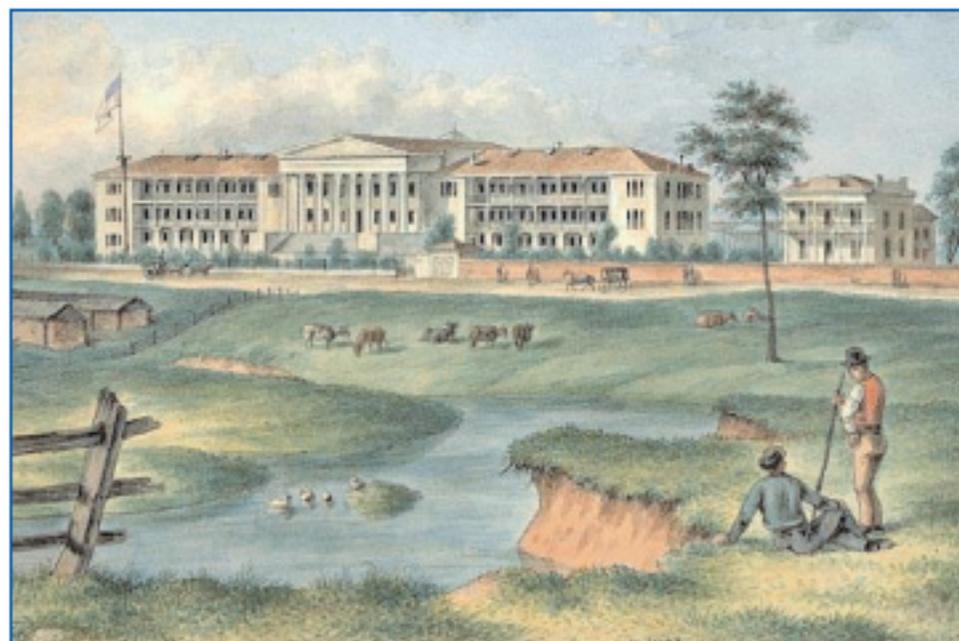
Quiet Living? Not for these Navy old-timers. There's a war on – and they're helping to win.

There is a strange feeling of excitement in the air at the United States Naval home in Philadelphia. The 250-odd old sailors and marines living at the home are busy figuring out ways of abandoning their utopian comfort and ease, and getting into the war effort.

Over 50 residents, as I write, have left to take jobs in war plants or to return to limited service in the Navy or Marines Corps; and it's getting to be a common occurrence for an old sailor to walk into the office of Rear Admiral Forde A. Todd, governor of the home, and announce casually that he is leaving at once for "active duty."

The home, established in 1833, is not a disciplinary institution. It is a retreat where residents may pass their last years in contentment and happiness. There are a few rules, and residents come and go at will. So when an old sea dog who fought with Dewey at Manila Bay in 1898 announces he is leaving, Admiral Todd merely wishes him good luck and reminds him that a room always will be waiting whenever he feels like coming back.

"I'm tired of rusting in dry-dock when my country is at war," one veteran of the Spanish-American War recently told Admiral Todd, as he left to work in a munitions factory.



The site of the U.S. Naval Asylum in Philadelphia has had a long and varied history. The 20.7 acre campus at Grays Ferry Avenue served as the Naval Asylum (later called the Naval Home) from the completion of its central building in 1833 to its closing in 1976. Landmark in 1971.



Naval Asylum burns – Philadelphia PA - 3 February 2003. Eight hours after the first trucks arrived, firefighters were still battling this five-alarm blaze that erupted in the early morning hours of February 3, 2003.

It is the Navy's boast – and the Navy seldom boasts – that nowhere in the world will be found an institution comparable to the U.S. Naval Home in Philadelphia. Life in the home, as one sailor expressed it, "is like spending the rest of your life on one of those round-the-world luxury liners." The residents are quartered in separate rooms, which they decorate as they please. They get regular issues of clothes, and tobacco, receive medical, optical and dental care – and in some cases pocket money.

The home's two four-story Colonial-style buildings on the Schuylkill River contain sun decks, poolrooms, sitting-reading rooms on each floor, a motion-picture theater, a machine equipped hobby workshop, a library, a chapel and an assembly hall.

But, in spite of it all, the home is losing men to the war effort every day. They may be in the shady years, but they're still fighting men!



After some time, several trips to court, and continued attention by the media, the city, the preservationists, and neighbors, developer Toll Brothers is working to remove debris, clear the site of brush, and begin the process of replacing the roof destroyed in the February 3 fire and restoring the building as the centerpiece of a development of luxury homes and condos.

AFRH-Gulfport and AFRH-Washington

Lt. Col Van Dyke (G) Deputy Director–Gulfport Continued from Page 5

time to look into the deal

Are always glad to send information about what they're offering

Must tell consumers about the possible risks involved in any investments

Will not guaranty profits

Are willing to say what percentage of contributions is used for services and how much goes to overhead and fundraising. They are also willing to tell consumers who they can check with to confirm that they are legitimate

Don't try to keep people from checking the deal out and changing their minds, or try to evade the postal authorities, by demanding immediate payment by courier or wire

Don't ask for cash, but con artists do because they often have trouble getting merchant approval from the credit card companies, and they also want to be hard to trace

Don't ask for social security numbers unless you are applying for credit and they need to check your credit report

Will take "no" for an answer and will take you off their calling lists if you ask. Con artists will keep on calling to wear you down or get more money from you

Remember: Giving money to a fraudulent telemarketer usually means losing it forever. Don't let a criminal break into your home through your telephone line!

Some important organizations and numbers for you to keep handy include:
National Center for Victims of Crime: 1-800-394-2255

National Fraud Information Center:
1-800-876-7060

Federal Trade Commission: 1-877-382-4357

CAPT(s) Paul Soares (W) Deputy Director–Washington Continued from Page 5

still has limitations in that the earliest we can get someone to the VA is 8:35 AM, it does provide enough capacity to meet the ambulatory (i.e., people who walk vice wheelchairs) and also can carry up to 9 wheelchair personnel to WR by 7:30 AM which is where the bulk of Residents need to go based on ridership surveys. In order to arrive earlier than 8:35 AM at the VA, we would have to reduce the early morning wheelchair capacity to WR from 9 down to 2, or reduce the overall ambulatory passenger capacity down to only a handful of personnel (5 or 10 personnel). The bottom line is that we cannot get everyone to WR and VA by 7:30 AM in the morning unless we pay for one more additional bus which is cost prohibitive at this point in time. We will continue to conduct ridership surveys and monitor the bus schedule usage. It is also important to understand that any change to the bus schedule causes a major disruption to many people who are simply not aware that the bus schedule has changed even though all changes are placed in everyone's mailbox and also published in the weekly bulletin. In general, people do not adjust easily to new bus schedules for many reasons to include appointments that are set months in advance. For these reasons, changes to the bus schedule need to be kept to a minimum as much as possible.

Several suggestions have come up to obtain some kind of pool facility here at AFRH-W as they have in Gulfport. An agreement has been reached with Catholic University of America that will allow Residents who are comfortable and capable with water activity to utilize the full-size Olympic pool at CUA. If you are interested then please contact Resident Services at 3200 or 3201 for more info on how to participate in this activity.

Once again, that about wraps it up for now, more to follow in the future. Appreciate everyone's effort in working together to make AFRH-W the best place it can be.

New Master Chief on Board

by Doug LeMere (G)



CMDCM Walt Asher, new Command Master Chief for AFRH-Gulfport, ready for the opportunity to serve the residents.

Master Chief (CMDCM) Walt Asher checked in to the AFRH-Gulfport on Monday, 15 March, for a three-year assignment as command ombudsman/associate director for the residents of the home.

A 23 year veteran and Construction Mechanic of the Navy Seabees, Master Chief comes to us from Construction Battalion Unit 420, Mayport, Fla., where he served as command master chief of a 40-person unit.

When he first heard of the assignment to AFRH-Gulfport, he thought, "This is pretty exciting, a new and different challenge - compared to the 19 and 20 year olds on active-duty."

Master Chief lives on the Seabee Base with his wife Vanessa at the RV Park. "All the kids are grown and gone," he said. His oldest lives in Milton, Fla. and his youngest son is a Lance Corporal in the Marine Corps, stationed at Camp Lejeune, N.C.

"My goal is to maintain positive lines of communication with the residents, through the resident council," said Asher.

We welcome aboard Master Chief Asher and wish him the best of luck in this challenging and rewarding assignment.

A LOOK BACK

True Shooting ‘03 Springfield

By Ludwig Olson (W)

The legendary Model 1903 Springfield bolt-action rifle was one of America's most popular military shoulder arms. Many who fired it commented enthusiastically, "It sure is a true-shooting piece!"

Development of the 1903 Springfield was prompted by shortcomings of the U.S. .30-40 Krag rifle experienced during the Spanish-American War. The model 1893 7 mm Mauser rifle used by Spain was better in firepower and ballistic performance than the Krag.

A study of the Spanish Mauser was conducted at Springfield Armory, and experimental rifles based chiefly on the Mauser were produced. The outcome was a short rifle with five-round magazine loaded from the top by using a Mauser-type clip. Its barrel was 24.2" long, which made it suitable for both infantry and cavalry.

The new rifle gave favorable results in tests, and was adopted by the army June 19, 1903. Springfield Armory started to produce it in November 1903. Rock Island Arsenal in Illinois also produced it.

A rimless caliber .30 cartridge called .30-03 was used in the rifle. It had a heavier powder charge than the .30-40 Krag cartridge, and a long round-nose bullet.

A spitzer (pointed) bullet, adopted by Germany in 1903, gave important ballistic advantages. On October 15, 1906, the U.S. Army adopted the Model 1906 spitzer bullet cartridge. The new cartridge, commonly called .30-06, required modification of Model 1903 rifles produced up to that time. One of the modifications was to shorten breech ends of barrels two-tenths of an inch.

Five Mauser rifle patents and two cartridge clip patents were infringed by the 1903 rifle and clips used with it. The Mauser firm in Germany was paid \$200,000 to settle the matter.

In 1909, the German Arms and Ammunition Co. wanted the U.S. Government to pay royalty for spitzer bullets used in Model 1906 cartridges. The court awarded the claimant \$200,000 in damages, plus \$112,520.50 interest.

Barrels of Springfield rifles were famous for their accuracy. They weighed more, relative to their length, than barrels of most foreign military rifles. National Match Springfields, made for target shooting, had a "star" marking on the barrel muzzle to indicate that they passed a star-gauge test for precision measurement.

Improved heat treatment of Springfield receivers and bolts was introduced in 1918. Rifles with serial numbers below 800,000 Springfield and 285,507 Rock Island have the old heat treatment and are of doubtful strength. It is recommended that they not be fired.

The Springfield firing pin rod, striker, ejector, and Model 1905 rear sight are high mortality parts. Despite these weaknesses, the Springfield performed generally well in the service.

In 1928, The Type C stock with pistol grip was introduced for the Springfield. Rifles fitted with it were designated M1903A1.

During World War II, the Remington Arms Co. and L.C. Smith-Corona Typewriters, Inc. produced M1903A3 Springfields for the government.

The M1903A3 was a simplified production version with the aperture rear sight

on the receiver bridge. Remington also produced the standard M1903.

A version of the Springfield dubbed M1903A4 (Sniper) was adopted in 1943. It has a Weaver three-power telescopic sight mounted on the receiver.

Approximately 3,197,734 Springfields were produced by government arsenals and private firms.

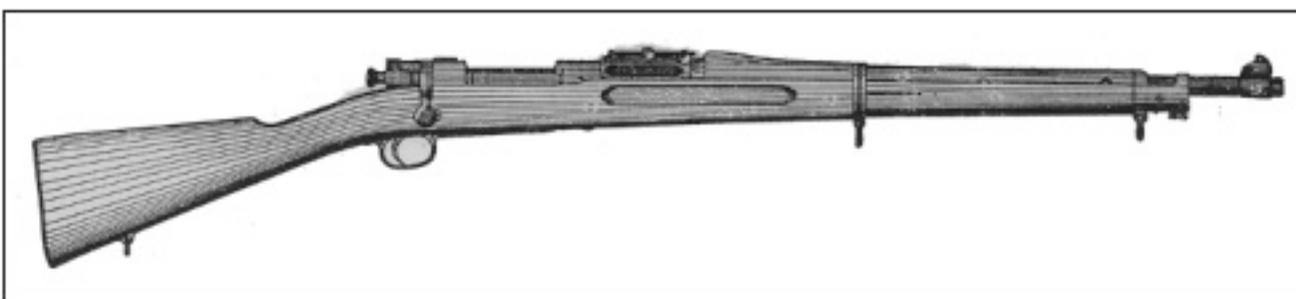
The '03 Springfield served the Armed Forces very well over several decades. It was officially superseded by the M1 semiautomatic rifle in 1936, but continued on through the end of World War II in a limited standard role. A large number of Springfields were converted into sporters, and many have become treasured possessions of collectors.

WISMA

Continued from page 7

in LIES ACROSS AMERICAN, there is a statue of General Winfield Scott located in Scott Circle in Northwest Washington. "The statue is of him seated on his favorite horse, a mare. General Scott's grandchildren were horrified to see their grandfather astride a mare, even though she was his favorite mount. They got a sculptor to add on the stallion attributes."

The Scott Circle statue is two miles, as the crow flies, from the Scott statue on the grounds of the Armed Forces Retirement Home-Washington. Should Home residents wish "hands on" evidence of historian Loewin's observations, they will find it difficult to obtain. The statue of Molly and the General is inside a circular island. The island is surrounded by the sea of traffic flowing from three major thoroughfares. Whether or not such constraints are meant to conceal the statue from public view is conjecture. Reports are that one may find view points on the far sides of Sixteenth Street, Massachusetts Avenue and on Rhode Island Avenue, when the shrubbery is trimmed in the circle, there is no smog where history researchers may determine the condition of Molly—intact or altered.



U.S. Model 1903 Springfield .30-06 rifle with Model 1905 rear sight.

A MUST READ

American Battle Monuments Commission

"My name is Lieutenant Colonel Mark J. Reardon and I am a senior military historian at the U.S. Army Center of Military History (CMH) on Fort Lesley J. McNair, Washington DC, 20319-5058. My phone number is (202) 685-2449 or DSN 325-2449. CMH is currently working with the American Battle Monuments Commission to erect a Visitors Center/Museum at their Normandy St. Laurent sur Mer cemetery in France. They will be breaking ground this year and opening the facility in June 2006. The museum will enhance the experience of visitors, leaving them with a greater appreciation of the struggle, courage, and sacrifice of the individual American servicemen who gave their lives during the Normandy invasion so that democracy might triumph over dictatorship. One of our primary goals is to present this message by telling the personal stories of those who took part in the Normandy campaign. We would be very interested in talking to veterans of the Normandy landings and collecting copies of personal photos (to scan and return) for possible inclusion in the Visitors Center exhibit rooms."



...THANK YOU FOR
BOUNCING MY CHECK...

*From a New York Times Letter to the Editor
Contributed by Jim Beitman (G)*

The letter to the bank below is an actual letter that was sent to a bank by a 96 year old women.

The bank manager thought it amusing enough to have it published in the New York Times.

Dear Sir:

I am writing to thank you for bouncing my check with which I endeavored to pay my plumber last month. By my calculations, three nanoseconds must have elapsed between his presenting the check and the arrival in my account of the funds needed to honor it. I refer, of course, to the automatic monthly deposit of my entire salary, an arrangement which, I admit, has been in place for only eight years.

You are to be commended for seizing that brief window of opportunity, and also for debiting my account \$30 by way of penalty for the inconvenience caused to your bank. My thankfulness springs from the manner in which this incident has caused me to rethink my errant financial ways.

I noticed that whereas I personally attend to your telephone calls and letters, when I try to contact you, I am confronted by the impersonal, overcharging, prerecorded, faceless entity which your bank has become.

From now on, I, like you, choose only to deal with a flesh-and-blood person. My mortgage and loan repayments will therefore and hereafter no longer be automatic, but will arrive at your bank, by check, addressed personally and confidentially to an employee at your bank whom you must nominate.

Be aware that it is an offense under the Postal Act for any other person to open such an envelope. Please find attached an Application Contact Status which I require your chosen employee to complete. I am sorry it runs to eight pages, but in order that I know as much about him or her as your bank knows about me, there is no alternative. Please note that all copies of his or her medical history must be countersigned by a Notary Public, and the mandatory details of his/her financial situation (income, debts, assets and liabilities) must be accompanied by documented proof.

In due course, I will issue your employee with a PIN number which he/she must quote in dealings with me. I regret that it cannot be shorter than 28 digits but, again, I have modeled it on the number of button presses required of me to access my account balance on your phone bank service.

As they say, imitation is the sincerest form of flattery.

Let me level the playing field even further. When you call me, press buttons as follows:

1. To make an appointment to see me.
2. To query a missing payment.
3. To transfer the call to my living room in case I am there.
4. To transfer the call to my bedroom in case I am sleeping.
5. To transfer the call to my toilet in case I am attending to nature.
6. To transfer the call to my mobile phone if I am not at home.
7. To leave a message on my computer, a password to access my computer is required. Password will be communicated to you at a later date to the Authorized Contact.
8. To return to the main menu and to listen to options 1 through 7.
9. To make a general complaint or inquiry.

The contact will then be put on hold, pending the attention of my automated answering service. While this may, on occasion, involve a lengthy wait, uplifting music will play for the duration of the call.

Regrettably, but again following your example, I must also levy an establishment fee to cover the setting up of this new arrangement.

May I wish you a happy, if ever so slightly less prosperous New Year?

Your Humble Client



AFRH-G SPECIAL EVENTS

JROTC Drill for AFRH Residents

By Doug LeMere, Public Affairs Specialist (G)

The Hancock High JROTC students arrived at the AFRH early to enjoy breakfast with the residents; followed by an exceptional performance outside. The 60-minute event brought out many residents who truly seemed to enjoy the students and expressed their appreciation with resounding cheer and applause. The weather was perfect for the students and on-watchers seemed to truly enjoy the good order and discipline displayed.

The Hancock High School Army JROTC students performed military competition drills to the delight of the residents of the Armed Forces Retirement Home-Gulfport, Saturday, March 6th.

Over 50 students presented colors, performed military marching drills, cadence exercises and a freestyle exercise in the open field to the west of the main building.



A Junior Reserve Officers Leader from Hancock High prepares for drilling exercise as resident John Morash, SSgt, USMC, ret. watches on.



Junior Reserve Officers Unit prepares to present colors for residents of AFRH-G on Feb 28th, 2004, in field next to retirement home.

Residents lined up in lawn chairs and others from assisted living, filled the patio outside our dining hall and cheered and applauded as each exercise was performed and completed.

The Junior Reserve Officers' Training Corps came into being with the passage of the National Defense Act of 1916. The focus of JROTC was on secondary schools. Under the provisions of the 1916 act, high schools were authorized the loan of federal military equipment and the assignment of active or retired military

personnel as instructors on the condition that they followed a prescribed course of training and maintained a minimum enrollment of 100 students over 14 years of age.

At its inception, the JROTC course consisted of three hours of military instruction per week for a period of three years. Any JROTC graduate who completed this course of military instruction was authorized a certificate of eligibility for a reserve commission to be honored at age 21.

A Junior Reserve Officers Unit from Hancock High, share close order drills with residents of the AFRH-Gulfport.



RESIDENT'S DESK

Cause My Dad and Mom Said So!

By The Ole Salt (G)

How much of what you are today is directly related to how your Mom and Dad acted as you grew up in their presence? Think about it ... You have your mother's and father's genes - so probably you look like them or you have a mixture of their features; to a certain extent you act like them.

I believe that if a child was removed from his parents and allowed to develop on his own - without any outside influence; (of course this is impossible)...the child would develop certain traits that were genetically transferred to it from both of the parents. I also believe the dominant genes would prevail. That is why every child should have TWO parents in the home so that the child has the benefit of a person who has the passive genes, to balance the dominant genes or perhaps the other way around - just to keep the ship of life on an even keel.

The Chinese have practiced this principle for eons. They had a belief, (actually a religion), in which two forces controlled the destiny of the world and its people. One of these forces was a dark masculine positive force called YANG, the other was a light feminine negative force called YIN. They believed that one of the elements should not be allowed to dominate the other element. During the time this belief held sway, China was a great nation and led the rest of the world in science and sociology...Then came Communism.

BUMMER...But it does prove a point...As a result of communism dominating the nation and not allowing any other force to balance it, China slipped back, or perhaps stood still and let the rest of the world pass her socially and scientifically.

All of that conjecture will cause some argument in the people who might read this.

I base it on my life as I have lived it so far. If I had grown up in a vacuum, I would have become a hard-charging businessman as my father was. He certainly was the dominate person in my family, BUT...my mother was easy going. Her motto was "Something good will come from anything that happens." I have seen my Dad up-tight and worried about business. My Mom would sit him down at the kitchen table, each with a cup of coffee and the pot between them. By the time the coffee was gone, Dad was calmed down and Mom went back to being herself. That kitchen table was the psychiatrist office in our family. Many things were talked about and thought through there, keeping things pretty well balanced.

Perhaps with that, I am in over my head but it is just that Dad's genes take over and I go for it. Mom's genes go to work and tell me I had better back off before I go off the deep end. I'm sure thankful that I have both their genes and that I had them both to guide me when I was trying to shape my life...

**Submitted by
The Ole Salt (G)**

**May those who love us -
really love us...those that
don't love us - may God turn
their hearts.... If He doesn't
turn their hearts, may He
turn their ankles, so we will
know them by their limping.**

Thanks for Your
Cooperation and Assistance.

the Editor

Most of the residents here at the Armed Forces Retirement Home know Sheila Abarr, AFRH Public Affairs Specialist for Marketing. Sheila is one of many staff members whose caring attitude enhances the positive image and reality of the Home.

She is the physical resource that makes it possible for this young guy to get this paper out month after month. She refers to me as "coach," and she in return is my "team."

Sheila has been on emergency leave in New Mexico as a result of her brother's massive heart attack. She has been away for a little more than one week, but it seems as though she's been gone for months. Norman Godfrey asks daily, "when's she coming back?" I echo the question, wistfully.

I have found out again how much work goes into publishing this paper.

No one, who has ever met Sheila, fails to be mystified by her apparently inexhaustible energy. You just don't meet and know Sheila - you experience her! She reminds me of a spirited racehorse. How does one treat such a racehorse? Well, you loosen the reins and give it its head. My friend, Bill Woods, call her, "a ball of energy."

Thank you everyone. Staff, writers, proofreaders, editors, and everyone who has helped to make it possible for this young guy to get this newspaper out.

A DAY ON A YESTERYEAR NIKE SITE – W

“The Aftermath”

To my comrades who took part in these “Yesteryear” Guided Missile adventures

By M. R. Relgub



May 1958, Leonardo, NJ Nike Site - Demolished launcher. Note Missile Assembly Building in the background.



May 1958, Leonardo, NJ Nike Site - Damaged Generator Building. Each site had three 150kva generators.

(Photographs above) An accidental explosion at the Leonardo, New Jersey, Nike Missile Site in May 1958 resulted in the death of several people. Those involved with missile warhead operations at the site are no longer with us, so the actual cause of the explosion is a matter of conjecture. One theory suggested that a cracked detonating cap had leaked “PETN” onto the threads of the connector between the cap and the warhead assembly. It was therefore decided that all missiles should be disarmed and returned to the missile assembly area. At that point, the warhead system would be checked and verified safe before being returned to the launchers.

This led to the following scenario: Our Nike-Ajax Missile Site located in Germany shared a hilltop outside of Pirmasens with the largest radio transmitter in Europe, used to maintain communication with the United States. Consequently, our launcher site was immersed in radio frequency energy (e.g. Photography flash bulbs would often self-discharge in certain locations within the Launcher Area). Each missile had a booster that was energized by an electrical squib in the booster igniter, which contained 12 pounds of black powder. What might happen, if the electrical lead to the squib were disconnected and the shorting plug installed, was a matter of conjecture? It

just so happened that I was the missile warrant officer responsible for the safety of the nineteen men in my assembly crew and the launcher crews.

As I recall, it was Holy Saturday morning when we started the disarming operation. I told the crew chief, “The first one is on me and the rest are yours.” As we shut down power to the equipment, the crew chief asked, “Just in case, is there anything you want me to tell your wife?” I think I said something like, “Wish her a Happy Easter.”

In preparation to disarm the first missile, I ordered everybody into the crew safety room. I then stared at the missile ... and it didn't seem to be going anywhere. I grasped the igniter connection with the fingers of both hands and, after a moment of meditation and prayer, began unscrewing the connector. It finally came loose and I eagerly screwed the shorting plug back on. Happy that I was still there in one piece, I rapidly did two other missiles. By this time the crew in the safety room was getting nervous. MSgt. Hogue edged out from the Safety Room and asked, “Is every thing OK?” I was happy to announce, “All is well you can all come out now.”

Another day at a yesteryear Nike Site -- *It isn't the hits that get you, it's the near misses!*

Tax Time April 15, 2004



AARP is offering free Tax Return Preparation to all AFRH residents. Above is Resident John Doerayme being assisted by an AARP Tax Preparer.

Many of us tend to wait until the last minute to file our tax returns. Frequently we delay our filing for fear of owing a lot of money.

If you cannot pay all that you owe now, there's still something you can do. This URL "<http://www.irs.gov/businesses/small/article/0,,id=108330,00.html>" will give you in depth information on what to do.

IRS may ask you to fill out a Collection Information Statement to help them compare your monthly income with your expenses and to figure out the amount you can pay. They can then help you work out a payment plan that fits your situation. Based on your individual circumstances, IRS will work with you to consider several different ways to pay what you owe:

- You may be able to make monthly payments through an installment agreement,

- You may qualify for a temporary delay or your case may be considered a significant hardship, or

- You may be able to apply for an Offer in Compromise.

In any event, IRS provides all the necessary information on their website.

AFRH-G and AFRH-W

Farewell from Doug LeMere (G)



The first thing that I realized when I drove into the gate was the pace. I would zip down the service drive along Hwy 90 and turn in the gate. After a friendly wave, I'd slow down to a caterpillars crawl. The problem for me was my VW Bug didn't like to run under 20 MPH, nor do I for that matter, but we adjusted - with all the different variables within the new culture of the Naval Home.

Starting in Facilities Maintenance for a few years and then in Public Affairs has been rewarding. I feel that we have put the AFRH-Gulfport on the map. It was my charge

and it's one which we have to work at daily. Good communication in all sectors of this world is a constant process and getting the word out about who we are, has been a fine challenge. The one thing that could be done better about communication is to disseminate information before implementing changes. We operate better that way and it something we could work at.

In a nutshell, I have been blessed to work here. Many of you all have helped me to grow with your life's lessons. I appreciate all that you shared with me. Are there a few out there I won't miss? Sure. The job of Public Relations is a cyclical one. I have enjoyed the ride and proud to have served you.

It's nice to say that I am now a future eligible, and I used to work at the home. I'll be around now and again to

have a beer and see if this place (where the crossover is on Hwy 90) is still the best kept secret. God bless you all and thanks for having me.

It Can Be Done

My favorite poem, submitted by
Doug

Author Unknown

True courage is mixed with circumspection, the kind of healthy skepticism that asks, "Is this the best way to do this?" True cowardice is marked by chronic skepticism, which always says, "It can't be done."

The man who misses all the fun
Is he who says, "It can't be done."
In solemn pride he stands aloof
And greets each venture with reproof.
Had he the power he'd efface
The history of the human race;
We'd have no radio or motor cars,
No streets lit by electric stars;
No telegraph nor telephone,
We'd linger in the age of stone.
The world would sleep if things were
run
By men who say, "It can't be done."

NAVY TERMS

Submitted by Bob Mears

Cup of Joe – Josephus Daniels (18 May 1862-15 January 1948) was appointed Secretary of the Navy by President Woodrow Wilson in 1913. Among his reforms of the Navy were inaugurating the practice of making 100 Sailors from the Fleet eligible for entrance into the Naval Academy, the introduction of women into the service, and the abolishment of the officers' wine mess. From that time on, the strongest drink aboard Navy ships could only be coffee and over the years, a cup of coffee became known as "a cup of Joe"

Devil to Pay – Today the expression "devil to pay" is used primarily to describe having an unpleasant result from some action that has been taken, as in someone

has done something they shouldn't have and, as a result, "there will be the devil to pay." Originally, this expression described one of the unpleasant tasks aboard a wooden ship.

The "devil" was the wooden ship's longest seam in the hull. Caulking was done with "pay" or pitch (a kind of tar). The task of "paying the devil" (caulking the longest seam) by squatting in the bilges was despised by every seaman.

Between the Devil and the Deep – In wooden ships, the "devil" was the longest seam of the ship. It ran from the bow to the stern. When at sea and the "devil" had to be caulked, the sailor sat in a bo'sun's chair to do so. He was suspended between the "devil" and the sea — the "deep" — a very precarious position, especially when the ship was underway.

SPRING

In the air – the time is ripe,
The sounds of birds and music
Circus can be heard coming along
Traces of yellow flowers,
And green grass and trees-
The humming of bugs and bees,
And lots of baby animals fashion shows
And spring planting – baseball practice
Begins-cricket sounding in the night.

By: Leslea Pidgeon (W)

AFRH-W SPECIAL EVENTS

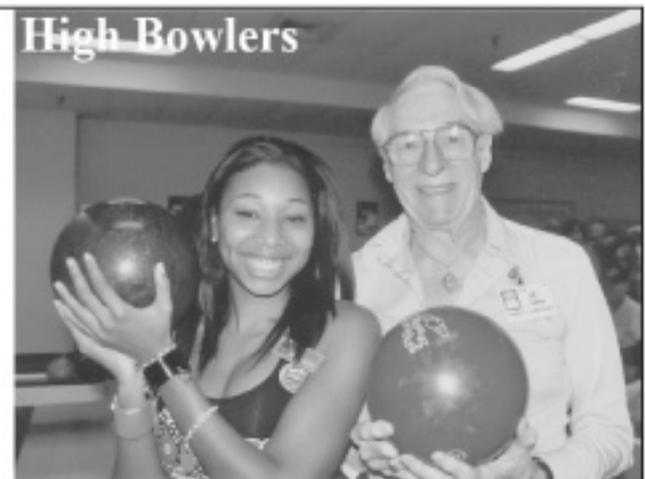
Hooter Ladies Visit Washington Campus



Hooter Lady and Rick Marsell



Tom Carras and Hooter Lady



High Bowlers



Robert Donelson with his Hooter Lady



BOWLING BEAUTIES: The AFRH Bowling Center was the place to be on Monday, March 8 as the Hooter ladies from two local Hooter Restaurants bowled with our residents. As the ladies entered the door it was standing room only as approximately 65 residents welcomed our guests warmly. Flashes were going off all around as residents wanted to capture this event on film for prosperity.

Eight teams of four composed of guests and residents bowled 2 games. John Glover and Ray Rose were the top resident winners. AAFES donated prizes which were given out to the 1st and 2nd place winners and for spares made. Resident Joseph Rodis donated large specialty candy bars for the occasion and they were given out for strikes. Thank you goes to our own Jerry Carter who arranged this event with the Hooters marketing director and to the Bowling Center staff, Jeff McGee, Richard Cabana and George Mashour for setting up and assisting with the event to make it such a HUGE success. The ladies said they would love to come back anytime and we will plan another event with them in the future.



As the ladies entered the door it was standing room only as approximately 65 residents welcomed our guests warmly.

AFRH-W VOLUNTEER SERVICES

Activities and Volunteer Coordination

By Melodie Menke, Activities and Volunteer Coordinator

Hello, my name is Melodie Menke and I have recently joined the Washington AFRH as the Activities and Volunteer Coordinator. I have spent the last 20 years working with and volunteering for different Navy Family Service Centers in Great Lakes, IL., Pensacola, FL., Sasebo Japan and Army Community Service Center on Fort Ord CA., and even an Air Force Family Support Center on Chanute A.F.B., IL.



Of all the programs I have managed, Volunteering has always been the one closest to my heart. In today's world, so many people are saying "What can you do for me?" but our Volunteers are saying, "What can I do for you?"; "How can we make this program better?"; and my favorite, "Let's try it!"

Volunteers, selfless and tireless service forms a connection that leads to a greater impact on all of our lives. Everyone makes



a unique contribution from providing music at the religious services; from assisting in times of need and caring for each other during illness at King Health Center; from shelving books in our libraries; from setting up Bingo, card and pool tournaments, so everyone could enjoy a little competitive spirit; from being involved on issues on the Resident Advisory Council; from assisting in the auto hobby shop; from being that welcome voice on the phone in Billeting; from helping us stretch that dollar a little further by being there in the Thrift Shop; and the list is endless.



Volunteering brings people from all walks of life together to unite for the good of the cause and I feel very honored to be at the Washington AFRH working side by side with these profes-



sional volunteers, your values, kindness, empathy, respect, and good old fashioned teamwork set the pace for fun and productive experiences.

I thank all the residents and staff of Washington, AFRH for your warm and generous welcome and I look forward to bringing the military agencies, the local community and our residents together to accomplish many large and small projects. Your ideas and suggestions are always welcome and by working together we can make our Volunteer Program one of the finest in the nation, because each of you deserve no less than the best.

