

AFRH - G / Master Menus Week of 5 / 13 / 2024 / Cycle 5 - REGULAR LINE (Revision 2)

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N May 13th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Fresh Tomato Tortellini Soup Beef, Mushrooms & Barley Soup Turkey Pot Pie with Biscuit Top Blackened Tilapia / Lemon / Tartar Roasted Red Potatoes Creamed Cauliflower Cape Cod Vegetable Blend Yeast Roll / Cornbread / Corn Muffin	Fresh Tomato Tortellini Soup Beef, Mushrooms & Barley Soup Assorted Deli Meats / Cheeses Burnt Brisket Ends / BBQ Sauce Macaroni & Cheese Whole Green Bean Almandine Sliced Baked Beets with Shallots Slider Roll / Corn Muffin
T U E S May 14th	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy	Potato Sausage & Kale Soup Pasta Fagioli Soup Sliced Roast Beef Wraps Chicken Parmesan w/ Marinara Sauce Angel Hair Pasta Roasted Fresh Asparagus Spears Spinach Salad w/ Lemon Vinaigrette Garlic Bread / Cornbread / Corn Muffin	Potato Sausage & Kale Soup Pasta Fagioli Soup Assorted Deli Meats / Cheeses Country Fried Steak / White Gravy Mashed Potatoes / Brown Gravy Butter Beans Stuffed Portabella Mushrooms Brown & Serve Roll / Corn Muffin
W E D May 15th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Chicken & Rice Soup Chili Bean Soup / Pimento Cheese Assorted Thin Crust Pizza Korean Beef Bulgogi - New with Steamed Rice Sugar Snaps Peas Pacific Rim Vegetable Blend Dinner Roll / Cornbread / Corn Muffin	** BREAKFAST NIGHT ** Chili Bean Soup / Chicken & Rice Soup Breakfast Breads, Pastries & Fruits Sausage / Bacon / Deli Meats / Cheeses Scrambled Eggs / Eggs to Order Scrambled Eggs with Sausage French Toast Cheezy Grits / Hash Brown Patty Oatmeal / Biscuits / Country Gravy
T H U R May 16th	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Pineapple Topping Pork Bacon / Biscuits / Country Gravy	Italian Wedding Soup Beef, Spinach & Pasta Soup Beef Ravioli in Tomato Sauce Fried Chicken Mashed Potatoes / Chicken Gravy Skillet Corn with Bacon Seasoned Cut Green Beans Slider Roll / Cornbread / Corn Muffin	Italian Wedding Soup Beef, Spinach & Pasta Soup Assorted Deli Meats / Cheeses Smoked Sausage Louisiana Style Red Beans / Rice Baked Okra / Collard Greens Yeast Roll / Corn Muffin
F R I May 17th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy	Turkey Noodle Soup Kielbasa Cabbage Soup Beef Nachos with Chili & Queso and All the Toppings Fried Catfish w/Cocktail/Tartar Sauce Potato Salad / Sautéed Cabbage Squash Casserole Hushpuppies / Cornbread / Corn Muffin	Turkey Noodle Soup Kielbasa Cabbage Soup Assorted Deli Meats / Cheeses Baked Pork Chop with Onions & Pork Gravy Baked Sweet Potato Field Peas / Stewed Tomatoes Parker House Roll / Corn Muffin
S A T May 18th	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy	Vegetable Soup Lobster Bisque Egg Salad / Mini Croissant Cornish Hen Halves Cranberry Wild Rice Grilled Veggie Blend Spinach Vrazel Dinner Roll / Cornbread / Corn Muffin	Vegetable Soup / Lobster Bisque Assorted Deli Meats / Cheeses Meatballs in Gravy Garlic Butter Shrimp Scampi Linguini Pasta Steamed Broccoli Florets Tuscan Vegetable Blend Assorted Rolls / Corn Muffin
S U N May 19th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order / Cheesy Diced Potatoes Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Apple Topping Biscuits / Country Gravy	Chicken Tortilla Soup White Bean & Wheat Berry Soup Sloppy Joe Grilled Ham with Grilled Pineapple Au Gratin Potatoes Roasted Fresh Thick Cut Zucchini Normandy Vegetable Blend Yeast Roll / Cornbread / Corn Muffin	Chicken Tortilla Soup White Bean & Wheat Berry Soup Assorted Deli Meats / Cheeses Cut Chicken Stew with Potatoes, Carrots & Celery Steamed Rice Green Peas / Sautéed Rutabagas Brown & Serve Roll / Corn Muffin

GRILL OPTIONS (LUNCH ONLY)

- * Grilled Hamburger * Grilled All Beef Hot Dog
- * Grilled Skinless, Boneless Chicken Breast
- * Grilled Cheese * Grilled Ham & Cheese
- * Breaded Cod Filet * Bacon * Cheese * Chili
- * Buns * Flour Tortillas * White & Wheat Brea
- * French Fries * Sweet Potato Fries
- * Beer Battered Onion Rings (Wed Only)
- * Condiment Stations Available

DESSERTS - REGULAR LINE

- Mon** Lemon Meringue
- Tue** Peanut Butter Cookies
- Wed** Chocolate Cake
- Thu** Red Velvet Cake
- Fri** Pecan Pie
- Sat** Chocolate Chip Cookies
- Sun** Apple Cobbler

DESSERTS - DIET LINE

- NSA Apple Pie
- Assorted SF Cookies
- Fresh Fruit Cups
- Sponge Cake with Diced Pears
- NSA Chocolate Parfait
- Assorted SF Cookies
- Tropical Fruit Cups