

AFRH - G / Master Menus Week of 5 / 20 / 2024 / Cycle 6 - REGULAR LINE (Revision 2)

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N May 20th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Cream of Asparagus Soup Roast Beef Soup Beef Tacos with Toppings Fried Pork Chop Candied Yams / Green Baby Limas Okra & Tomatoes Dinner Roll / Cornbread / Corn Muffin	Cream of Asparagus Soup Roast Beef Soup Assorted Deli Meats / Cheeses Philly Cheese Steak Sub with Grilled Onions & Peppers Potato Logs Whole Kernel Corn / Brussel Sprouts Slider Roll / Corn Muffin
T U E S May 21st	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy	** HAPPY BIRTHDAY ** Tomato Cream Cheese / Red Bean Soups Spinach Strawberry Salad with Pecans, Feta & Balsamic Poppy Seed Dressing Baked Salmon / Cucumber Sauce Prime Rib / Bordelaise Sauce / Au Jus Baked Potato / Butter / Sour Cream Broccoli Florets / Tuscan Vegetable Blend Parker House Roll / Assorted Desserts	Tomato Cream Cheese Soup Red Bean Soup Assorted Deli Meats / Cheeses Italian Sausage / Onions & Peppers Fresh Salmon Cakes w/ Fresh Tartar Gouda Grits / Cape Cod Blend Fresh Thick Cut Sautéed Zucchini Yeast Roll / Corn Muffin
W E D May 22nd	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Egg Drop Soup Zesty Italian Soup Toasted Cuban Sandwich Sweet & Sour Chicken Stir-Fried Rice Pacific Rim Vegetable Blend Sugar Snap Peas / Egg Rolls Dinner Roll / Cornbread / Corn Muffin	Corn & Potato Chowder Zesty Italian Soup Assorted Deli Meats / Cheeses Pork Scaloppini Mashed Potatoes / Scaloppini Sauce Seasoned Cut Green Beans Steamed Buttered Cauliflower Brown & Serve Roll / Corn Muffin
T H U R May 23rd	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Blueberry Topping Pork Bacon / Biscuits / Country Gravy	Chili Bean Soup / Pimento Cheese Chicken Noodle Soup Tuna Salad with Tomato Wedges Corned Beef Horseradish Sauce Irish Potatoes Cabbage / Sliced Carrots Yeast Roll / Cornbread / Corn Muffin	Chili Bean Soup / Pimento Cheese Chicken Noodle Soup Assorted Deli Meats / Cheeses BBQ Chicken Macaroni & Cheese Mustard Greens Fried Okra Slider Roll / Corn Muffin
F R I May 24th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy	Pasta, Wh Bean & Sun Dried Tom Soup Chicken & Sausage Gumbo Sheppard's Pie Fried Catfish with Cocktail & Tartar Sauce Garlic Smashed Red Potatoes Corn Casserole / Italian Green Beans Hushpuppies / Cornbread / Corn Muffin	Pasta, Wh Bean & Sun Dried Tom Soup Chicken & Sausage Gumbo Assorted Deli Meats / Cheeses Glazed Pork Chop Cilantro Lime Rice Speckled Butter Beans Creamed Spinach Brown & Serve Roll / Corn Muffin
S A T May 25th	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy	Creamy Chicken & Wild Rice Soup Vegetable Beef Soup Turkey Casserole w/ Penne Pasta Pot Roast 'n Gravy Mashed Potatoes w/Gravy Buttery Green Peas Sliced Harvard Beets Parker House Roll / Cornbread / Corn Muffin	Creamy Chicken & Wild Rice Soup Vegetable Beef Soup Assorted Deli Meats / Cheeses Chicken Cacciatore with Vermicilli Pasta Sautéed Fresh Thick Cut Squash Roasted Fresh Asparagus / Corn Muffin Garlic Bread / Cheesy Rosemary Bread
S U N May 26th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order / Cheesy Diced Potatoes Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Peach Topping Biscuits / Country Gravy	Navy Bean Soup Roasted Poblano & Beef Soup Smoked Brisket / Cornbread Bun / BBQ Fried Butterflied Shrimp / Cocktail & Tartar Baked Potato with Butter & Sour Cream California Vegetable Blend Turnip Greens Yeast Roll / Cornbread / Corn Muffin	Navy Bean Soup Roasted Poblano & Beef Soup Assorted Deli Meats / Cheeses Chopped Steak / Onions / Gravy Mashed Potatoes / Beef Gravy Garlic Butter Sautéed Mushrooms Baked Parmesan Tomato Brown & Serve Roll / Corn Muffin

GRILL OPTIONS (LUNCH ONLY)

DESSERTS - REGULAR LINE

Mon Cherry Pie
Tue Turtle Carmel Pecan Cookies
Wed Coconut Cake
Thu Brownies w/Nut
Fri Boston Cream Pie
Sat Heath Bar Crunch
Sun Cinnamon Raisin Bread Pudding

DESSERTS - DIET LINE

NSA Berry Pie
Assorted SF Cookies
Fresh Fruit Cups
Angel Cake with Crushed Pineapple
NSA Cherry Pie
Assorted SF Cookies
Tropical Fruit Cups

* Grilled Hamburger * Grilled All Beef Hot Dog
* Grilled Skinless, Boneless Chicken Breast
* Grilled Cheese * Grilled Ham & Cheese
* Breaded Cod Filet * Bacon * Cheese * Chili
* Buns * Flour Tortillas * White & Wheat Brea
* French Fries * Sweet Potato Fries
* Beer Battered Onion Rings (Wed Only)
* Condiment Stations Available