

ARMED FORCES RETIREMENT HOME

TIME TO EXPLORE



OUR NATION'S PROMISE

In 1811, our young nation made a promise to offer its retired and disabled veterans the care and security they earned through service.

Today, we're fulfilling that vow by offering a premier retirement community fostering independence, vitality, and wellness for non-commissioned veterans.



Living expenses, home maintenance, planning for an uncertain future?
Let us handle the worry, so you have time to explore the best benefit of your
military service.

 800-422-9988

 admissions@afrh.gov

3700 N Capitol St NW
Washington DC 20011

www.afrh.gov

1800 Beach Drive
Gulfport MS 39507



FREQUENTLY ASKED QUESTIONS

ELIGIBILITY

What are the military eligibility requirements to apply to AFRH?

The applicant must have served in the Armed Forces, and over 50% of their service time must have been as an enlisted member, warrant officer or limited-duty officer.

Retirees:

- Served 20 or more years on active duty in a regular component of the military
- Served in the Guard/Reserves and have at least 20 years of creditable service
- Qualified for an early retirement such as TERA, RIF or disability

Other eligible veterans:

- Have a service-connected disability with a rating from the Department of Veterans Affairs
- Served during a period of conflict and received hostile fire pay
- Served in a women's component before June 12, 1948

To move in, I must qualify for Independent Living. What does that mean?

All applicants must be physically and cognitively independent upon entry into the AFRH. This includes:

- Managing one's own daily personal needs, keeping all essential appointments, and attending a central dining facility for meals
- Ability to communicate and navigate the campus without the assistance or monitoring of another individual
- Full mental competency (i.e. the ability to make rational decisions)
- Ability to be cared for by the Home's existing facilities and services
- Freedom from mental health or substance abuse concerns
- Ability to maintain hygiene and tidiness in their own room, including light housekeeping

Can I tour the campus I'm interested in?

Yes. Tours for prospective applicants are highly encouraged and available by appointment on weekdays during business hours. Please call us at (800) 422-9988 to schedule.

ELIGIBILITY (continued)

What forms do I need to submit to apply?

To view all required forms and documents, please view our application checklist online. Forms can be requested through our Public Affairs office or downloaded by visiting www.afrh.gov/apply

Application will require the following:

- Copy of final DD-214
- Insurance ID Cards
- Military ID (Retiree/Beneficiary)
- VA Benefit Letter
- Medical Records Release
- Medical Examination

Additional forms which may be requested:

- Functional Assessment
- Mental Health Evaluation

May I bring my pet?

Residents may not keep pets, emotional support animals or companion animals. Medical service animals are not considered pets and are permitted in AFRH facilities. For specific requirements regarding certified service animals, please call our Public Affairs office.

Sanctioned visitation by animals for recreation and therapeutic activities is also authorized and scheduled through the recreation therapy department at each campus.

I applied to AFRH in the past and did not move in at the time. Can I move in now that I'm ready?

Your application was placed in an inactive status. You will need to fill out the current application form and submit current medical and financial information in order to be reactivated. Please contact our Public Affairs office so that we may work with you directly.

Is there an application or entry fee?

No, the only fee incurred to live at the Armed Forces Retirement Home is the monthly resident fee.

COST

How much does it cost to live at the AFRH?

Fees are based on a percentage of the veteran's gross income with a maximum limit based on the cost of care and are subject to annual adjustments. Veterans are not required to pay a minimum monthly fee, submit a large deposit, or sign a long-term lease agreement in order to become members of AFRH.

Level of Care	Percentage of Gross Income	2023 Maximum Fees (per person per month)
Independent Living	46.7 %	\$ 2,363
Independent Living Plus	50 %	\$ 2,694
Assisted Living	63 %	\$ 5,618
Long Term Care	70 %	\$ 7,891
Memory Support	70 %	\$ 7,974

What is included in the monthly fee?

Your monthly fee includes your room, three daily meals, utilities, maintenance, 24-hour security, regularly scheduled transportation to medical facilities, activities, and access to all on-site amenities. Some additional services are available for an additional fee, including cable, internet/Wi-Fi, limited housekeeping, linen service, etc.

Do I have to sign a lease agreement or contract?

No, there is no long-term agreement or contract required at AFRH. Thirty (30) day notice is required for voluntary discharges from AFRH.

Does AFRH qualify for the HUD Housing Choice Voucher program?

No. The AFRH is a federal agency, and therefore does not qualify for this program. Fees at AFRH are calculated as a percentage of the resident's income rather than a set rent charge for an apartment, and capped at a maximum amount. That means our facility is always affordable, regardless of the veteran's financial situation.

HEALTH

I qualify for Medicare, do I need it?

All residents over age 65 must be enrolled in Medicare A & B, and have supplementary insurance to cover the expenses not covered by their Medicare plans.

Supplementary insurance must include pharmacy benefits. There are several options to satisfy this requirement: TRICARE (For Life, Prime, Select, and Retired Reserves), US Family Health Plan (DC only), Medicare Advantage (i.e. Medicare Part C), Medigap + Medicare Part D, or 100% Veterans Affairs Benefits.

I don't qualify for Medicare, what health insurance is required for me?

Your healthcare insurance must cover hospital stays, outpatient services, medically necessary products, pharmaceuticals, durable medical equipment, and ambulance transportation. Individuals will be responsible for payment of all co-pays, deductibles and applicable premiums associated with medical services.

How long are the medical exam and functional assessment valid?

The medical exam (including tuberculosis test results) and functional assessment are valid for 12 months.

My application was approved, but my health status has changed. What do I need to do?

If you are aware of any changes in your health, please submit updated information to the pre-admissions office before you report to the AFRH campus to check-in or call Public Affairs to discuss your specific case. All applicants must pass a medical evaluation at the campus on their report date. If you do not pass the examination, you will not be admitted to the AFRH until such a time as you are deemed able to live independently.

HEALTH (continued)

I have a history of cognitive impairment or another mental health condition and believe I am able to live safely & independently at the AFRH. Can I still live there?

If you have been diagnosed with a mental health condition or cognitive impairment, the AFRH medical review board must receive the Mental Health Evaluation Form signed by a license psychiatric provider. Your psychiatric provider must certify that your condition is stable and able to be accommodated by the Home's available services. An additional onsite with an AFRH physician may be requested.

I have a history of alcohol or substance use disorder, am I still eligible?

If you have a history of alcohol or substance use disorder, you must be able to show sustained abstinence/sobriety for at least one continuous year. The AFRH medical review board must also receive the Mental Health Evaluation Form signed by a license psychiatric provider. You may also be required to abide by continued abstinence for continued membership at the AFRH.

Is this a non-smoking facility?

All residences at the AFRH are non-smoking. However, outdoor pavilions and designated smoking areas are available for those who do smoke. Marijuana is not permitted on federal premises in any form regardless of local ordinances.

What medical services are available on campus?

Optometry services include complete eye examinations for visual impairment and/or eye disease as well as fittings and adjustments to eyeglasses. Podiatry services include vascular, neurologic, and dermatologic evaluations; routine foot care; orthotics and padding of inserts to correct gait abnormalities; and treatment of foot infections or ulcers. Limited dental services, such as checkups, cleanings, and basic primary dental care procedures are offered to residents depending on resident status and the nature of the procedures.

SPOUSE

May I move in with my spouse?

Married couples may apply for residency at AFRH as long as both individuals meet medical and legal eligibility requirements. Accommodations for couples are subject to availability.

- **Dual-Eligible Veteran Couples** qualify when both applicants meet the eligibility requirements in their own right. Veterans may choose to have two separate units as long as each veteran pays their own resident fee based on their own income. There is a discount offered for double occupancy of one apartment if a dual-military couple decides to share a unit.
- **Retired Veteran and their non-Veteran spouse** qualify if the applicant was married to their spouse prior to their retirement from the Armed Forces and the spouse is enrolled as beneficiary in DEERS. The veteran and non-military beneficiary spouse are required to share an apartment (double occupancy).

My spouse and I are eligible to move in together. How does that affect cost?

Eligible veterans do not have a minimum monthly charge, but beneficiary spouses are subject to paying a minimum of \$500 per month in independent living (IL/ILP) and \$2000 per month in advanced levels of care. These minimums are based on the percentages and maximum fees detailed in the Cost section. Dual-eligible veteran spouses may use a fifteen percent (15%) discount for sharing an apartment. If advanced levels of care are eventually needed, then each resident will need to have their own single occupancy unit in their appropriate level of care.

If my Veteran spouse passes away, will I be able to continue living at the AFRH?

Yes. The surviving spouse may remain as a resident of the Home and continue to enjoy all available amenities without restriction. Fees will be recalculated based on the survivor's personal income and level of care.

Can the widow or widower of a qualified veteran apply for residency at AFRH?

Widows/Widowers may not apply for admission if they do not meet the military requirements as a veteran themselves.

REPORTING TO CAMPUS

My application was approved and I received my report date. What documents should I bring to the campus?

For answers specific to your case, please call your assigned admissions officer. You should expect to bring or provide the following:

- Last Will and Testament
- Living Will or Advance Directive
- Durable Power of Attorney for Healthcare
- Durable Power of Attorney for Finance
- Pre-arranged funeral/burial plans
- Government-issued Photo ID or Driver's License
- Veterans Affairs card (if applicable)
- Military ID (if applicable)
- Voided Check
- Vehicle registration and insurance (if applicable)

I have my report date and I'm ready to move in. What should I bring?

Units are partially furnished. Cooking appliances are not permitted due to fire codes. You may bring a mini-fridge, microwave, and coffee pot/kettle. There is limited space in the apartments so you may want to downsize your personal possessions before you move. However, you are welcome to bring any items you are able to comfortably and safely fit in your room. Rooms do not come furnished with linens, toiletries, or other daily living items.

- Washington, DC units are furnished with a single bed, dresser, and a nightstand.
- Gulfport, MS units are furnished with a single or double bed, armoire, and TV stand.
- Couples may choose 2 single beds or a full/queen size bed for a double occupancy apartment.

Can I bring a car with me?

Yes, free parking is available on-site for residents. Parking for RVs, trailers, boats, or other types of vehicles may be available. Your assigned admission officer can provide details regarding registration of vehicles and availability of space.

Are there laundry facilities available?

Laundry rooms are available at both campuses, free of charge for residents to use, and open daily for your convenience. You must furnish your own detergent, dryer sheets, or any other laundry items you wish to use.

ACCOMMODATIONS

What accommodations are available for guests?

AFRH residents may reserve a guest suite to provide overnight accommodations for visiting relatives and friends. Guests or the sponsoring resident may make reservations up to 90 days prior to arrival date. More information can be provided by the Campus Admissions Officer after your report date is scheduled.

What are the current Covid-19 safety precautions?

Current protocols for residents, staff, visitors and new admissions are subject to change and are posted on the AFRH website at: <https://www.afrh.gov/aboutus/coronavirus-latest-update>

Core infection prevention protocols

- Properly wear face masks when and where required per current guidelines (see above)
- Maintain at least 6 feet of physical distancing
- Wash or sanitize hands frequently and complete sanitizing and screening steps at entrances
- Self-monitor for symptoms. If present, residents and staff must notify Wellness Center and isolate until further instructions are provided. Visitors must not enter AFRH campus with symptoms of illness.

Tours/Visitors

- Our campuses remain closed to the general public for indoor tours without prior approval by the campus administrators.
- Prospective residents may tour the facilities by appointment only scheduled through the Office of Public Affairs or Admissions.
- All visitors must follow the core infection protocols and guidance during campus tours or visitation.